



Pedalwheeling

Monthly Newsletter of the Quad Cities Bicycle Club — May 2013

Preparing for the 48th annual QC Criterium

By Donnie Miller

Race director

They always give us a good show, from 35 mph sprints and grinding crashes to flashy jerseys and bikes.

We can count on a lot of hard-core Midwest riders, and some pro team riders at the Criterium. A crowd favorite is the QCBC-sponsored Hot Spot Sprints, to keep the pros pushing for big points and bigger payouts. With a special points chase for an extra cash incentive, the race will have sprints within the race at laps 25, 20 and 15 for three cash awards of \$500, \$300, and \$200.

The Criterium is advertised on TV, radio, and in newspapers and promoted by the Quad Cities Convention and Visitors Bureau and QC Sports Commission, so we expect to draw more spectators and racers than in past years. We also have the advantage of a very established website at www.QuadCitiesCriterium.com, which Mike Moritz has done an awesome job on.



On Memorial Day, we will have 14 USCF races, ages (10-60+) including the Roger De Langhe Kid's Bike, Trike and Big Wheel youth races (age 2-10). There will be races all day, with the featured men and women's races as the last two races of the day.

Our juniors races again will be a part of the USA Cycling's Road Development Race Series (RDRS) so they can earn points for inclusion to Junior Development Camps out in Colorado Springs. We will continue the U23 Cat 4/5 race to feature more riders under 23 years old, to allow them more opportunities for RDRS points.

We have set a standard with the women's race in the Categories 2 and 3s. We have had a great response to this race, the only weekend like this women to get more opportunities taken by the Cat 1s and 2/3's race have an even bigger have increased every year.



We have also scheduled the them to recover and refuel, and \$10 discount to all racers who would race more than once.

in the nation. This will allow ties to race and not have their win-Pros. The Women's Feature and prize purse this year, which we

2/3's race in the morning to allow do two races. We also will offer a

As part of our family festive atmosphere, the Illinois Masons will hold a Chips – Child Id Program from 9 a.m. to noon in the Barcelona Room on the second floor of the Holiday Inn during the all age's bike rodeo. The Great Big Bike Rodeo will be from 9 a.m. to noon in public parking lot "C" at 1st Avenue between 19th and 20th streets.

Rodeo participants will be entered into the Roger De Langhe Kid's Bike, Trike, and Big Wheel youth races (age 2-10) at 12:30 p.m. All kids will receive a ribbon handed from "Rascal," the River Bandits mascot.

There also will be vendors and food booths, and free parking for bikes.

Our outstanding announcers are Kenny Labbe, QCBC member and an ex-racer at the QC Crit, and Kim West, cycling radio show host from Des Moines. They will explain what is going on in each race on 10 Speeds Productions Officials stage and podium.

We also have an awesome wheel pit, VA Honor Guard and Sandy Wohlford singing our National Anthem, and our beautiful podium girls. The District, in addition to its own food and drink venues, will have a wide variety of outside food vendors, and businesses hosting sidewalk sales. We'll also have limited edition Quad Cities Criterium T-Shirt and poster, and t-shirts from previous races at a discount.

We hope to see you Memorial Day for the 48th annual Quad Cities Criterium.

Key Contacts

Officers:

President - John Harrington (563) 940-6023 or jwhjkh@gmail.com

Vice president - Denise Duethman (309) 721-7276 or neuromanager910@yahoo.com

Recording Secretary - Deb Mathias (309) 787-6547 or mathiasdebdean@peoplepc.com

Treasurer - Darlene Moritz (563) 386-3499 or dmoritz@access.net

Quad Cities Bicycle Club
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Board Members:

Terry Burke (309) 797-3790

Doug McDonald (563) 332-6774

Don Flynn (563) 340-9959

Mike Terry (309) 738-3409

Donnie Miller (309) 737-8270

Don Luth (563) 381-3750

Dave Thompson (309) 764-5030

Key Contacts: A complete listing of committee chairmen and key contacts is available on the club's website and in the front of the hard copy ride schedule and membership directory booklet.

Mission Statement: To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities area.

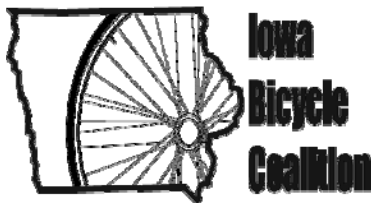
Club Meetings: Are held twice a year at 7 p.m. the third Tuesday of March and October. For program information, call Denise Duethman at (309) 721-7276

Submitting Articles for Newsletter: Deadline is the 15th of the month. Please limit your article to 1 page in length. Email it to Jackie Chesser at qcbceditor@yahoo.com Free want ads are available for members. Commercial ads are available at the following rates: ¼ page or less - \$25, ½ page - \$50, and a full page - \$100. Email ad requests to club treasurer Darlene Moritz at dmoritz@access.net. After working out payment with her, mail payment to the club treasurer at the address in the box in the upper right hand corner.

