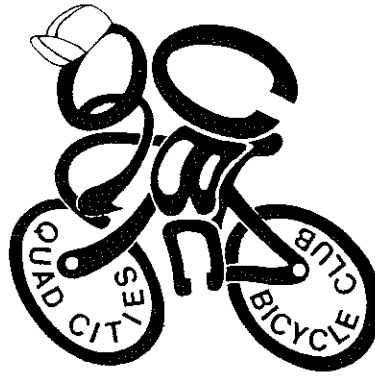


QUAD-CITIES BICYCLE CLUB

July 1990 ● Cindy Mohr - Editor



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The Towns of RAGBRAI

Are you ready for another fun week in Iowa? RAGBRAI is just a matter of days away. To give those of you lucky enough to be going this year some information on the overnight stops, I wrote to the overnight towns and requested information on their communities. Although I didn't receive a 100 percent response, as I have in the past, I did get some information on four of your overnight stops.

The Beginning - Sioux Center - not Sioux City; not Sioux Falls - but Sioux Center is where you will begin. During RAGBRAI, the Heritage Village will be open for tours. It is a recreation of life in the past. The town has a nine-hole golf course and a 40-acre Hollow Recreation Area. There is also an olympic-size indoor pool - I bet that's open for RAGBRAIers! Sioux Center is also home to Dordt College, a four-year accredited liberal arts college with 1,200 students.

Centre Stage, the Sioux Center Community Theatre, is inviting you to their most popular play, Robert Harling's Steel Magnolias. There will be a performance in the air conditioned comfort of TePaske Theatre, adjacent to the main RAGBRAI campground. The play begins at 8:00 p.m. (I have order blanks for tickets, if you would like to purchase ahead of time.) Tickets will be available at the hospitality booth in Sioux Center.

Other events planned are -

Remote Control Car Races
Dances
County Fair Activities
Continuous Variety Show
Free Style Bike Show
Organ Recital (Dordt College)
Catholic Mass - 6:00 p.m.,
Saturday, Dordt Chapel
Protestant Service - 7:30 p.m.,
Saturday, Dordt Chapel
AA Meeting 7:30 p.m., Saturday -
Dordt Campús

Spencer is your next stop. The town is named after a U.S. senator, George E. Spencer and is located close to the Iowa Great Lakes. From the pictures in the brochures I received, the land looks pretty flat. The Clay County Fair Association claims to be the greatest county fair in the world, attracting over a quarter of a million visitors. This town has experienced steady growth with a current population of 12,500. Fortune Magazine featured a story on Spencer in their April 1972 issue. In 1931, Spencer went up in flames after a child dropped a burning sparkler into a box of fireworks.

There are two enclosed shopping malls riders can shop at for those items they discovered they forgot after their first day on the rode. It looks like there will be a lot to pick from for entertainment in Spencer. Be sure to stop by the Parker Historical Museum, at 300 East Third Street.

Algona, Hampton, and Oelwein are your next stops - no information.

Cedar Rapids is the largest overnight stop. RAGBRAI has been in Cedar Rapids before. The city has a strong ethnic heritage, with 25 percent of the residents of Czechoslovakian heritage. Czech Village is a charming neighborhood with shops, restaurants and a bakery that specializes in kolache pastries. There is also a Czech Museum and library open for visitors. Car lovers - be sure to stop by Duffy's, a collector car connection, 250 Classic Car Court S.W., in Cedar Rapids - 40's, 50's and 60's cars available for sale. Science Station would be a good stop for kids, 427 1st Street, S.E., Cedar Rapids. Like big old homes? - stop by the Brucemore, 2160 Linden Drive, S.E., Cedar Rapids. Sports lovers - the Iowa Open Tennis Tournament (jr. & adult) will be held at the Veterans Memorial Tennis Center, July 25-29. The Cedar Rapids Reds have a home game the night you will be there. I could go on and on with things to do.

Washington is your next stop (no information).

