



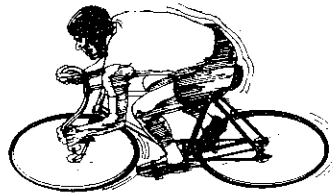
QUAD-CITIES BICYCLE CLUB

President, PAUL SCHEIBELHUT V. President, JERRY YEAST
Secretary, WARREN POWER Treasurer, BARBARA TUCKER
Recording Secretary, JEAN KELLY
Newsletter Editor, LORRAINE ROTH

"AT THE HUB OF TWO STATES"

TOMRIVIA (Tomrv Trivia)

RAGBRAI



NEW MEMBERS

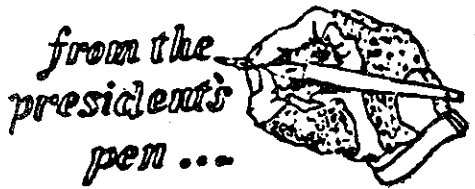
JULY

1984

Moline Criterium

Annual Picnic

TOMRV



Congratulations to John Keane and Sheri Power for a well-organized and successful TOMRV VII. This event is definitely the premier invitational bike ride in the Midwest. The success of TOMRV is due not only to John's and Sheri's work, but the help of many QCBC members and spouses who volunteer to help with registration, check-in and sag stops. There is one volunteer that few, if any, riders saw and that is the person who put up all of the directional arrows on both days, Fred Blessin. Fred started each day

at 4:00a.m., and had all of the arrows plastic-covered and placed before the first riders arrived. Many thanks to all of the volunteers.

While on the subject of volunteers, be sure to read the article on "The QCBC Needs You".

Last month's letter from "Anonymous" again raises a point we should all be concerned about, the QCBC's public image. Not only is a disregard of traffic laws a poor way to promote bicycling, it is dangerous, and could end your cycling career. Reread the letter, and ride safely!

The letter from "Anonymous" again raised the question, "Where can a new bicyclist learn about bicycle maintenance?" To help answer this question, if five new QCBC members (one year or less) show up at the July meeting and ask about bicycle repairs, I will disassemble my bike (the single, not the tandem) and attempt to give answers to their questions. See you at the July meeting!

---Paul Scheibelhut

Picnic, Anyone?

1984 QCBC Picnic Approaches

The tickets for the QCBC Annual Picnic are now available, while they last. As stated in the May and June letters, the date is August 25th, and the fun begins at 2p.m. Those on the Illinois side may purchase their tickets from Bike America, and those on the Iowa side from Jerry and Sparky's. The price is \$2.00 per person; however, until August 15th you may purchase them for only \$1.50. This will include all beverages and meat, plus prizes, games, and a great afternoon!

Start the stampede to obtain your tickets for the event of the year!

Don't forget to bring a covered dish.

---Eleanor Koenig

QCBC "Bike-in" Meeting
Tuesday, July 17, 7:00PM
Browning Museum
Rock Island Arsenal

RAGBRAI Bus

For those of you who got your reservations for bus transportation to Glenwood, Iowa, in on time, continue to read. If you didn't get your reservation in on time, "Eat Your Heart Out"! For those of you on the waiting list, I will notify you if and when anything opens up. Please let me know if you find other transportation.

We will be loading bikes on trucks at the Northeast corner of the Davenport North Park Mall shopping center on Friday, July 20th, from 5 to 7 p.m. Please remove your pedals and turn the handlebars BEFORE you bring your bike to be loaded.

We will leave the same spot on Saturday, July 21st, AT 8:00a.m. If you plan to leave your car at the shopping center, please park as far north and east as possible.

See you the 20th!!

---Dave Lefever

WELCOME

Warren Power is keeping busy adding new names to our membership list each month. The following people have joined since last month's newsletter was done:

BETTENDORF, IA: The Marvin and Mary Sue Cotton Family, Eric Kennedy, Jim McBride, Robert Michaelson, and the Earl and Mary Ellen Strupp Family.

COLONA, IL: Curt Jensen, and Carol Moore.

