

QUAD CITIES BICYCLE CLUB

"at the hub of two states"

March
~~FEBRUARY~~ 1982

Pres., LINDA POWERS V. Pres., DON LUCKE

Secy., MARY KEANE Treas., LEON VAN CAMP

Newsletter Editor, BILL LEIBMAN

Box 3575

Davenport, Iowa 52808



RACING NEWS

1982 WOBL RACING TEAM ANNOUNCED

Nishiki Bicycles and World of Bikes, Ltd., Davenport, are sponsoring a six member USCF junior category race team. Four of the riders are on the 1982 Junior National Talent Squad so this should be one of 1982's strongest junior teams.

Team members are:

Don Bates Jr. Davenport
John Cofrin Madison, Wis.
Alan Fishbein Santa Rosa, Ca
Bill Graham Madison, Wis.
Drew Kohl Milwaukee, Wis.
John Wagner Prospect Hgts, Il

Your support of these riders and all Quad City area riders is greatly appreciated.

John Hendricks

TRAINING RIDES

Seven riders inaugurated the 1982 training ride schedule on Feb. 13th on the Illinois Course, leaving the Jaydon parking lot at 1:30. This is a very fast smooth course that all the riders enjoyed and are looking forward to riding once a week this spring and summer. You are urged to give it a try, Saturday's at 1:30 p.m.

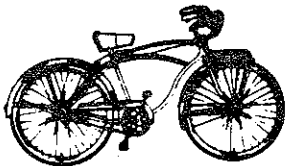
Bradleys populate 7-11 team

America's best, and now one of the very few sponsored teams, recently picked up Jacque Bradley as a rider and father Mel as a women's team coach. Jeff Bradley joined the team in '81 and is continuing in '82.

The newly formed 7-11 (Southland Corp.) women's team consists of Jacque, Rebecca Twigg, and Sara Doctor. Other team sponsors include Bennetto Bicycles and Campagnolo. The women's team will ride under the club name "84 Gold Express", giving an indication of what is already on the minds of these international calibre riders.

While most racing cyclists consider other parts of the U.S. to ride, 7-11 Team riders are riding in other parts of the world. For instance, Jeff will be going to stage races in Venezuela, in March, France in April, and to the Brittish Milk Race in late May as a part of the national team. Jacque may also join brother Jeff in France, and will be participating in some Texas training races in March and April.

During the year we will attempt to keep QCBC members abreast of local racing talent victories.



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CPR CLASS

Don Davis would like to interest some fellow QCBC friends in a cardio pulmonary resusitation class. This is training that could someday save a life.

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ANNOUNCEMENT OF CONCERN TO NEWSLETTER FANS

QCBC members have been quite efficient in keeping their newsletter-editor-in-absentia informed about the major goings-on of the club. He does however, miss out on some of the random scuttlebut from time to time, and sometimes people mean to get their news into the mail, but... well, you know, and sometimes their little brother spills his cocoa on it and the dog licks the ink off, and consequently sometimes the poor newsletter editor wonders what the heck is going on down there in the QC's.

Well there's good news for you news fans. Sue Sharp has volunteered to be the Quad City correspondent of the newsletter. She will be the one person to contact with your items for the newsletter. Any material she gets will be faithfully forwarded to the editor. This is especially good news for those of you who are saving up for a new bicycle and would like to save the 20 cents postage by delivering news items to Sue in person. Her address:

4023 Lillie #414
Davenport, Ia 52806

If you are in a hurry and need a direct line to the editor, his address is:

Bill Leibman
615 S. Burchard
Freeport, IL 61032

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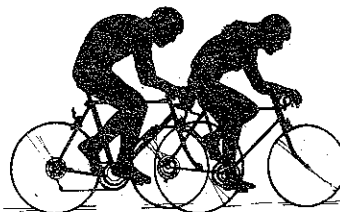
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March Meeting

Lorraine Roth Will show us at the March meeting how to pack a bike for a tour, and what to pack for a tour. Lorraine learned the Bikecentennial system of packing and has improved on it since. This is a "must attend" meeting for those of you planning tours this season and planning to carry more than the perfect plastic shelter, the credit card.

Also, our TOMRV film will be shown again. The meeting will be held on Tuesday, March 16th, above the Browning Museum at Rock Island Arsenal, at 7 p.m.