Burlington ends it all. Everyone is always in a hurry to pack up and head home, but you should take some time to unwind and look around this pretty river town. RAGBRAI ended in Burlington in 1979 and 1984. Burlington is home of the "crookedest street in the world." You've got to take a walk up that street. Imagine a criterium with that a part of the course! The guy who invented nylon, Wallace Hume Carothers, is

from Burlington. Take a stroll along the Mississippi. You may see the Mississippi Queen or the Delta Queen, which are known to glide by several times a year. There are several beautiful parks. If you want a majestic view of the river, visit Crapo. This park is famous for being the first place the Stars and Stripes were raised on Iowa soil. Mosquito Park is another popular park with observation decks.

There are many small communities between the overnight stops, which will leave you with many memories of the people welcoming you there, the delicious foods served, and the unique entertain you can only find on RAGBRAI.

Have a great ride!

Cindy

Griffs Ramblings

TOMRV has come and gone, and it proved to be another one to remember. I don't know about the rest of the folks out there, but my back side is a little tender - not to mention the legs. The ride through Wisconsin sure was pretty, and rounding the last bend and seeing that bridge - what a sight! Sam and his crews did a bang-up job; everything seemed to run as smooth as silk. Well, almost everything; next year we'll work on the wind.

I had a very interesting phone call this afternoon. A fellow named Bill Norman is doing his utmost to pull off a first for this area - a children's triathlon. He has arranged for the use of the Black Hawk College campus for the event. Mind you, this is not a "for profit" venture. Bill is just tired of driving to St. Louis or Des Moines just so his daughter could compete. The event is scheduled for Sunday, September 2. All he needs are volunteers. If you would like more information or would

like to help, give Bill a call at 792-3170 or me at 324-5184.

We have some good news. Some of you may have noticed the plastic safety covers the city of Davenport had been putting over the storm sewer grates were not holding up. Well, keep your eyes open folks. What you should be seeing in their place are brand new, hot out of the foundry, cast iron storm sewer grates with a new safety design. I can't say it's impossible to get your wheel caught in one, but you are really going to have to be trying.

An interesting side bar to this is the QCBC gave the city of Davenport a fat check to purchase the plastic covers. And a few of our board members were concerned that the city may have, in fact, purchased defective covers using the money the Club donated. So, to make a long story a little shorter, Jerry Yeast took it upon himself to look into the matter. What he found by talking to Bob St. Clair, in the city public works department, was the city had noticed the defect in the grate covers and had stopped buying them. Consequently, none of the money the Club donated had been used. The great part about this is the city has entered into an agreement with the Neenah Foundries to return old and broken grates for recycling. In doing so, the city is getting a sizeable reduction in the cost of the new grates. Mr. St. Clair also stated the city will be using the monies donated by the Club for the purchase of the new cast iron grates. Soooo, happy ending, the money is doing good after all.

One final note, we even had a little input as to where these new grates should be put. At the cities request, Jerry, after some fast teleconferencing dashed off a letter explaining where we felt the greatest needs were. I know they are already in along sections of Locust Street, and they look one heck of a lot better, and safer.

Thank you city of Davenport. Looks like this is another long one, so I better get out of here, while the gettin is still good.

Ride safe and remember, the head goes inside the helmet.

Griff

Sixth Annual Official Tailwind Ride

The sixth annual official tailwind ride took place May 4 - May 11. Regular readers will remember that an official tailwind ride is one which lasts for seven days; is led by Carter LeBeau; riders wearing brassieres are not invited; rotary meetings are attended.

This year's riders were Dean Arney, John Keane, Carter LeBeau and Herb Page. Admittedly, their combined ages add up to a significant number, but for this week, at least, they felt young and energetic. They gathered at Jerry & Sparky's the morning of May 4 for the traditional blessing and send off by Jerry, Sr. It turned out to be a good deal for Jerry to open the shop early because it was raining heavily and several of the riders purchased new rain gear.

The first day's ride was 35 miles to Muscatine. Before some of you stronger riders scoff, keep in mind that these riders are somewhat long of tooth. Anyway, the rain was coming down in buckets, and we had always wanted to stay overnight in Muscatine. The next day brought better weather and a west wind. The ride went 87 miles to Kewanee, Illinois. People familiar with the area may be quick to point out that it isn't 87 miles from Muscatine to Kewanee, but skeptics should remember that when some of these senior riders attempt to read a map without bifocals, mistakes are occasionally made.