DAVENPORT, IA: Chuck Addy, the David Baxter Family, the Curtis and Laura Duncan Family, William Frank, the Beverly Heisterman Family, David Hill, the Michael and Mary Mader Family, the Douglas and Laurie Peyton Family, the Merton I. Sachs Family, Geneva Vallem, Mike Walleser, Betty Wellendorf, and Barbara Woodside.

DEWITT, IA: Lyle Goldensoph.

EAST MOLINE, IL: Joe Chlumsky, Marcia Norwood, and the Dave and Peggy Wrzesinski Family.

MOLINE, IL: W. Daniel Burns, the Michael and Linda Drymiller Family, and Vicki McAlister.

PORTLAND, OR: Terry Dibble and Ann Werner.

ROCK ISLAND, IL: The Tom and Daria Brown Family, J. Chris Gammack, and Alan Horwitz.

SILVIS, IL: Robert Forret, and Michael Sanders.

4-H Bikers

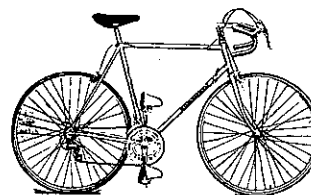
The Scott County 4-H Program is interested in starting a bicycle project club for youth. They are asking that members of our Quad City organization consider helping out in organizing a bike project club. They need people with a big interest in bicycle care and safety, as well as a strong desire to share their time and talents with young people.

For more information on how you can get involved, please contact Carol or Sandy at the Scott County Extension Service. Phone 359-7577. Call today!

The QCBC Needs You

While in Dubuque for TOMRV, the QCBC Board of Directors held a short meeting to set up the nominating committee for the 1985 club officers. Jerry Yeast will head the committee, along with Dean Arney and Carter LeBeau. Their job is to find people willing to serve as club officers for next year. In addition, the positions of TOMRV Chairman, TOMRV Secretary, Newsletter Editor, and many committee chairpersons must also be filled.

With almost 1000 individuals in the club, it is impossible to know everyone. Therefore, if you are interested in a position, tell one of the officers or board members. Taking part in the organization and operation of the club is fun, and introduces you to many other bicyclists. The number of miles you ride in a year, or the number of years you have been a bicyclist, are not as important as your willingness to help keep the QCBC the top club in the Midwest.



The QCBC display will be appearing at two area events this summer: the "Fit Fest" held in conjunction with the BIX 7, and the Moline "Riverfest".

The "Fit Fest" will be on July 27 and 28 during the Bix Beiderbecke weekend. The new Davenport Civic Center is the location for this exposition of fitness clinics, workshops, displays, and demonstrations. Times are noon to 9:00p.m. on Friday, July 28th, and 8:30a.m. to 4:00p.m. on Saturday, July 29th.

The Moline "Riverfest" will be the following weekend, August 4th and 5th, and will include the dedication of Ben Butterworth Parkway along the river. A number of exhibits and displays will be set up.

Volunteers are needed to be at the booth both weekends, mainly to answer questions about the QCBC and bicycling. If you are interested in helping, call Paul Scheibelhut at 391-4295, after 5:00p.m.

The Big Race

THE 18TH ANNUAL BUDWEISER LIGHT MOLINE CRITERIUM

The Good, the Bad, and the Ugly . . .

THE UGLY: It rained . . . and rained, and rained, and rained; and it was cold, too!

THE BAD: Because of the weather, we did not meet our financial expectations. The foul weather kept the spectators away until late in the day, and only two of the anticipated eight vendors were on hand.

THE GOOD: The weather proved that the Moline Criterium is one of the most popular events in the Quad Cities. By two or three in the afternoon, we had a good-sized, lively, and vocal crowd on hand for the main event.

People who had never seen a bike race before were very impressed by the response of the crowd, despite the weather. Folks from the "Dispatch" and the two Moline hospitals were pleased with their involvement with the running race, and are looking forward to playing a larger role in next year's event.