Major Activities of the Club Include: Tailwind Century in Spring and Fall, Spring Picnic, QC Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

Benefits of Being a Club Member Include: 12 issues of Pedalwheeling per year, annual membership Directory booklet, discounts at QC area bike shops, and discounts on TOMRV and Heartland Century registration fees.

Affiliated With:



www.iowabicyclecoalition.org



www.bikeleague.org



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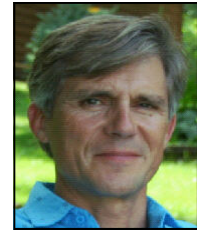
Illinois Bike Summit on May 15

The second annual Illinois Bike Summit will be held May 15 in Normal. Topics will include the state bike plan and other IDOT issues; economic impacts of cycling; overcoming barriers to bicycling; Bike Planning 101; and more. For more information, visit <http://www.bikelib.org/>



Let's Ride!

John Harrington, QCBC president



Cabin fever anyone? Where are those warm temps?

Spring Picnic. After you've attended the Spring Tailwind Ride on Saturday, May 4, please plan to attend the QCBC Spring Picnic at Illiniwek Park in Hampton, Ill. on Sunday, May 5.

Darlene Moritz will lead the mid-paced ride at 9 a.m. We may have leisure-paced and fast-paced rides as well (all rides will be posted at qcbc.org). Lunch will be at noon with hot dogs, hamburgers, drinks and salads. Please consider bringing a dish to share. The rides and lunch are open to members and guests at no charge.

Volunteers Gotta love'em. Doug Truesdell recently received the following email from Dan Vande Voorde. "Do you need any volunteers for TOMRV this year? I'm no longer a member of the club but rode TOMRV many times. Would be willing to help on Saturday of TOMRV or Friday evening. Let me know if you could use me. Just feel like I owe you guys for all of the fun I had and this would be a way to re-pay for all those rides I took. I still ride but not long distances. Thanks, Dan V. V."

Well, it doesn't get much better than that does it folks?

QCBC Message Board. Speaking of volunteers, is anyone interested in updating our message board at Eastern Avenue Park? Once a month you'd add a new ride schedule and any notices about our big events (TOMRV, Quad Cities Criterium, etc.). Please contact me at jwhjkh@gmail.com.

50th Anniversary. The club's 50th Anniversary is in 2014. We have come a long way from a kitchen table discussion to one of the largest and best clubs in the United States. Plans are being developed to celebrate our distinguished past and our plan for the future. Stay tuned.

This May in QCBC bicycling history

By Joe Jamison

Bicycling trivia:

The first organized bicycle race was held in Paris on May 31, 1868. It was a 1200 meter sprint won by Englishman James Moore in 3 minutes, 50 seconds. The following year, the first endurance race of 76 miles from Paris to Rouen also was won by Moore with an average speed of 7 miles per hour.

Quotes from the past:

"A lot of people think cycling started when they started racing. But there's so much history to talk about" --Greg LeMond

QCBC events/happenings from the past:

- 1973: In one of her last races before retiring from competitive cycling to enter nurses training, QCBC member, Debbie Bradley finishes as first woman overall at the Moline Criterium.

- 1983: It was reported that accommodations for lodging at Clark College for TOMRV participants were all taken. Also related to TOMRV was a report that fees from registrations had been deposited in a money market account drawing 8.7 percent interest. My, how times have changed.

- 1993: A program to increase club ride participation was initiated. Ride reports were submitted to newsletter editor Chuck Oestreich. Each month, a leaderboard showing the most active riders was published.

- 2003: Endurance cycling seemed prominent during this period. The newsletter had no less than three varying long distance events being promoted from separate sources, including a double century, a choice of a 6-, 12- or 24-hour challenge or an option of a 62-, 100- or 125-mile brevet style randonnee.





Pushing for Pedaling

Promoting bicycling advocacy

By *Chuck Oestreich*

Why did I do it?

That's the question I constantly ask myself. Why did I somehow come up with a 264-page novel about a guy rolling across the roads of mid-America on a bike.

There are three answers, although there probably are more.

1. I don't know of any other novel where the hero is on a protracted bike ride, one not of his own choosing.
2. I had a wealth of memories of doing many of the things that I put my bike-riding guy through.
3. I was an English major and teacher. It's similar to what makes art teachers produce paintings, biology teachers go camping, history teachers run for office, and gym teachers become coaches.

By the way, stop right where you are if you don't want to read about something that I have for sale. I'm really skittish about that point, and I don't want you to feel you are in debt to me, that you have to buy my book just because you read this column. That's why I'm not having any book-signing events. I don't want people to feel they have to buy the book just to pat me on the back and say, "You wrote a novel? Well, good job."