On day 3, the west wind continued and blew the riders to Dwight, Illinois, a ride of 96 miles, where they stayed at the Carefree Motel on historic Route 66. Did the riders get their kicks on Route 66? The answer would be yes, if that means beer and pizza. Day 4 brought a monster wind out of the southwest, and the ride went 101 miles to Valparaiso, Indiana. The fifth day's ride brought continuing southwest winds and ended in Three Rivers, Michigan. On the sixth day, the wind was directly out of the south and the day's ride ended in Grand Rapids, Michigan.

What should have been the seventh day of the ride brought 30 to 50 mph winds, rain mixed with snow and a wind chill of 20 degrees. One of the advantages of age is wisdom, and so it was unanimously voted that the 1990 ride was now official, and a van was rented for the trip home.

One of the features of this year's ride was the first road test of a new dog repellent device soon to be marketed by LeBeau Enterprises. The results of this test were successful in every respect except one. It seems that the device bears a strong resemblance to a gun. Now it really isn't a gun, but several angry dog owners didn't seem to understand that. The decision was that further design work was required.

And so, the Sixth Annual Official Tailwind Ride came to an end with each of the riders pledging to show up again next year. Other tailwind rides may be held and some may even travel further, but chances are they won't be official.

John Keane

Thanks QCBC

I would like to thank the QCBC members for providing encouragement and support for Pete Hanna's goal of becoming a USCF racer.

Pete is racing this season in the junior men, 17-18 age group, although he is 16. Even so, in the Tour of Illinois stage race (eight stages of road races, criteriums and one time trial) he was the first place winner in his group.

He has placed well in other races also and has even tried Cat-IV races placing well and winning primes.

I know that all those miles on the QCBC rides in the past years helped.

We couldn't find a good club in Champaign County. Now that we are moving to the Chicago suburbs maybe we can find a good club. But, after the QCBC, most clubs can't quite measure up.

**Thanks,
Pete's Dad
aka Larry
Hanna**

Long Distance Rambling

In early May, Dave Holmes, John Thier and the writer conducted a seminar, of sorts, in the service area of Jerry and Sparky's bike shop. The topic was, of course, tips on long distance riding. The turnout was light, but the conversation was heavy. I think we will try this again during the winter when riders need to be maintaining fitness and planning their coming season.

More rambling: There's an opportunity to be a part of a special effort on July 7 & 8, 1990. These are the dates on which Double Trouble is scheduled.

Double Trouble consists of two, 200-mile days. The record for men, 60 and over is 29+ hours. Jim Hanson will be vying for that record. This writer will be part of his team. We want two experienced distance riders willing to accept Jim as captain for the record attempt. The three support riders will pace him according to his direction. An opportunity to improve your discipline and concentration is waiting. Call Joe Jamison, at 355-8350.

Joe Jamison

Joe Jamison Succeeds at 12- Hour Challenge

The weather at the start was frigid, and a thunderous rain storm hit hard in the last hour. But neither element kept Joe Jamison from completing 200 miles and winning the 40 years and over division of the Trophy Glove 12-Hour Challenge on May 5. Joe's training for the 1991 Paris-Brest-Paris is paying off as he was rarely off the bike and placed 6th overall in a field of 62 riders. That is an outstanding accomplishment when you consider that four of the top five riders are either previous or future RAAM racers.

The big name on that Saturday in Danville, Illinois was 1988 RAAM 3rd place finisher Rich Fedrigo of Chicago. Rich never put a foot on the ground in 12 hours, enabling him to cover 260 miles and take home the \$100 first prize. Rich lapped the entire men's solo field, and finished five miles ahead of the winning tandem combo of Byron Gremley and Sam Heath.

Battling back from two flat tires was 1989 RAAM finisher Al Muldoon of St. Joe Michigan. Riding with a rear disc wheel, Al rode 232 miles to place second. In third place, with 224 miles was a

name to watch for in future RAAM competition. Charles Ong, of Cedar Rapids, is making the transition from USCF Cat. II to ultra-marathon cycling. Clearly defined goals and steady determination will secure his success.