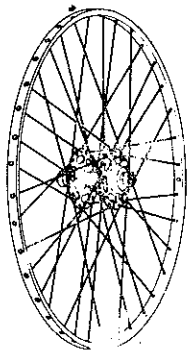
Our Budweiser representative, despite calling it "the most miserable day I've ever seen", was also impressed. They will be back to support us again next year. Maybe we can suggest that Bud come up with a line of Irish coffee or glug, or some other appropriate cold weather drink.

Adverse weather seems to bring out the best in the bikers of the QCBC. They responded overwhelmingly to Don Davis's "call to arms" to help at the Criterium. If no other records were set this year, the course was set and ready to go in record time, and torn down and cleaned up in record time. Thank you, thank you, thank you!!

WOW!

Congratulations to these area racers for their triumphs this year:

Jeff Boldt:	Madison	1st place
	Fond du Lac	1st place
	Rockford	1st place
Jacque Bradley:	Des Moines	2nd place
Dan Burns:	Galesburg	3rd place
Jeff Cozad:	Iowa City	1st place
	Story City	4th place
John Hendricks:	Burlington	6th place
David Holmes:	Moline	10th place
	Burlington	4th place
Cheryl Tucker:	Galesburg	6th place
	Des Moines	7th place



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Thanks to You

QCBC members selling raffle tickets on the Nishiki bicycle and MVA system tickets did an excellent job in helping to finance the Criterium. Of the 150 tickets sold by QCBC members, Susan Stoltz sold approximately 50 by herself! The winner of the Nishiki 12-speed was Bob Nelson of Moline, and the MVA system tickets were won by Bill Harrington of Blue Grass. Many thanks are extended to those conscientious members who took some personal time for a good cause.

The Moline Criterium race committee also wishes to thank all the QCBC members who turned out to set up the race course at 6:00a.m., corner marshalled for 2½ hours in the rain, sold hats and shirts, worked registration, stayed after the races to clean up the mess, and/or any other jobs. Without this large number of volunteers, the races could not have been safely held. As race time approached and the rain continued to fall, we worried that some of the corner marshals would stay home, warm and dry. However, that was not to be a problem, as everyone showed up on time, and ready to work. We do hope to see everyone again next year, as we are not expecting rain!

We had 323 paid registrations for the Criterium this year. This was 75 to 100 fewer than expected, and that was due to weather conditions.

Following is the list of race workers. We hope we didn't forget anyone:

Karen Wiedenmann	Margaret Dowsett	Joe Lopez
Bill Powers	Linda Powers	Bob Frey
Mike Smith	Verle Dau	Sue Dau
Betty Aukee	Reuben Aukee	Andy Aukee
George Aukee	Dan Wilkinson	Doug Sell
Ron Bolser	Kently Loewenstein	James Kirkland
Jean Kelly	Susan Stoltz	Don Learn
Howard Talbot	Rodger Horst	Bonnie Horst
Bruce Vargas	Jerry Lee	Don Dehner
Linda Simander	Bill Langan	Pegi Langan
Terry Vasek	Darrell Dewitt	Andy Julius
Joe Jamison	Shell Dhuyvetter	Dave Lefever
Mark Dismer	Al Coughlin	Jim Hanson
Charlie Sattler	Peter Diefenthaler	Sheila Newton
Susan Newton	Pat Mueller	Fred Blessin
Brian O'Melia	Griff Tucker	Barb Tucker
Warren Power	Sheri Power	John Chebuhar
Ken Hall	John Overfield	Mary Bisinger
Tom Bisinger	Joe Wright	Don Bates
Molly Teigland	Rich Davis	Terry Davis
Leslie Schaubroeck	Pat Schaubroeck	

---Rick Paulos; Don Davis; Terry Burke



Time Travelers

Twenty-one people, so far, have participated in the Wednesday time trials. The conditions have not been very good, with strong winds in May, and rain in June. Jerry Friedman has posted the best time, at 30 minutes and 10 seconds. Mike Bendt is second, with 31:20. Cheryl Tucker and Tina Nelson are leading the women's division. We have not had any tandems yet; maybe the tandem owners are waiting until they are in better shape!