I go to the library for books. So I'm donating a couple copies of my book to each of our libraries. Borrow the book with your library card. You don't have to buy it.

Oh, yes, the book.

It's called "Bicycle Moon," and it's published by Createspace and available on Amazon in paperback and as an ebook on Kindle. It sells for \$10 as a paperback and \$5 as a download.

Back to the original question. Why, and especially why a novel? The bicycle world is full of narratives of the various trips that bicyclists go on – from riding through cities, to going cross-country, all the way to some world-ranging bicycle adventures. Some of these are very good, but their focus is on bicycling itself. I wanted something else to focus on.

I found it by having my hero drinking a few beers in a seedy dive in Washington, D.C. A fellow at the bar keeps looking at him. Soon my hero realizes the man is the spitting image of him. My hero is a bicyclist, but not a happy one. He's in a deadbeat job and a deadbeat marriage.

What if he could be someone else – someone with the identification papers of that fellow at the bar?

What if indeed.

Pretty soon he not only has a new identify and is roaring down the back roads of mid-America on a bike, but he slowly comes to the conclusion that someone is following him and that someone is not a vary nice person.

The hero's bike turns out to be the almost perfect vehicle for evading the man who's after him. He has mobility, camouflage, and a very low profile. He's both fleeing and free.

In a little town in Kentucky he has an accident on a moonlit evening and is rescued by the good looking female bicyclist he followed down the town's hill. That leads to . . .

Well, it's the first of a number of adventures that transforms his trip of into one of self realization. He meets up with a week-long tour that follows a Kentucky river; he signs on with a couple who manages a carnival's ferris wheel; he has a fling with the woman owner of a spook house concession at the carnival.

He doesn't quite get to the Quad-Cities, but he does visit Morrison, Illinois.

But throughout the story, he is drawn to a small town in Iowa, to find out the answers to many of his questions. And wouldn't you know, a massive bike ride linking some of the towns in Iowa just happens to be taking place when he pulls into town on his pannier-loaded bike.

"Bicycle Moon" has much about the feeling people have as they bike travel. But it also has romance, suspense, interesting characters, and a heinous murder mystery.

Why did I write it? Take this paper bike ride with me and you might find the answer.

Spring Tailwind Century on May 4

By Don Luth

Join us for the 2013 Spring Tailwind Century Ride on Saturday, May 4. We'll start to load bikes at the Ben Butterworth Parkway at 6:30 a.m. and leave at 7 a.m. for our starting destination. There will be two buses, with a limit of about 90 people. The drive normally takes about two hours.

Once there, we'll unload the bikes and send you on your way after handing out cue sheets. We will have a secure area (probably a locked trailer) for any gear you don't want to haul back on your bike. The entry fee is \$25. There will be a basic sag stop about 50 to 60 miles into the ride, with water, Gatorade, sub sandwiches and other goodies.

Every route has plenty of small towns with services along the way if you need a full lunch. If you are planning to ride, sign up at Get Me Registered (click the link at qcbc.org). The Tailwind Committee is comprised of Dave Thompson, Janette Harrington and Don Luth.

We need two volunteers to drive Penske trucks to the ride destination. Call Janette Harrington at 563-343-0464.

QCBC sets up at RI health fair

By Charles Curry

Hundreds of people passed by the QCBC table at the city of Rock Island Benefits and Wellness Fair on March 28 at the QCCA Expo Center. Promoting the QCBC and local cycling scene were Chuck Oestreich, Tom Scott, Dean 'Bareback' Mathias, and Charles Curry.

Bicycle education in and around Iowa and Illinois

By Donnie Miller

It is the mission of the Quad Cities Bicycle club to promote, encourage, and support, the safe participation in bicycle riding of all ages and abilities, as well as to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities area.

On Feb. 21, the QCBC taught bicycle and helmet safety to 312 kindergarten through fifth graders in the QC Safekids for a bicycle safety program at Colona Grade School. It was part of their safety week and we were invited to give a presentation, and the kindergartners all received a helmet through a grant from Safekids Worldwide.

This year, with the East Moline/Silvis Rotary Club's "Lid's for Kids Program" we will give out helmets to first graders at Hampton, Eagle Ridge, and George O'Barr Elementary School's. We will add Bettendorf's six elementary schools to our program. We will give them about 350 helmets. You cannot believe the feeling you get giving away helmets to children, especially seeing the smiles on their faces.

We had a rodeos for The Milan Optimist Club on April 13, in the University of Illinois Extensions parking lot where we saw around 80 kid's on a cold and windy day. They all received a new helmet and were in a drawing for a bike give-away. Also, the QCBC's Great Big Bike Rodeo will go on again during the QC Criterium. Our chairperson is William Huntsberger and his email is Sa1nTSw1th1N@aol.com if you'd like to help.