PIZZA AMBASSADOR WRITES

Carter LeBeau, who is usually on the road in one sense of the word or other, writes us this month from Jerusalem. He is in the Middle East with Happy Joe Whittey to attend the grand opening of the Happy Joe Pizza Parlor on the Nile. This is a first for Egypt, but don't you think they might feel better with a "Happy Ahmads"?

Carter also reports that TOGIR (The Other Great Iowa Ride) registration topped the 200 mark around the first of March. So far, the registrants include someone from Bakersfield, California, and a 71 year young gentleman from Rockford, Illinois, and hold on to your helmet, a female rider who asked to be lodged in the same room as the gent. This guy really is young!

It looks like TOGIR is shaping up to be a great ride. Get your registration in early. Write to TOGIR, 2325 Fulton Ave., Davenport IA, 52803.

ROTARY BICYCLE RIDE ACROSS NEBRASKA

Northwest Rotary Club of Omaha is once again sponsoring a ride across Nebraska (BRAN). The ride begins Sunday, June 6th, at Lake McConaughy, near Ogalla Nebraska, and ends June 12th in Bellevue, Nebraska. Total distance: 470 miles. Write Northwest Rotary, 10730 Pacific St. #227, Omaha, NE 68114 for details.

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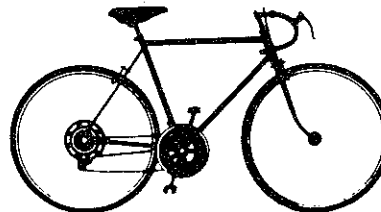
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RIDES

1982 RIDE SCHEDULE DIRECTORIES - FINALLY, the 1982 Ride Schedule directories were mailed to club members on February 2. If you haven't received your copy, please call Mary Keane at 762-0981.

MONTHLY RIDE SCHEDULE - We will continue to print a shorter version of the coming month's rides in our monthly newsletter but encourage you to refer to your directories for a more detailed routing and descriptions of the rides.

WEATHER FORECAST - Your 1982 Ride Schedule Committee, Sue Nuckles, Verle Dau, Ann Mayfield, and Sue Sharp have asked The Great Bicyclist for lots of warm sunshine, cool temperatures, no rain, favorable winds (especially on TOMRV), and considerate motorists to enhance our riding pleasure. (There isn't much we can do about the hills, they were designed before bicycles and can't be altered.)

RIDE REPORTERS - A reminder that if you are unable to ride, please ask someone else to write a report of that day's ride or call one of the Ride Schedule Committee members.

STARTING TIMES - Bikers, please note that a longer ride option, listed as number two in your directories, starts at 8 a.m. with a ride of shorter distance, listed as number one, sometimes starting at 8:30 a.m. to join the longer ride at a designated point.

APRIL RIDE REPORTER - Your April ride reporter is Sue Sharp.

APRIL RIDE SCHEDULE

SATURDAY, APRIL 3 - SCOTT COUNTY LOOP

- 1) 8 a.m. - Eastern Ave., entrance, Davenport bike path. Ride to Maysville and return - 25 miles.
- 2) Option - Continue ride to Dixon returning to bike path via Donahue - 44 miles.

SUNDAY, APRIL 4 - ERIE CANAL CAPER

- 1) 8 a.m. - Riverside Park, Moline. Ride to Port Byron and return - 28 miles.
- 2) Option - Continue to Erie, returning to Riverside Park - 60 miles.

WEDNESDAY, APRIL 7 - MIDWEEK TIME TRIAL

- 1) 5:30 p.m. - Meet $\frac{1}{2}$ mile north of Rt. 6 on County Road Y-48 near Maysville.

SATURDAY, APRIL 10 - THE CANDY KITCHEN DANDEE

- 1) 8 a.m. - LeClaire Park Bandshell, River Drive, Davenport. Ride to Wild Cat Den State Park and return - 40 miles.
- 2) Option - Ride continues to Wilton and returns to bandshell - 65 miles.

SUNDAY, APRIL 11 - COTTONTAIL TICKLE

- 1) 1 p.m. - EASTER SUNDAY PATCH RIDE - Eastern Ave., entrance, Davenport bike path.
- 2) Option - 8 a.m. - Eastern Ave., entrance, Davenport bike path. Ride to Village Inn Pancake House and return to bike path via 6th Street - 13 miles.