One more note; Shell Dhuyvetter is NOT the slowest rider in the QCBC.

As a reminder, the time trials are held on the first Wednesday of each month, at 6:00p.m., at Mt. Joy.

---Rick Paulos



New Quad Cities Race

CRITERIUM AT BLACKHAWK COLLEGE

---Part of BAMMI---

As a night program for riders on BAMMI (Bicycle Across the Magnificent Miles of Illinois), a criterium will be held at 7:00p.m., Wednesday, August 8th, for USCF riders, on the Blackhawk College campus. Plans are to have one race of 25 miles, to include all classes, with alterations if a large number of participants show up. Details and entries will be available in late July from Terry Burke, 797-3790. Total prize list is \$200. The criterium is titled "1st Annual Credit Union Criterium", and is sponsored by the Illinois Credit Union League, of which Tom Schuler, Olympic hopeful, is an employee. Promoter is Roger DeLanghe, Northwest Illinois Bicycle Club. A citizens' race for BAMMI riders will be held at 6 p.m.

BAMMI is a 450-mile tour starting in Chicago, and going through Antioch, Rockford, Mt. Carrol, Moline, Galesburg, Nauvoo, and Quincy. Benefactor is the Chicago Lung Association. As of June 10th, 359 of the 500-rider limit had signed. Cost is \$125. Entry blanks are available from Terry Burke.

One of the best features of this midweek race is that all QCBC members have to do is to show up. The Blackhawk College course is a beautiful setting for a race, and there is the opportunity to meet some of the BAMMI riders camping overnight.

---Terry Burke



More from "Bicycling to Work", an article in the Executive Fitness Newsletter:

Is it safe to ride to work in all that rush-hour traffic?

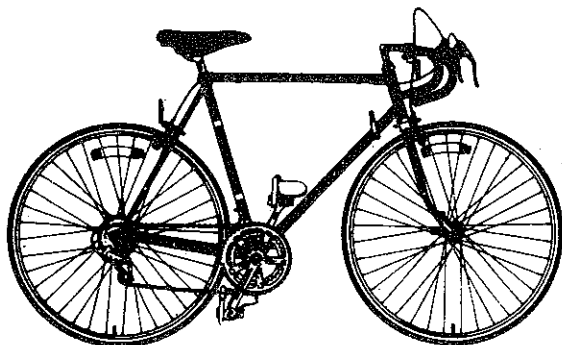
Bike commuters maintain that your daily route may be the safest one you ride, just because you've come to know it so well. Also, commuting traffic is purposeful, so there's less danger of "lost" drivers stopping and turning suddenly. Here are a few hints in case you still feel leery

- Comply with all the rules of the road you use when driving For a refresher, stop at your local motor-vehicles office and get a copy of your state's motor-vehicle code Find out if your state or municipality has any special rules for bikers (many do).

- Wear a protective helmet and bright clothing Use reflectors and bike lights during evening commutes.

- Plan your routes in advance. Ed Kearney recommends contacting a local bikers' club It can put you in touch with other area bike-commuters who can advise you on safe routes for cyclists Some will even ride with you for the first week out

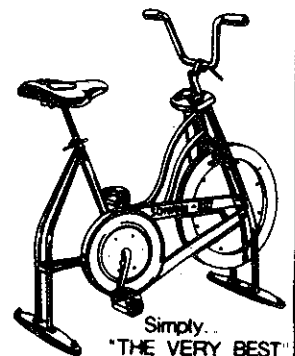
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ROCK ISLAND

Again, Thanks

The following people should be given a 21-gun salute, hip-hip-hooray, and a pat on the back, for their help with TOMRV VII (alias "Soggy 7"):

John Keane	Bob Nuckles	Jean Kelly	Ron Bolser
Jan Bolser	Sue Sharp Page	Griff Tucker	Barb Tucker
Fred Blessin	Viola Berg	Doug Sell	Virginia Smith
Milo Stransky	Penny Page	Mike Power	Michelle Power

And an extra-special thank you to our great sags:

Thelma Lunsford	Ruth Lunsford	Betty Fox	Alan Jansen
The Marker Family	Linda Simander	John Simander	Kay Verstraete
Sharon Sattler	Jan Bolser	Joan Behrens	Loretta McKey
Sue Sharp Page	Sheila Bloomer		

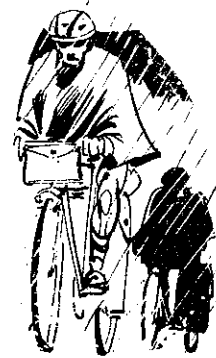
TOMRV 7 TRIVIA

Did you know, or should you care:

942 people signed up
75 chickened out
only one serious accident reported

People came from:

Dallas, Texas
Marion, Ohio
Morgantown, West Virginia
Bala Cynwyd (correct spelling), Pennsylvania
Columbus, Ohio
Carrollton, Texas
Chesterfield, Missouri
Crown Pint, Indiana
Hammond, Indiana
Fort Worth, Texas
Bedford, Texas
Waldwick, New Jersey
South Haven, Michigan
and would you believe, Klhei, Maui, Hawaii?



Needless to say, the majority of the people came from either the Quad City area, or the Chicago area.

If anyone found a Bell helmet in Thompson, Illinois, please call Janet Long, 319-234-3500. Thanks!

Editor's Note: While we're handing out thank yous, let's not omit the driving force behind TOMRV (the person who in this article is thanking everyone else), Sheri Power, our "on-top-of-things" TOMRV VII Secretary, as well as our TOMRV VII Chairman, John Keane. These people do a great job of organizing and running this ride smoothly!!

Paradoxes

REFLECTIONS ON MY FOURTH TOMRV

If you missed TOMRV, you missed another grand weekend. I know, it rained Saturday, and there were winds on Sunday. But riding in the rain isn't bad. It's the thought of riding in the rain that bothers people.

Actually, the rain adds another paradox to the experience. Some others? I claim to ride for exercise, burn 5000 calories going to Dubuque, then eat 7000 calories at that glorious dinner at Clarke College.

Another. I bemoan the hills, but secretly relish climbing each one. They become important victories. And the view from the top is always in proportion to the difficulty of the climb. Each hill provides its own reward for climbing it.

Even Chestnut Mountain. The ultimate paradox. I complain. I cringe. I prepare my excuses in advance. By anyone's definition, it's a monster hill. Its 15% grade challenges your legs, your winds, and your spirit. But the crowd that lingers at the top is supportive of those who ride it, and those who choose to walk. And the camaraderie is special; very special. Yes, Chestnut separates TOMRV from other rides.

This year, I rode from Chestnut to Hanover alone. Mild temperatures. Brilliant blue sky. Postcard puffy clouds. Wild flowers, dressed in their Sunday best, lined the roadside, waving hello. A foal stalked its first butterfly, its chestnut coat a contrast to the vivid green pasture. If life is for gathering memories, then the ridgeline ride, capped by a long downhill run into Hanover, has given me a basket full.

In Hanover, friendly people passed out free "Hanover welcomes QCBC" buttons. No axe to grind. Just nice people. Thanks.

More towns, more food, more wind, and finally the last hill. And then it's over. And that's the last paradox. For hours you've wanted it to end. And now it has. Relief, and sadness.

But there's next year. Come along. I'll see you on top of Chestnut.

---Jerry Yeast

Dear Sheri,

Congratulations on the excellent job you and the rest of the QCBC did in organizing and executing "TOMRV 7". Even the rain and wind could not stop me from enjoying myself. See you next year. (Slogan suggestion: "TOMRV 8--First Rate--Sign up early, and don't come late.")