Lastly, I was hired by the Illinois Valley Wheelm'n and gave a five-hour Rider Leader Training to about 30 people in Peoria on April 6.

Finally a novel about biking!



BICYCLE MOON

A novel of Discovery . . .

On the road . . .

On a bicycle . . .

Available at Amazon.com

Paperback—\$10 e-book on Kindle—\$5

Bike Touring and Book Writing

The author, Chuck Oestreich will informally discuss the novel, and lead a discussion about practical tips for bike touring.

Monday, May 13—6:30 to 7:30 pm

Rock Island Main Public Library

401—19th Street

Ride the Challenge on Aug. 17

By Dick Grimm

The annual Ride The Challenge Ride to help the Miracles Can Happen Boys Ranch in Wilton, Iowa, will be held Aug. 17.

If you have ridden it before, we hope you will be back to ride on our new date. This year, we have moved the Challenge to Aug. 17, to catch the warmer weather and hopefully fairer skies. We also are trying to avoid as many conflicting activities as possible. With the route roads resurfaced last year, the routes should be better and smoother to ride.

The routes go through a variety of towns heading towards the Wapsi River valley. There are four main routes of 25-, 55-, 75-, and 100-miles plus the flexibility to adjust route lengths as needed. We also have four sag stops along the routes with plenty of Hy Vee pastries and sub sandwiches for the longer routes.

With the pastries, pies and cakes that were donated, a rider could easily finish on a sugar high.

This year, we again will start with a homemade breakfast prepared by Jim and Cathy Fry, with the help of the ranch staff and the young men of the ranch. We also will have after-ride root beer floats with pie and cakes available with a tax deductible "Love" donation.

The Miracles Can Happen Boys Ranch is a Christian Home atmosphere designed to help troubled boys suffering personal problems in their lives. The ranch doesn't receive any government aid, so it's through donations and fundraisers like the ride that they generate money to handle the costs associated with taking care of the young men.

Riders can register online, or download a registration form at the ranch website: www.mchboys.com. The cost is \$20 for those who register by Aug. 3, or \$25 after Aug. 3 until the day of the ride. Early registrants will receive a free t-shirt. Registrations and all donations are tax deductible.

For more information, check the ran website or contact Dick Grimm at rlgrimm@netexpress.net or 563-445-7797.



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The arch of the foot supports the entire foot, and therefore your entire weight. When the arch begins to fall from age, arthritis, overuse or trauma, flat feet can be the result. Over time, the foot can become more stressed because of the lack of arching. This can result in other common foot problems, such as hammertoes and heel spurs.

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criterium volunteer opportunities

By Donnie Miller

Criterium director

We have some volunteer opportunities available for the May 27 2013 Quad Cities Criterium:

Registration: Work the registration desk and meet the people registering to race or picking up packets for their teams. You get an interesting insight into the race when you meet them.

Contact chairman Jane Garrett at 563-441-9115, jandj97@mchsi.com

Corner marshals and crossing guards: See what's going on during the race and help racers stay safe at the same time. Corner marshals monitor street crossings to stop spectators from crossing in front of racers, and alert medic of any crash in the area. Crossing guards monitor select areas that we have set up to let spectators cross.

Contact chairmen Deb and Dean Mathias at 309-787-6547, mathiasdebdean@peoplepc.com

Bicycle parking: We'll have protected and monitored bicycle parking for volunteers and spectators who bicycle to the event in an area behind the start/finish service on 2nd Avenue. We need attendants to check bikes in and out and keep an eye on them. Attendants will have a chance to see races all day and mingle with the podium finisher as they wait for their awards and pictures.

Contact chairmen Jackie Chesser and Dave Weckel at 309-269-1510 (Jackie), jchesserqc@gmail.com

T-shirt sales: For anyone who likes to sell and be part of the action.

Call chairman Dan Morgan at 704-299-9884, todanm@gmail.com

Wheel pit: If you "know your wheels" or want a quick, practical lesson, join the Wheel Pit Crew dubbed "Mud or Blood" and be a part of the best wheel pit in the Midwest.

Contact chairman Randy Moreland at 309-738-2475, bikeone@live.com

Prize desk: You may not get a prize but you do get to see how it's done and rub elbows with the winners.

Contact chairman Darlene Moritz at 563-386-4499, dmoritz@access.net

Trikes and youth races: Volunteers are needed for registration and a "Trike Wrangler" to line up the trike racers.

Contact chairman William Huntsberger at 563-340-9777, Sa1nTSw1th1N@aol.com

Logistics and course set-up: Volunteers are needed for course set-up and teardown.

Contact chairman Adam Jackson at 309-781-4112, ajackson6382@yahoo.com

Bike rodeo: Volunteers are needed for course set-up, running the stations and teardown.