The women's division was contested all day and not determined until the final hour's violent thunderstorm. After battling with Lisa Baker for the first 56 miles, Heather Mair of Aurora held off a hard charging Jane Vannie to win with 187 miles. Vannie of Oak Park, Illinois rode aggressively until the rain hit, finishing in second with 180 miles.

The most impressive effort of the day was from QCBC member Eileen Wosoba, finishing third with 162 miles. After suffering from hypo-thermia the previous weekend at P-B-P brevet, Eileen proved that persistence and fluid pedal motion provide long-distance cycling success. Eileen stopped only when necessary and bettered some very competitive UMCA women racers.

Dr. James Hansen was his usual steady self, completing 180 miles, good enough for fourth in the 40 and over category. Jeanne O'Melia pedaled 144 miles; and David Holmes was present with his entire family.

By all accounts, the 12-hour Challenge was a success and will be held on the same weekend, on the same course, in 1991. As 17 year old Kevin Head stated at the finish, "This was the most organized, safest, and by far the most painful thing I've ever done." Thanks Kevin and welcome to the UMCA.

Steven Gay
Race Director

Memorial Day Patch Ride

The day of the Memorial Day patch ride was gray and chilly for the time of year. Our turnout was good, considering the weather and also that several other rides were going on that day. About 25 bikers showed up.

The day called for cocoa instead of lemonade to go along with home made oatmeal cookies brought by Judy Karr, pie squares brought by Jean Clark and also brownies and lucky charm bars brought by me.

Several of the riders left the patch ride to go on the novice ride being held at Scott County Park.

Our next patch ride is on Wednesday, July 4, at 1:00 p.m., at Duck Creek Park. Please come and join us. Everyone is welcome.

Those getting Memorial Day patches are as follows:

Leon Van Camp
Judy Karr
Mary Ann Clark
Jean Clark
Jack Clark
Jesse Neitzel
Jan Burt Sears
Jerry Sears
Jim Merritt
Chris Karcher
Linda Simander
Chrissy Barchman
Michael Barchman
Dan Barchman
Gayle Campbell
Eppi Gutierrez
Laurie Hopkins
Mary Brus
John Grabasch
Theresa Grabasch
Mike Grabasch
Joanne Sullivan
Ron Schmidt

Sharon Sattler

Classifieds

For Sale:

10-Speed Motobecane
Tandem with many upgraded
components
Call 309-764-1238

For Sale:

88 Cannondale, 54.5 cm frame
105 group w/computer & bottles
New \$700/Only \$450

Helmets (M/L) Bell
1- Tourlite (like new) - \$10
1 - Vipro (new-yellow) - \$10
1 - Vipro (like new) - \$10

Call Ken Hall at 796-0874

For Sale:

Cannondale 600, 1989, 3 lb.
frame, 54 cm, blue & white, Profile
Aero II bar, Matrix, ISOc rims,
Look pedals
Excellent Cond. - \$850
Call Carie at 319-359-1513

For Sale:

New Shimano 600 Ultegra hubs
with Matrix 150c rims
Never used
\$140 or best offer
Call 815-874-3982

For Sale:

Cannondale Bugger
\$150
Call Cecil at 319-242-8268

For Sale:

Fuji Tandem, 24", 21"
18-speed, 700x35c Expedition
Selle Royal Seats
Excellent Condition
\$895
Call Dennis at 319-332-5199

Wanted:

Used Mountain Bike
Call Jeff Weil at 309-441-5830

Short One Porta-Potti!

Every year at the Moline Criterium we forget something. One year we forgot finish line tape or spray paint, another year the announcers' stand scaffolding was overlooked until race morning. For five years in a row the sun forgot us, to name a few. But, for the huge number of items required to be present on one race day, we do very well. Unfortunately, this year some local media called to our attention the lack of one porta pottie. In 1991, we will not forget to add porta potties on some of the residential corners. This should relieve problems with spectators who have a bladder tolerance of less than one city block.