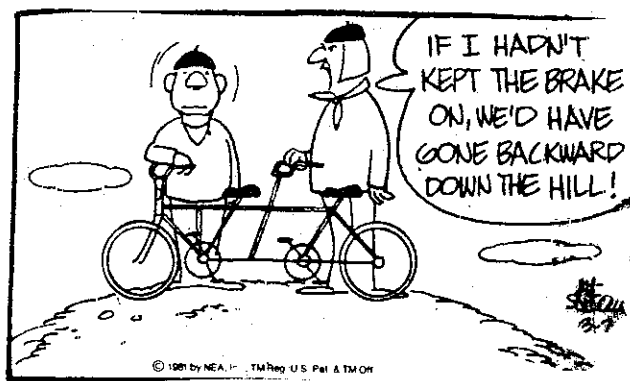
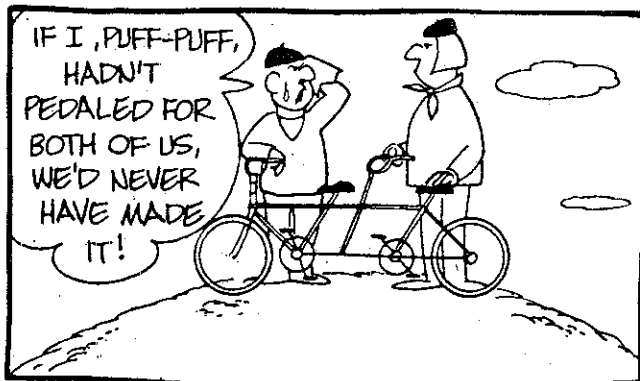
---John Robert Meyer
Joliet, IL #77

TO QCBC EDITOR

On TOMRV, the directional arrows were very helpful to bikers. However, TOMRV is over, and the arrows (orange/black plastic-covered) remain plastered over several counties. If we can find the time to place these signs on private property, we should also take the time to remove them after the ride, and return the TOMRV route to the condition it was in before the ride.

---Mary Ann Harris

BORN LOSER



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This article appeared in the Arkansas Bicycle Club Newsletter (Dec):

NEED BIKE ACCESSORIES? TRY YOUR LOCAL BIKE SHOP!

Several years ago Frank Barton at Take-A-Hike, a Little Rock canoeing, hiking, and climbing specialty shop, sent out a newsletter with a most eloquent argument for buying at local stores rather than from catalogs. His reasoning applies to bicycle stores as well. Recently Frank and I discussed the advantages of buying locally, and I would like to pass those thoughts on to you.

First of all the money you spend at a local store feeds the local economy. The people who work at or own the store use the wages or profits to buy other local goods and services, and to pay rent, mortgage payments, and taxes. Retail mail order is just the opposite; it drains money from the local economy.

Buying in a local store increases the quality and variety of goods offered. If the demand exists, then local stores will carry the goods. All too often the people who are buying from mail order houses are the ones who complain about the absence of high tech, quality components in the local stores.

Some people like the convenience of buying small, low-margin, impulse items from the local stores but purchase the large, higher-margin items by mail. However these people are cutting their own throat. Local specialty shops must sell the big items to stay in business; they sure can't do it by selling only low-margin items to the local biking community. If the local bike shop can't stay in business, where are you going to pick up a tire, tube, or water bottle on Friday before the big weekend ride.

Many people cite price as being the main reason they order from catalogs. But are catalog prices really cheaper than those at local stores? When you consider shipping costs and the possibility of having to return defective, ill-fitting, or warranty-claim items most people do not realize any savings over a period of time. On the other hand, local stores usually can service what they sell and make exchanges or adjustments.