Contact chairman William Huntsberger at 563-340-9777, Sa1nTSw1th1N@aol.com

Rider packet labels: After registration closes on Monday night the week before the race, we need a couple of people to label race packets for registration. This should take only a couple of hours on Tuesday or Wednesday night (May 21 or 22). If you want to help but can't be at the race, this would be a great job for you.

Contact Vivian Norton at 563-355-1899, vjoan@q.com.

Shifts are available from 7 a.m. to 6 p.m. on Memorial Day.

Volunteers will receive: \$6 in free food and drink coupons good at the Criterium food/drink vendors; a much coveted Criterium t-shirt; free entry to one night at Gumbo Ya Ya in the District. <http://gumboayafestival.com/>; and the satisfaction of helping to put on a great Criterium.

Call Vivian Norton 563-355-1899, vjoan@q.com to discuss volunteering.

Go birding and biking May 4 in Wapello

A Birding and Mt. Biking Outing will be held May, 4, at 12635 County Road G56, Wapello, Iowa. Look for County Road X-61 and 120th Street, in the large parking lot near the fishing pier close to the boat landing on the east end of 120th Street that connects with county road X-61.

They'll begin catching and banding song birds at 7 a.m. People who don't want to help band, can come later in the morning for the mountain bike ride later in the morning.

Bikers will start in the large gravel parking lot near the fishing pier and take a four-mile loop that is hard packed gravel with the option of side trips on hard-packed grassy paths. At the south end of the loop is an observation platform for bird watching.

The refuge is requesting people call ahead to give them an idea of how many bikers to expect. Call 319-523-6982 or 319-523-8381 and ask for Cathy Henry or Katy Dice.

Riding the Arkansas River

By Ken Urban

A business trip in late February gave me an opportunity to explore some great bike trails along the Arkansas River. Like the Quad-Cities, several communities along this major river have embraced the recreational opportunities along the water.

Tulsa, Okla. has more than 80 miles of recreational trails in the metro area. The main trail on the riverfront is often on parallel paths between bicyclists and pedestrians. On a busy 70-degree Sunday afternoon, I appreciated having the separation.

There is a series of large bronze wildlife sculptures between the trail and road. The trail runs by the historic Route 66 and features a great monument to the highway. A converted railroad bridge over a spillway is the most interesting place to cross the river to additional trails on the other side and offers a great view of the Tulsa skyline.

Fort Smith, Ark. is where I spent most of my week for business. A full schedule and a surprise snow storm cut into my riding. The trail system is somewhat limited, but has great potential to be part of a proposed cross state trail system along the river.

Little Rock was my favorite stop during the week. There are several interesting bridges connecting the trail system from Little Rock to North Little Rock. Starting near the new Clinton Presidential Library, there is a remodeled Rock Island Railroad bridge that is fully paved. The next is Junction Bridge, another old railroad bridge and the only pedestrian/bike bridge in the country with a lift span. The span is now stationary, but elevators take you up and down to the various levels.

At 4,200 feet long, the Big Dam Bridge is said to be the longest bridge in the world built solely for recreational use. It spans a lock & dam at 90 feet over the water. The southern side of the bridge splits to send you to downtown Little Rock or up the river to Two Rivers Bridge and Park area. The bridge is lit up at night with changing colors.

Little Rock has the first trail system I've seen with permanent bicycle repair stations fully equipped with tools on cables along with bike pumps.

Finding places to ride in a strange area can sometimes be a challenge, but these cities made it very easy. Check them out if you get a chance.



QCBC RAGBRAI Charter Service for Lottery TAG Holders

Attention cyclists interested in joining our RAGBRAI Charter Service.

Our QCBC Preferred Charter Registration ended in February but lottery TAG applicants may join our annual charter across Iowa. Paid reservations will be accepted for those who entered the lottery for RAGBRAI XLI. Proof of registration through the Des Moines Register is required because you must hold a lottery TAG in order to accompany us on our charter. See our "2013 Charter Service for Lottery TAG Holders" registration located in this issue of Pedalwheeling for available options and pricing. And go to www.qcbc.com and click on the "RAGBRAI" located in the RH column for complete details and instructions.

Thank you,

Dixon

Dixon J. Novy

Q.C.B.C. RAGBRAI Registrar

dxnvy@mchsi.com

(563) 221-9093 **See registration form on page 10**

QCBC Randonneurs overcome the winds of April

By Joe Jamison

It's the toughest group of cyclists I've ever been associated with. I've seen individuals who were tougher, but for a group—not in my experience.

At 5:45 a.m. on April 6, while waiting at the Comfort Inn in LeClaire, Iowa for the 6 a.m. start of the 200K brevet to Bellevue and back, the seven randonneurs knew what faced them later in the day on their southbound return to LeClaire—a headwind of 20 to 30 mph with gusts exceeding 40 mph.

The 61-mile trek to Bellevue was at a pace designed to conserve energy with all riders arriving around four hours after the start. The return south was a "death march" with riders trying to achieve and maintain a 10 mph average.