Fortunately, in other important areas, the 1990 United Medical Center Moline Criterium was a resounding success - more riders, more spectators, more different activities, more media interest, more vendors, and excellent t-shirts. Our major sponsor, United Medical Center, is generally pleased with the results, as some of you may have noticed, and also provided corner marshall volunteers. Other volunteers were provided by Velosport Davenport, Quad City Amateur Radio Club, Davenport Amateur Radio Club, Southwest Bluff Business Association (a supporting sponsor), and a host of course materials and services contributed by local businesses, service clubs, the city of Moline, etc.

Every year, members of QCBC never forget to come race day and offer their services as corner marshalls, registrars, and set-up crews. QCBC is, by far, the largest supplier of race day volunteers and our thanks go out to those who make this race one of the best in the country.

The following persons are congratulated for their excellent performance race day (our apologies to those we may have missed).

1990 United Medical Center Moline Criterium Planning Committee

QCBC:

Don Davis, A.L. MacKusick, Roger & Irene DeLanghe, Eileen Wosoba, Terry Burke, Joe Lopez, Doug Nelson

Easter Seals: Geroge Mcdoniell, Brian Westin, Sandy Seeley

Southwest Bluff

Business Association:

Bob Brenstrom, Beth Devine, Brian Westin, Bob Hendrickx, Bonnie Butterworth

United Medical Center: Connie Riffel, Claudette Klimes

Velosport Davenport: Dan Burns, Bryon Baxter

USCF: Rich Weiss, Heidi Mengesz

Corner Marshall Chairman:

Joe Lopez, Jr.

Assistant:

Eppy Gutierrez

Registration:

Joan Lopez
Mary Gutierrez
Mary Spiegel
Molly Teigland
Karen Burke

Pace Car:

Brian Kinman
Jim Keyoth

Communications:

Mike Smith
John Simander
John Greve

Volunteers Continued:

Doug Zickuhr, Jeff Spiegel
Leon Werthman, Jack Clark
Mary Ann Clark, Mike Smith
Stephen Verstraete, John Greve
Mary Ellen Strupp, Earl Strupp

Bill & Sharon Harrington

Russ & Sheila Bloomer

Jim Hansen, Gabe Verstraete

Kay Verstraete, Dave Lefever

Shell Dhuyvetter, Margaret Scott

John Lange, Jim Lange

Wanita Burns, Jeff Johannsen

Brian Kirk, Bill Langan

Randy Huebner, Dick Burton

Peter Diefenthaler, Doug Sell

David Parker, Jerry Yeast

Barb Ehlers, Chip Aubry

Gene Conrad, Mollie Conrad

Jerry Sears, Jan Sears

Ron Schmidt, Jim Merritt

Paul Scheibelhut, Paul, Jr.

Cindy Bottrell, Steve Conrad

Nancy Boyer, Wayne Boyer

Rick Ross, Maggie Paulos

Dick Paulos, Betty Sears

Wayne Marker, John Chebuhar

Randy Corzette, Brenda Corzette

Kently Lowenstein, Mike Hogan

Brus Vargas, Mike Miller

Terry Miller, Melody Jugenheimer

Roland Murphy, Terry Allison

Kathy Kirklín, Ron Schmidt

Jeff McCoy, Bill Scott, Mark Keele

Mary Scott, Mary Larson

Erling Larson, Bruce Peterson

Drew Morrison, James Boblit

Warren Power, Griff Tucker

David Parker, Diane Herath

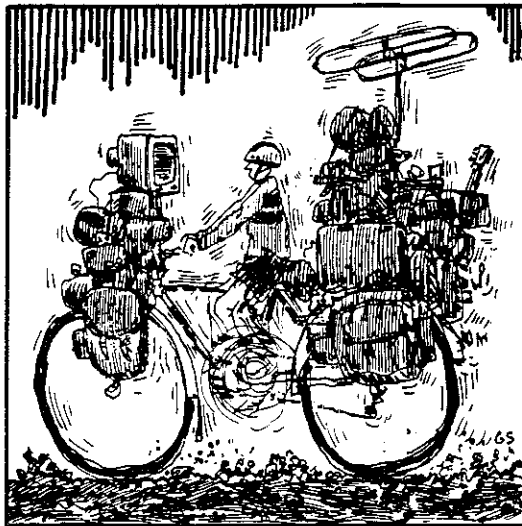
Jim Tiedje, Diane Roemer

Eric Jenkins, Rick Ross

BIKE SWAP MEET ● AUGUST 11, 1990 ● 8:00 a.m. - 4:00 p.m.