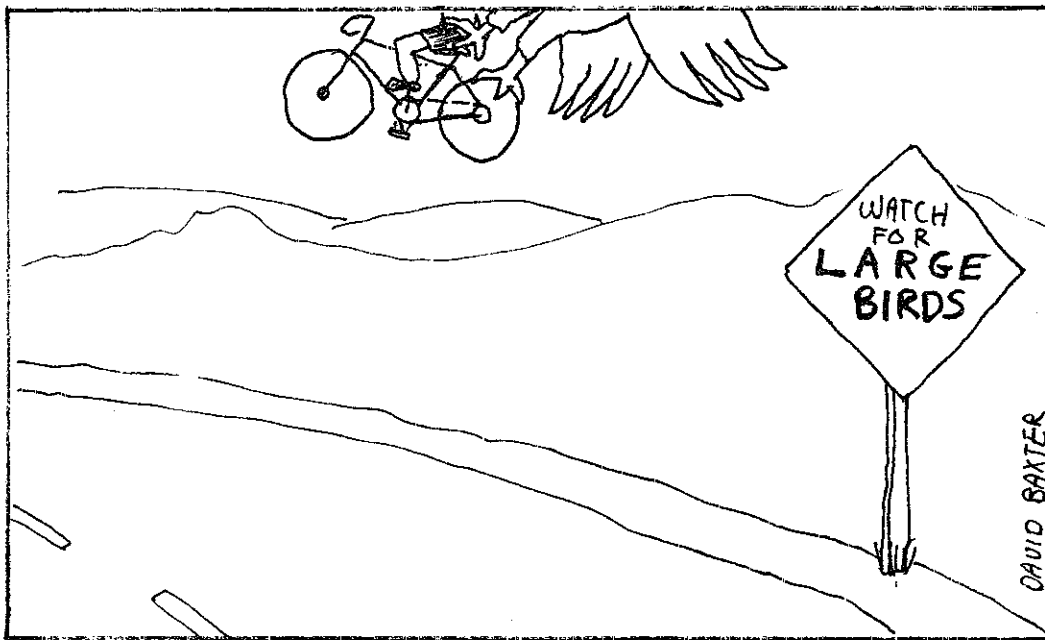
And that brings up one important point. Don't ever ask a local dealer to service mail-order goods: that's the ultimate insult. The same thing goes for asking his advice on sizing shoes and clothes, and then buying the items mail order. The local shop is there to serve you, but the owner has to make a living to do so.

The great majority of specialty retailers are in the business because they love their sports. In particular, they are in Arkansas by choice and feel they can do a better job of serving the local enthusiasts than can someone in Palo Alto, Miami, New Middletown, or Chapel Hill. They are aware of local conditions, activities, and clubs. Their experience allows them to help enhance local participation in the sport. These services are free and less tangible than merchandise, but they are things that mail order houses do not provide.

If you sell insurance, imagine your customers asking for insurance advice and planning and then buying from a far-away place to save a few dollars. Or if you sell automobiles, imagine your neighbor asking for technical information and specifications and then sending to Dallas or Tulsa for the same car you have on your lot. Enough said!

In summary, please realize that local shops depend upon local trade. Nobody gets rich in the specialty sporting goods business. They ask only to be able to make a decent living doing what they love to do. Believe it or not, mark-ups on high tech sports equipment are some of the lowest in the retail industry, and the higher the quality of the merchandise, the lower the mark-up. If you enjoy the convenience of local shops, support them. Mail order is a serious threat to any local specialist. If you have trouble finding a particular item locally, at least ask your retailer to order it for you. If none of this is important to you, go ahead and continue to mail order. But don't gripe if you lose the convenience of the local shop.





Classifieds

FOR SALE: One pair of (\$69.95) Vittoria cycling shoes with cleats; size 13. Worn once. \$35.
 New (\$49) Cannondale "Trestle" handlebar bag. Red. \$30.
 Please call Juergen Fronz. 752-5222; evenings 755-5833.

FOR SALE: Eclipse Professional handlebar bag. Never used. Orange. \$40. Call 762-5820 in Moline.

FOR SALE: LeJeune tandem, 21" front, 19½" rear. Asking \$950. Call Bill or Linda Powers at 786-0907.

WANTED: Vehicle pass for RAGBRAI. Phone 762-5820 (Moline).