Matt Levy, in his report on the Big Dog website, recalled being stonewalled by the 40+ mph headwind and on one occasion having to unclip to avoid falling.

The QCBC was well represented by the participation of Paul Carpenter from Batavia, Ill., Matt Levy from Silvis, Ill., Josh Lederman from Bettendorf, Iowa, (doing his first brevet) and Wayne Hanno of Davenport, Iowa, who, incidentally, rode a single speed. Every rider who reported at the start finished this early season brevet.

Cruisin' the Celtic Isles

By Joe Jamison

Luck of the Irish? Maybe. At least we were spared snow and rain at 9 a.m. on March 16, but 40 degrees and a 12 mph north wind makes for a leprechaun's nippy behind.

But the Irish are a tough breed and more than 50 riders turned out and all swore to having green blood. Of all the riders, seven were not QCBC members. Perhaps we'll see some new members out of our invitation to the public.

Yes, no longer "Tour of the Islands". We've waited on the shores of the Mississippi since 1990 for that promised cruise liner to show up and that's enough. From now on, we're all about shamrocks, leprechauns, pots of gold, green beer and "Cruisin' the Celtic Isles."

Not all Tour of the Island perks were discarded, however. There still was the prize for the best poker hand. Cheating, which is common in this exercise, was much less overt than in years past, but never-the-less, Bryan Baker managed to scrounge up a royal flush to take one of the \$25 gift cards. Then the oldest and youngest riders are treated to a free lunch. Aaron Clark, 6, got one meal ticket, and Barb Donald the other. Aaron, by the way, was the stoker-on-tandem for his dad, Rich, and he'll be pushing Dad this summer during RAGBRAI. The much hyped "Pot of Gold" which was touted to contain the leprechaun's treasure, was mostly ignored during the riding part of the day. It wasn't until we offered Marvin Fussell a look into the pot that he fished out the "key" to the treasure, which was another \$25 gift card. Based on this experience, I don't think Quad-Cities leprechauns have much to worry about regarding their treasure.

Cold weather discouraged lunch in the Front Street Brewery's beer garden as planned, but the fine folks at the restaurant seated us in their basement banquet room and the weather didn't matter.

Let's send a huge shout-out to Jane Garrett, Rosemary Jamison and Darlene Moritz for their ride support. Volunteers are essential to the survival of a club such as ours. Never pass up an opportunity to pass on your appreciation. Until next year, "Let the wind be at your back and the road rise up to greet thee.... or at least provide a friendly wheel to follow." Or something like that.

QUAD CITIES BICYCLE CLUB – RAGBRAI XLI 2013 Charter Services for Lottery Tag Holders

The Quad Cities Bicycle Club will provide charter services for riders who obtain their RAGBRAI tags from the Des Moines Register. Proof of your RAGBRAI TAG is required - Attach a copy of your lottery number from the RAGBRAI email or a photocopy of your bike and wristband tags.

Use a separate form for each person. Make checks payable to QCBC - RAGBRAI. Packet Pickup/Check In/Bike Loading is Friday, July 19, 4:30 - 6:30 p.m. (at the Isle Casino/Hotel in Bettendorf). Riders and gear load Saturday, July 20 for Council Bluffs at 6:15 – 6:45 a.m.

Free long term covered parking for our guests using any of our Charter Service amenities. Our charter service always starts and ends in the Quad Cities/Bettendorf.

CHARTER GUEST INFORMATION – please print the following

Name - Mr or Ms _____ Birthdate: MO/DAY/YR / /
(PLEASE PRINT) (REQUIRED)

Your RAGBRAI Wristband Tag # _____
(REQUIRED - PLEASE PRINT)

Address _____ City _____ State _____ Zip _____

Cell/Contact Phone # _____ Other Phone # _____

Adult sponsor if under 18 _____ E-Mail _____
(REQUIRED - PLEASE PRINT)

TYPE OF BICYCLE YOU ARE RIDING? Road/MTB ___ Tandem ___ Recumbent ___ Other _____

Are we transporting your bike to the starting city? Yes ___ No ___

PLEASE INDICATE SERVICES BELOW	
*Bus/Baggage/Bike transportation out only - 0645 hrs on July 20 th Bettendorf to Council Bluffs	\$105.00 _____
* Baggage service and camp site for the week (PROVIDE OWN WAY OUT TO COUNCIL BLUFFS)	\$105.00 _____
<u>or</u> COMBO Bus Transport out, Baggage and Camp for the week	\$200.00 _____
+ Return Bus & transport bike/gear (Fort Madison to Bettendorf) (INCLUDES SERVICE TO QC INTERNATIONAL AIRPORT IN MOLINE- MLJ)	\$65.00 _____
Baggage service and camp site (Daily/Per Night Rate) (FOR PARTIAL WEEK WRISTBAND HOLDERS ONLY)	\$25.00 _____
RAGBRAI XLI Jersey Raffle to benefit the youth Dream Team (size _____)	\$5.00 _____
Total \$ _____	

Every cyclist must sign this liability waiver. If you are under 18, your sponsor must also sign. In signing this form for myself or another, I understand and agree to absolve all of the sponsors and organizers, singly and collectively, of all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of taking part in RAGBRAI XLI or in any of the activities associated with RAGBRAI XLI.