Swap, sell, get rid of all your bike items you no longer need. Provide your own table, mark prices on all items.

Parking lot behind On Two Wheels, 16th Street, Moline



—BIKECENTENNIAL

If interested or need more information, contact Ken Hall at 796-0874.

This bike swap is not affiliated with On-Two-Wheels or QCBC. This is open to members or non-members.

FACT - More than a million people per year use their bikes for tours and vacations.

For Women Only

Womantrek, a company that offers bicycle tours exclusively for women, has announced its '90 itinerary, which includes tours in Nova Scotia in July and West Africa in December. For more information, contact: Womantrek, 1411 E. Olive Way, Box 20643, Seattle, WA, 98102, or call 206-325-4772.

Interested in receiving an informative newsletter on bicycling?

"Bicycle Touring Newsletter" is published quarterly. Cost is \$1.00 including postage and handling. Contact Rodale Press, Inc., 33 E. Minor St., Emmaus, PA, 18098.

Bix at Six Needs Volunteers

The Cornbelt Running Club needs volunteers to help with traffic control at Bix at Six for the following dates: 7/5, 7/12 & 7/19. It is expected that each person would work all three dates for about 2 to 2 1/2 hours. All volunteers will receive a t-shirt and be invited to the Bix Post Party. Let's help them out and have a great time doing it. Please call Kentley Loewenstein (Cornbelt liaison) at 319-359-5974.

Welcome New Members!

Judy & Mich Savers
Huntingdon Valley, PA

Daryl Hauger
Apple Valley, MN

Robert Logan
Cincinnati, OH

Brent Bloomer
Palatine, IL

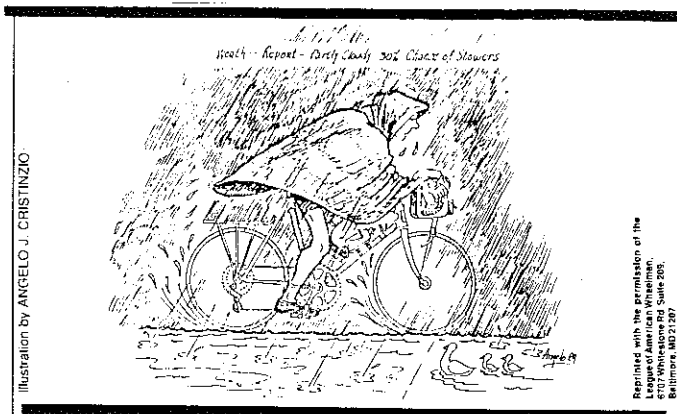
Jackie Bukowski
Bettendorf, IA

Janice Mueller
Aledo, IL

Robin Hough
Davenport, IA

Janice & Don Sheesley
East Moline, IL

**Bi-State Bi-Athelon
September 16
Loud Thunder**



QCBC FALL CENTURY & PICNIC COMBO

SEPTEMBER 22, 1990

Mark your calendars for the QCBC Fall Century and Picnic Combo. The date is Saturday, September 22, at Whispering Pines Shelter, Scott County Park. The \$2.00 fee has been waived. There will be a quarter century, metric century, century and double metric century. The plan is to have neat, long sleeve shirts, fully catered meal, etc. for about \$10. Also plan on doing the Muscatine Century the following day, promoted as the Heartland's Annual Weekend of Centuries.

FALL FOLIAGE RIDE 1990

OCTOBER 6 - 7

This year's Fall Foliage Ride is going to be an easy, fun-filled ride. Would you believe "no hills?"