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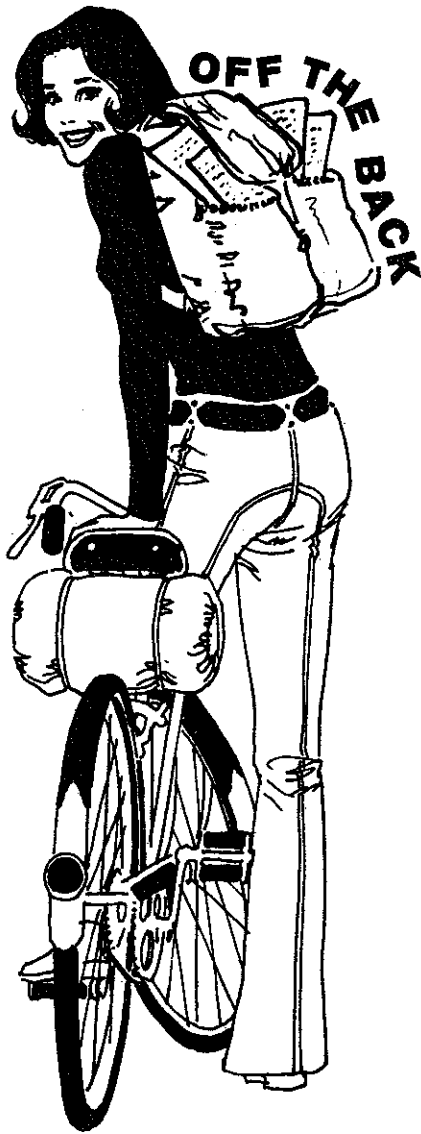
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Things are definitely picking up in the sport of bicycling, and in the newsletter business. Thanks to all of you who have submitted articles and ideas for this month's edition---as I previously predicted, I am now overwhelmed with materials; so, if your contribution isn't in this time, check out the August issue! Among other items, I have some thoroughly engrossing ride reports from Pat Larson, Bill Leibman, and an anonymous author, which I was unable to include this month due to space limitations. Look for them next time. And please, DON'T STOP NOW! It's far better to have too much material, than to be scrounging for information. Keep in mind, however, it is sometimes difficult to include lengthy articles, and our main priority, of course, is for items closely associated with the QCBC and its members.

Jerry and Sparky's had a great turnout for the first (and I hope not the last) A.B.C. ride, in spite of threatening skies and a strong wind. Many new or infrequent riders (yours truly included in the latter category) appeared, and enjoyed a well-planned outing. Riders converged on the bike shop at 3:00p.m. to dive into a chicken dinner, catered by Chef's Hat and provided by Jerry Neff and crew, free of charge---a marvelous reward for anyone participating in this event!! Door prizes were given out in abundance, bringing the day-long event to a successful conclusion.

Bike 'N Hike also held a special event for the QCBC, in conjunction with the grand opening of their new store. I was, regretfully, unable to attend, but have heard nothing but favorable reports from others. I understand their special QCBC members' evening was a huge success. Again, prizes and refreshments were handed out in great quantity, and a good time was had by all. (I did hear, however, that their judgment in door-prize-awarding was somewhat lacking, as one QCBC member who least needed them, won an expensive pair of cycling shoes. Is there no justice?)

Congratulations, Bike 'N Hike, on your new facilities!!

If you have not read the Reader's Digest this month, you definitely should check it out, particularly if you have ever been a follower of the RAGBRAI phenomenon. In the magazine (July issue), there appears an article, written by a New Yorker, about this fantastic voyage. It's well written, and captures the true spirit of the event, referring to the ride as "...entering a Norman Rockwell painting come-to-life". I received a request to reprint the article in the newsletter, but its length prohibits its inclusion. Instead, I encourage you to borrow your neighbor's magazine, visit your public library, or whatever, and read "Iowa's Midsummer Bike Dream", by Philip Ross.

Keep those cards and letters coming in, folks--I appreciate your contributions. Remember, I'll accept cartoons, cover designs, photos (QCBC pictures will be printed at the editor's discretion, and the photographer will be paid \$5 for each picture used), articles, etc.-- items you feel would be of interest to members of the QCBC. Whenever possible, we want the newsletter to be specific and informative to the club members--and positive in nature. Please bear in mind, it may not be possible to print everything that's received.

THE DEADLINE IS THE 20th of each month for the next month's publication. All suggestions and contributions should be submitted IN WRITING to:

Lorraine Roth
2521 Hawthorne Drive
Bettendorf, IA 52722