SATURDAY, APRIL 17 - FANTASTIC JOURNEY

- 1) 8:30 a.m. - Meet in Orion at the gas station on Rt. 150 for a ride to Woodhull - 30 miles.
- 2) Option - Airport Park, Indian Bluff Road, Moline. Ride to Woodhull via Orion and return - 50 miles.

SUNDAY, APRIL 18 - KNEE BENDERS BREAKFAST BASH

- 1) 8 a.m. - Eastern Ave., entrance, Davenport bike path. Ride to Princeton and return - 40 miles.
- 2) 1 p.m. - NEW MEMBERS WELCOME RIDE - Arsenal Island picnic area. Ride the 8-mile Arsenal bike path and get acquainted with our newest members.

SATURDAY, APRIL 24 - THE INCREDIBLE JOURNEY

- 1) 8 a.m. - Eastern Ave., entrance Davenport bike path. Ride to McCauseland and return - 40 miles.
- 2) Option - Continue ride to Elvira and return - 65 miles.

SUNDAY, APRIL 25 - CHIEF BLACKHAWK CIRCLE TOUR

- 1) 8 a.m. - Jaydon's parking lot, west edge of Milan, Rt. 92. Ride to Loud Thunder Forest Preserve and return - 50 miles.

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when the dog bites

Yes, some of them aren't bluffing! It happened to me in November. A big black shepherd barked just twice and then grabbed my leg. he left three holes in my calf, and some very sore bruises in between. I was indignant. Hell! I was madclear through!

So, what do you do about it? I found out. First, you see who the owner is. This one wasn't home, so I went to the next farm and asked. When I got back to Davenport I called the Sheriff (in the city call the police). They will contact the owner to see if the dog is innoculated for rabies. this is your top priority.

In this case, the dog had been innoculated, but he still has to be isolated for 14 days. Don't assume this will be done. Our county health department is incredibly lax about this part, and things may not be much better in your county; a follow-up by you would be wise.

If you are still mad, contact a lawyer. This dog had been harrassing bikers for several years, so I called my lawyer. He took the case on a contingency basis; he got paid only if I collected damages. The dog was covered by his owner's homeowners insurance, and the insurance company paid off immediatly rather than face the matter in small claims court.

But what if the dog did not actually bite you, because you got off and walked past him, or you rode too fast for him to catch up? Then you should stop and talk to the owner. In a friendly, civil way tell him that the dog is harrassing you. Point out that you are not tresspassing, and you are not a threat to him, his dog or his property. You have a right to ride the highway, and to protect yourself if necessary. As a last resort, you might want to use "Halt". Once treated with this, a dog will back off when he sees you comming.

Bob Nuckles





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FEBRUARY RIDE REPORTS - Sue Sharp

SWEETHEART SUNDAE SPINNER - FEBRUARY 13

Five biking sweethearts
ready to start,
To Lagomarcino's on our
bikes we dart.
Alas, our waistlines are
no thinner,
We rode the Sweetheart
Sundae Spinner.

Marilyn Klansek
Marty Yeast
Jerry Yeast
Karen Royer
Sue Sharp

CUPID'S CAPER - FEBRUARY 14

Skiing would probably have been the
wise choice for the day, but 47
dedicated bicyclists (nuts?) braved
a mushy slush to enjoy the winter
beauty of Credit Island and the
friendship of fellow bikers. Lots
of talk about TOMRV, TOGIR, and
RAGBRAI -- can Spring be far away?



SPECIAL FAMILY RIDES

MARCH 14 - ST. PAT'S DAY PATCH RIDE

Green's the color of the day! All the
little people will be riding to honor
St. Patrick himself. See you at 1 p.m.
at the eastern most point of the Davenport
bike path. Refreshments served.

THINK GREEN - IT'S SPRING!

APRIL 11 - EASTER SUNDAY PATCH RIDE

All you biking bunnies hop on your
bikes and ride to the Eastern Avenue
entrance to the Davenport bike path
at 1 p.m. for the last patch ride of
the season. Refreshments served.

APRIL 18 - NEW MEMBERS' WELCOME

Let's all meet at 1 p.m. at the
Arsenal Island picnic area and
welcome all the new members who
have joined the QCBC the last year.
If you have a friend that you in-
vited to join, give them a special
invitation to join you for this
ride. Refreshments served.

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NOTES FROM THE SECRETARY

Item 1.