Signature of rider _____ Date _____

Sponsor's signature, if rider is under 18 _____

Mail this Form & Payment to: Dixon J. Novy c/o QCBC
704 12th St. DeWitt, IA 52742
563) 221-9093 - Evenings

Please identify any e-mail inquiry subject as QCBC dxnvy@mchsi.com

03/13

The ride schedule was accurate at the time we published the newsletter.

Some rides may not have been submitted in time.

The QCBC website <http://qcbc.org/rides/> will have the most up-to-date schedule.

May 2013—Ride Schedule

May 01	Wed-morning	Wednesday Morning Combined ride, riders determine the distance, pace, includes break-fast stop	25+ miles	8:00AM	HyVee- Kimberly Rd/ Spring Street, Davenport	Darlene Moritz 563-386-3499
May 04	Mid-paced	Saturday morning ride- Riders choice Route determined by participants.	25+ miles	9:00AM	Eastern Avenue Park, Duck Creek Pkwy- Davenport, IA	Riders Choice
May 05	Mid-paced	Sunday morning ride- Spring Picnic Ride	35-40 miles	9:00AM	Illiniwek Park, Hampton, IL	Darlene Moritz 563-386-3499
May 08	Wed-morning	Wednesday Morning Combined ride, riders determine the distance, pace, includes break-fast stop	25+ miles	8:00AM	HyVee- Kimberly Rd/ Spring Street, Davenport	Darlene Moritz 563-386-3499
May 11	Mid-paced	Saturday morning ride- Rock River loop to Hillsdale. Scenic route on lightly traveled rural roads.	35 miles	8:00AM note earlier time	East end of Ben Butterworth Pkwy, Old River Dr. & 55th Street, Moline	Bill & Kathy Storm 563-355-2564
May 12	Mid-paced	Sunday morning ride- Ride through western Scott County Route will be determined by wind direction.	40-45 miles	8:00AM	Emeis Golf Course parking lot, Davenport	Ken Urban 563-343-9118
May 15	Wed-morning	Wednesday Morning Combined ride, riders determine the distance, pace, includes break-fast stop	25+ miles	8:00AM	HyVee- Kimberly Rd/ Spring Street, Davenport	Darlene Moritz 563-386-3499
May 18	Mid-paced	Saturday morning ride- Armed Forces Day riverfront ride. Tour along both sides of river with loop through the Arsenal. Make sure you have I.D. to gain entrance to RIA.	45 miles	8:00AM	Isle of Capri- Bettendorf (west covered parking area)	Dixon Novy 563-221-9093
May 19	Mid-paced	Sunday morning ride- Henry County ramble Heading for Bishop Hill, but destination may vary depending on winds.	55-60 miles	8:00AM	Colona Grade School, 700-1st St., Colona	Don Flynn 563-340-4959
May 22	Wed-morning	Wednesday Morning Combined ride, riders determine the distance, pace, includes break-fast stop	25+ miles	8:00AM	HyVee- Kimberly Rd/ Spring Street, Davenport	Darlene Moritz 563-386-3499
May 25	Endurance	Choose either a 200K from Eldridge to Nichols, IA & return, or The 300K from Eldridge-Nichols -Morning Sun & return	Brevet 200, 300K	6:00AM	Sleep Inn, Eldridge, IA	Joe Jamison j-jamison@sbcglobal.net
May 25	Mid-paced	Saturday morning ride- Bike Path Century. Up & back on Great River Trail. Turn back at any point for do full route to Savanna.	102 miles	8:00AM	East end of Ben Butterworth Pkwy, Old River Dr. & 55th Street, Moline	Dick Wolbers 563-332-9906
May 26	Mid-paced	Sunday morning ride- Explore NE Scott County Good mix of terrain.	40-45 miles	8:00AM	Crow Creek Park, Devils Glen Road, Bettendorf	Michael Hughes 563-332-5605
May 29	Wed-morning	Wednesday Morning Combined ride, riders determine the distance, pace, includes break-fast stop	25+ miles	8:00AM	HyVee- Kimberly Rd/ Spring Street, Davenport	Darlene Moritz 563-386-3499
Jun 01	Mid-paced	Saturday morning ride- 4 club invitational ride. Geneseo to Bishop Hill. Join riders from Muscatine, Iowa City & Clinton bike clubs on ride to one our favorite destinations.	45 miles	8:00AM	Geneseo, IL (starting location to be determined)	Ken Urban 563-343-9118
Jun 02	Mid-paced	Sunday morning ride- TOMRV training ride Plenty of hills to prepare you for next weekend.	50-55 miles	8:00AM	Airport Park, Moline	Dave & Melinda Thompson 309-764-5030
Jun 05	Wed-morning	Wednesday Morning Combined ride, riders determine the distance, pace, includes break-fast stop	25+ miles	8:00AM	Hardees, 425 55th St. Moline	Darlene Moritz 563-386-3499
Jun 12	Wed-morning	Wednesday Morning Combined ride, riders determine the distance, pace, includes break-fast stop	25+ miles	8:00AM	Hardees, 425 55th St. Moline	Darlene Moritz 563-386-3499
Jun 15	Mid-paced	Saturday morning ride- Reynolds and beyond-loop in Southern Rock Island County.	45-50 miles	8:00AM	Thermo King- R.I. Industrial Park, Rock Island	Jason Kratz 309-373-4980
Jun 16	Mid-paced	Sunday morning ride- Fathers Day Ride around Scott County. Route dependent on weather.	45-50 miles	8:00AM	Eastern Avenue Park, Duck Creek Pkwy- Davenport, IA	Bill & Kathy Storm 563-355-2564
Jun 19	Wed-morning	Wednesday Morning Combined ride, riders determine the distance, pace, includes break-fast stop	25+ miles	8:00AM	Hardees, 425 55th St. Moline	Darlene Moritz 563-386-3499
Jun 22	Endurance	Choose either a 200K from Eldridge to Nichols, IA & return, or The 300K from Eldridge-Nichols -Morning Sun & return, or The 400K which follows the 300K on to West Point, IA & back.	Brevet 200, 300, 400K	6:00AM	Sleep Inn, Eldridge, IA	Joe Jamison j-jamison@sbcglobal.net
Jun 22	Mid-paced	Saturday morning ride- Metro Metric Century on QCA trails. Two start times Early start for doing all the miles. Check website for more info.	62 miles	7:00AM 8:30AM	iWireless Center- Moline west parking lot	Dixon Novy 563-221-9093
Jun 23	Mid-paced	Sunday morning ride- NE Scott County route Good mix of terrain.	45-50 miles	8:00AM	Crow Creek Park, Devils Glen Road, Bettendorf	Craig Johnson 563-332-9709
Jun 26	Wed-morning	Wednesday Morning Combined ride, riders determine the distance, pace, includes break-fast stop	25+ miles	8:00AM	Hardees, 425 55th St. Moline	Darlene Moritz 563-386-3499