The ride will follow the beautiful Fox River Valley going through the towns of Aurora, Batavia, Geneva, St. Charles and South Elgin. Each town has its own interesting shops and restaurants. There are museums, art galleries, walking tours through historic areas, nature centers - there is something for everyone.

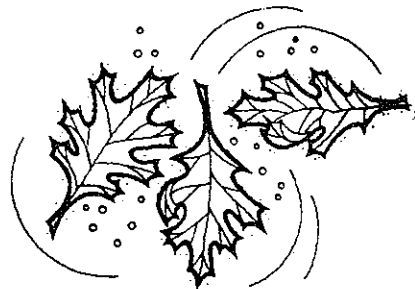
The bike route is mostly black-top and follows along the Fox River. It is a short distance between towns and lots of places to pull off just to admire the scenery. It will be next to impossible to get lost, but we will have good maps and instructions to follow.

You can ride as many or few miles as you want and you will never be far away from something interesting.

The ride headquarters will be at the Regal Inn, Aurora, Illinois, just off the E.W. tollway (Rt. 88) at Farnsworth Avenue. The inn has a heated indoor swimming pool, color cable TV, direct dial phones, discounts for 50+ seniors. The rates are very reasonable at \$25.99 for a single, \$34.99 for a double (2 beds), and they have family suites (only 2) for \$45.99.

It is only 135 miles from Bettendorf, and it is all freeway driving - about 1 1/2 hours. To be assured of a room, we suggest you get your reservations in now. October is a very busy time for weddings, conventions and the like. We have a block of rooms reserved for the Quad-City Bicycle Club to get the discount price. I will make your reservations. Send me your name, address, telephone number, type of room, number of people, and number of nights desired.

Earl Strupp
804 6th Street
Bettendorf, IA 52722
319-355-8581





QUAD-CITIES BICYCLE CLUB

MEMBERSHIP APPLICATION

PLEASE PRINT

NAME _____ ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE _____ DATE _____ ANNUAL DUES: INDIVIDUAL \$8.00 Family \$12.00 NEW MEMBER RENEWAL

FAMILY MEMBERS	AGE	RIDING INTEREST	I WILL HELP WITH	HOW DID YOU LEARN OF QCBC?
		<input type="checkbox"/> COMMUTING	<input type="checkbox"/> NEWSLETTER FOLDING	<input type="checkbox"/> MEMBER (NAME) _____
		<input type="checkbox"/> TOURING	<input type="checkbox"/> TOMRV RIDE <input type="checkbox"/> COMMITTEES	<input type="checkbox"/> WORD OF MOUTH
		<input type="checkbox"/> RACING	<input type="checkbox"/> CRITERIUM <input type="checkbox"/> CENTURY RIDE	<input type="checkbox"/> MEDIA
		<input type="checkbox"/> BI/TRIATHALON CAMPING	<input type="checkbox"/> PICNIC <input type="checkbox"/> OTHER	<input type="checkbox"/> OTHER
			OWN A TANDEM? YES <input type="checkbox"/> NO <input type="checkbox"/>	L.A.W. MEMBER? YES <input type="checkbox"/> NO <input type="checkbox"/>

The Quad Cities Bicycle Club assumes no responsibility for personal injury, damaged equipment, theft or loss taking place on any club ride or other activity. All cyclists ride at their own risk and anyone under age 16 must be accompanied by responsible adult. Parent or Guardian must sign for applicants under 18. All applications must be signed and in signing the liability release, I agree to the above conditions.

LIABILITY RELEASE — PLEASE SIGN:

INDIVIDUAL MEMBERSHIP: _____ PARENT/GUARDIAN _____

FAMILY MEMBERSHIP: SELF _____ SPOUSE _____

MAKE CHECKS PAYABLE TO: QUAD CITIES BICYCLE CLUB. MAIL TO: P.O. BOX 3575 - DAVENPORT, IA 52808

MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING

Quad Cities Bicycle Club
P. O. Box 3575
Davenport, Iowa 52808

<p>BULK RATE U. S. POSTAGE PAID PERMIT NO. 3006 Davenport, Iowa</p>
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