If anyone wants their membership card and can't make it to the meetings, just send a self addressed stamped envelope to the P.O. Box. We are mailing to out of Quad City area only. The Ride Schedule books have been mailed out. New members and anyone who didn't receive a Ride Schedule book can pick one up at the meetings.

Item 2.

The following names were inadvertently left off the club roster in the Ride Schedule book. You may want to add them to your book.


Yeast, Jerry & Marty----- 355-4395
Zaragoza, Henry ----- 755-8498
Zimmerman, Steve ----- 323-6110
Zerngast, Vincent A. -----

**** IMPORTANT NOTICE ****
DON LUCKE'S PHONE NUMBER IS
326-4531, THE NUMBER GIVEN
IN THE ROSTER BOOK IS WRONG.

NEW MEMBERS


Dennis Albertson
Reuben Aukee
William Bangasser
Steve Crippen
Darrell DeWitt
Marvin Dumerauf
Dan Dunn
Alan Fishbein
Larry Gipple
Bill Graham
Bruce Herman

Gene A. Hollerud
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Jerry Knox
Drew Kohl
Jeff Leonard
Juanita Lopez
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.....off the back

I was afraid that when I so strongly advocated my revolutionary, yet sane, method of maintaining peak physical fitness during the winter months in last month's newsletter, someone would take exception. If it were just anybody, I wouldn't mind the rebuttle, but this comes from a guy who works in the health/physical fitness field. You will remember that I spoke out in favor of loafing your way to better health during the winter, like bears, squirrels and other smart animals do, saving precious heart beats for important things like TOMRV. So, here with an opposing viewpoint is Les Truelsen. He writes:

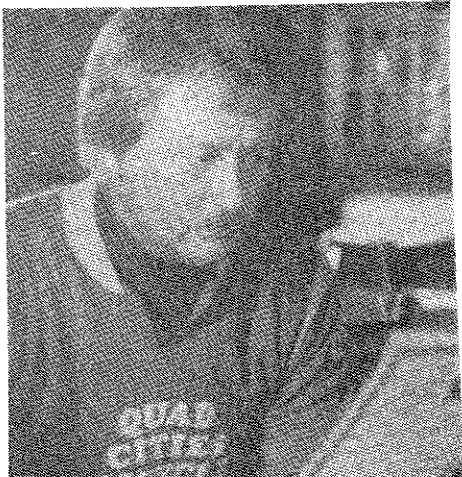
"Dear Bill, I have to disagree with your philosophy of "loafing" in the winter time. In fact I feel your philosophy will add fuel to the fire for those people who are about to embark on a 12 month per year conditioning program. Fitness is measured in cardiovascular terms. The heart is a muscle and it must be used in a sensible, consistent manner. By the way jogging is not boring to many. It is not a fad or a way to make money for the running shoe manufacturers. The old saying applies: "Leave a tractor in a field for a period of time, it will rust". Our bodies need exercise."

Thank you for the comments, Les. But aren't you one of the people who profits from the fitness cartel?

Also, in the my-little-brother-ate-my-homework-department, my computer has a confession to make: it ate my newsletter. The QCBC newsletter is brought to you each month partially through the magic of word processing. Well, the machine got hungry and snacked on a few of my words. The machine suffered what the computer people call a head crash. Should have been wearing a helmet at the time. The crash did not cause us to lose anything not already on paper, but it did prevent us from going back to correct errors in spelling and formatting. And it did force us to use a typewriter to finish. Such is life.

Gotta tell you about the best bicycle ride in America. RAGBRAI? A good ride; big and well attended; wonderful ambience; lot of good people and a few turkeys. TOSRV? Too far away for normal people. TOGIR? Don't know, haven't been on one yet. TOMRV? This is the one. This is the one ride that rises above the midwestern corn to take you to new heights in cycling. Great scenery, all good bikers, just the right size at 1000 riders, and just tough enough to let you know you've been on a real bike ride when or if you finish. You can register for this year's TOMRV by writing to Sheri Power, 5450 Taylor St. Davenport Ia. 52806. The two day ride leaves the Quad Cities on June 13, goes to Dubuque and returns the next day. Register before April 1st for a price discount.

This Year's TOMRV also boasts the best graphic design logo I've ever seen. It graces our front cover this month because I like it so much.



This is Les Truelsen,
Would you buy a training
program from this man?