New members

Berry, Bob	Davenport, IA	583-343-2099
Carlough, Leona	Moline, IL	day 309-737-2395
Davies, Patrick	Bettendorf, IA	day 202-596-9193
Doyle, Garry , & Gayle	Coal Valley, IL	309-236-9887
Duhm, Ken , & Marceia	Moline, IL	day 309-269-8184 eve 309-762-0759
Griffith, David	Albany, IL	402-250-4743
Hanno, Wayne	Davenport, IA	day 563-340-3232
Johnson, G L	Galesberg, IL	309-337-9592
Pierson, Brandon	Bettendorf, IA	day 309-798-1521
Schluez, Sheryl , & Jason	Moline, IL	day 309-738-9530 eve 309-738-9518
Smith, Gregory , & Marcia	Richland Center, WI	day 608-475-2040
Stephens, Burton , & Tracy	Moline, IL	
Sweeney, Susan	Davenport, IA	day 563-340-2214

QCBC Membership Totals

Membership type	# of memberships	# of members
Comp	12	12
Couple	223	446
Family	129	416
Ind.	378	378
Life	3	5
Grand total	745	1,257

A nice Wednesday morning ride

By Darlene Moritz

I decided to show up for the ride with no leader. There were four people I didn't know—Jamie from Iowa City, Steve, Jared, Mark and Charles, a guy from the Wednesday morning rides. We decided on a route to Buffalo. Temps were great in low 40s, with tolerable winds. After breakfast, the guys asked how we should go back and I suggested three options. They decided on the hilly way back, although none of them had been on the route before. They enjoyed the route and we enjoyed the wind when we could. Most everyone got 40 miles in, some a little more. So come out and enjoy roads and routes one of these days, even when there is not a route leader. Someone may show up and have some ideas. 'Til the next ride.

Quad Cities Bicycle Club
P.O. Box 3575
Davenport, IA 52808

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Davenport, Iowa

RETURN SERVICE
REQUESTED

QCBC— the 6th largest bicycle club in the U.S.

UPCOMING EVENTS

May 4—Spring Tailwind (page 5)
May 27—Quad Cities Criterium (page 1,7)
June 8-9—TOMRV
July 20-12—RAGBRAI (page 9,10)
Aug. 17—Ride the Challenge (page 6)



ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING