



Pedalwheeling

Monthly Newsletter of the Quad Cities Bicycle Club — April 2011



Modern Woodmen Bank Q-C Criterium

By Donnie Miller

This year we'll be working with the Nature Valley Grand Prix (NVGP) stage race in Minnesota. The Memorial Weekend races; specifically our race, the Snake Alley Criterium and Melon City Criterium, will be used as an omnium to create a point's series, only for non-pro Men's Category 1 and Women's Category 1/2 racers.

This omnium will be the last in a six-weekend series of qualifiers to select one male and one female to build an Elite Amateur composite team to race on two six-person teams to compete in the NVGP.

These six selection races are in Austin, Tex., Charlottesville, VA., Salt Lake City, Boston, Seattle and here for the final weekend. Since our weekend is last in the qualifying process, we will see some talented amateurs show up to compete for the last two spots on the composite teams. NVGP race director Dave LaPorte compares this to American Idol for bicycle racing. Those racers that normally might not get a bid to join a pro team have a shot this way.

The Modern Woodmen Bank Quad Cities Criterium also will have new family activities this year. The River Bandits will collaborate with us to have fun family stuff to do along with the QCBC's Great Big Bike Rodeo to teach bike safety, from 9 a.m. to noon.

We'll also have the Illinois Masons Child ID Program to do fingerprinting, DNA swabs and a DVD of the child speaking against a height chart, to give parents a record in case of emergencies. Bring your kids, bikes or trikes and helmets.

The kids will then get to race their first criterium in the Roger De Langhe Memorial Kids Bike and Trike Races in the noon hour. Mom and Dad can race the Beginner's races in the morning to see what it's like too. We'll also have a day's worth of fun for kids in the rodeo area..

Contd. on page 5



Quad City Bicycle Club board member Laurel Darren, left, with long-time club member Linda Lueders, in Dubuque during last year's TOMRV. This year's TOMRV will be June 11-12. Laurel will be the newsletter's next editor within the next few months.

See story page 5

Key Contacts

Officers:

President - John Harrington (563) 940-6023 or jwhjkh@gmail.com
 Vice president - Denise Duethman (309) 721-7276 or neuromanager910@yahoo.com
 Recording Secretary - Deb Mathias (309) 787-6547 or mathiasdebdean@peoplepc.com
 Treasurer - Darlene Moritz (563) 386-3499 or dmoritz@access.net

Quad Cities Bicycle Club
P.O. Box 3575
Davenport, IA 52808
www.qcbc.org

Board Members:

Terry Burke (309) 797-3790	Laurel Darren (309) 230-2484	Doug McDonald (563) 332-6774
Katherine Bain (563) 514-3066	Michael Hughes (563) 332-5605	Donnie Miller (309) 737-8270
Don Collins (563) 340-3476	Don Luth (563) 381-3750	Dave Thompson (309) 764-5030

Key Contacts: A complete listing of committee chairmen and key contacts is available on the club's website and in the front of the hard copy ride schedule and membership directory booklet.

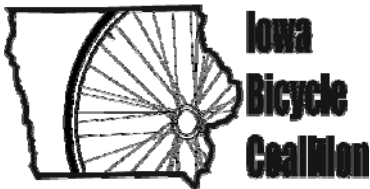
Mission Statement: To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities area.

Club Meetings: Are held twice a year at 7 p.m. the third Tuesday of March and October at Rivermont Collegiate, 1821 Sunset Drive, Bettendorf, IA. (3 blocks north of K & K Hardware). Contact Denise Duethman for program information: (309) 721-7276

Submitting Articles for Newsletter: Deadline is the 15th of the month. Please limit your article to 1 page in length. Email to: qcbceditor@yahoo.com Free want ads are available for members. **Commercial ads are available at the following rates: ¼ page or less - \$25, ½ page - \$50, and a full page - \$100.**

Major Activities of the Club Include: Tailwind Century in Spring and Fall, Spring Picnic, QC Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

Benefits of Being a Club Member Include: 12 issues of Pedalwheeling per year, annual Membership



www.iowabicyclecoalition.org



www.bikeleague.org



www.bikelib.org

QCBC Spring Adopt-a-Highway

By Ken Urban

The Spring Adopt-a-Highway trash pickup will be held at 4:30 p.m. Sunday, May 1, change from the traditional first Monday evening in May.

For several years, the club has helped maintain a two-mile stretch of Scott County Park Road (Hwy. 956). Please meet in the gravel parking lot west of the soccer fields near the intersection of F55 & 956. Wear sturdy shoes, long pants and gloves.

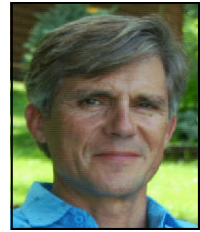
Volunteers will be rewarded with pizza after the work is done. Rain date will be Sunday, May 8.

For more information, call Ken Urban at (563) 326-3427



Let's Ride!

John Harrington, QCBC president



Great to see more riders on the road.

Route Maps. Hey. Check out this great new feature at QCBC.org. Club members now have exclusive access to 21 maps, cue sheets and elevation profiles of some of our best local rides. We've received many compliments such as "This is absolutely awesome. Great Job! If this doesn't get you out on the road this spring, nothing will. Thanks from a novice rider."

Also, "AWESOME!!! Kudos to all who put in the time to provide this great information!"

Many thanks for hours of hard work go to Terry Burke, Dave "Follow me and you'll never get lost" Thompson, Donnie Miller, Mike Moritz and Ken Urban, with helpful suggestions from Michael Hughes, Deb Mathias and Katherine Bain.

If haven't received notice of the user name and password, just email a completed form from the route map page.

Tour of the Islands. I hope that you had as much fun as I did on this year's ride. It was epic. The snow, rain and sleet were too good to miss. Thanks to Joe and Rosemary Jamison and Dave and Lori Parker for managing the ride and handing out food and drinks in the cold.

Spring Tailwind. Dave Thompson will lead our Spring Tailwind on Saturday, April 30. As usual, Dave will have several routes planned to make this your fastest century. Stay tuned for details.

Fred Blessin Memorial. The city of Davenport has appointed a new project manager. Dale Major tells me that he will re-start work on the memorial in March. He plans to have a ribbon cutting in early spring.

The collage features four cycling event posters. The top-left poster is for 'SPREE TOURING' and 'ARCADIA'S BRUTE', scheduled for Saturday, May 14th, 2011, starting in Arcadia, WI. It includes details about 100K and 200K routes and a registration link to spreetouring.com. The top-right poster is for 'KICKAPOO KICKER' on Saturday, June 25, in Virque, MI. The bottom two posters are for the 'WISCONSIN TRIPLE CROWN' event, with the website www.wisconsin-triplecrown.com.



Pushing for Pedaling

Promoting bicycling advocacy

By *Chuck Oestreich*

Localizing. Locally grown food, locally owned shops, locally produced energy, local entertainment and culture.

All promise to be big pluses for our local economy.

And now comes some figures from the American Automobile Association that should help us take a fresh look at another local plus: bicycling for transportation.

Americans spend an average of \$8,485 a year on their cars. At a time when energy prices are skyrocketing, that total probably is conservative.

We've known forever that cars are expensive. But here's the kicker, of that \$8,485, only about \$1,500 stays local. All the rest - about \$7,000 - goes other places - Detroit (well, maybe not anymore), Saudi Arabia, Canada, New York City, etc.

That \$7,000 goes towards the purchase price, finance charges and insurance payments, besides all that expensive gas and oil.

But only \$1,390 stays here and supports our local economy.

Now consider replacing that car with a bike.

How much do we spend on bikes for a year? Internet answers vary from \$687 all the way down to \$390. (If you buy used bikes, as I have been known to do, it's much lower.)

Perhaps \$500 is a realistic figure for an average city bicyclist, not a racer who spends mega bicycle bucks on light-as-a-feather machines. And much of that \$500 stays right here in the Quad-Cities. Manufactured bikes and parts come from elsewhere, but upkeep and maintenance money remains local.

By the way, local bike shops are back: In the past several months, two new shops have opened - Bike One on 16th Street in Moline, and Let's Ride on 9th Street in downtown Silvis.

Even though car owners do spend more locally than bike owners, it's really not that much more when you consider all the hidden costs we as taxpayers spend for automobile infrastructure.

All those potholes weren't caused by bicycles. It was Mother Nature and motor vehicles that made them and it's our city budgets that fill them in. Of course, potholes are a minor cost item compared to the enormous expense of building and maintaining streets and avenues. Can we say \$1 billion for one new bridge over the Mississippi?

By giving up a car, there will be some extra expenses for travel out of the immediate area - rental cars, plane tickets, transit fares, taxi charges, train tickets (hopefully) and the like. But that \$8,000 in savings will pay for itself many times over.

By using alternatives to car travel, you might find out how easy and timesaving other forms of transportation are. You can read the morning paper on a city bus, but don't try it while driving a car.

Forget for now the psychological and physical health benefits of using a bike rather than a car and just concentrate on the financial bottom line.

To help the local economy, biking can have a considerable impact.

As spring begins, go local. Put your foot on a bike pedal rather than an accelerator pedal.

Sign up for May 14 Balltown Classic

By **Dave Parker**

It's a race. It's a ride. It's 200 miles (or 100 if you prefer) through eastern Iowa hill country, from Dewitt to the picturesque hamlet of Balltown. Nestled on a bluff high above the Mississippi Valley, Balltown is home to Brietbach's Country Dining - a restaurant so popular it has risen from the ashes not once but twice in as many years.

For the competitive souls among us, there is the 200-mile all-out race. About 11,000 feet of climbing makes this a difficult course to hammer through, but where there is a record, someone is looking to break it.

The men's overall record is just over 10 hours, which means anyone hoping to take a shot at it better be ready to maintain a 20 MPH pace. The women's overall record has been set and reset every year for the last three years, and if my hunch is right there could be a face off in 2011.

This ride can be enjoyed by anyone with a taste for adventure. There are plenty of rest stops and refreshments, and if 200 miles is just beyond your reach, try the 100-mile option.

Visit www.ultramidwest.net for more information.

This year's TOMRV will be June 11 and 12

This year's TOMRV will be Saturday and Sunday, June 11 and 12.

Riders leave Saturday, June 11, from Bettendorf (106 miles) or Preston, Iowa (69 miles) and ride to Clarke University in Dubuque.

The next day, riders return using a different route to Bettendorf (90 miles) or to Preston (46 miles). The route is varied and scenic, using lightly traveled paved roads. There are many views of the Mississippi River. The route is hilly near Dubuque, with 6,000 feet of climbing on Saturday and 4,000 feet on Sunday.

You will have top-notch support services on the tour. The Quad Cities Bicycle Club provides many rest stops with free food and refreshments. Local civic and church organizations also will sell food along the way.

Emergency bicycle repair services will be available on the route and at Clarke University, where there also will be a free, secure bike lock-up area with an overnight guard.

After arriving in Dubuque, riders can enjoy the legendary TOMRV banquet, and Loras College, and University of Dubuque open their dormitories for our overnight stay.

TOMRV has good riding, scenery, challenging hills, good food, and a good time. Plan to ride with us this year.

Massage tables are available at Clarke on Saturday afternoon for a separate charge.

After your Saturday ride, relax at the Clarke Beer Garden. Each year we have live music.

There will be a drawing for three \$500 gift certificates redeemable at your local bicycle shop.

A breakfast buffet is available on Sunday morning at Clarke for a separate charge. The TOMRV 2009 photographs on this page are used by permission from Ken Urban.

Showers are available at Preston and at Bettendorf at the end of the ride.

Criterion, contd. from page 1

There will be an expo with expanded vendor booths and cycling-related points of interest, bike art, advocacy booths, and hopefully a local celebrity surprise.

The criterium marks the end of National Bike to Work Month. As a spectator or volunteer, ride your bike down and we will again provide secured bicycle parking around the start/finish area with an attendant or two on hand. Check it in, and we will keep your bike safe while you work and enjoy the races.

We will continue the tradition of treating the world's best volunteers to a post-race party at a location yet to be determined at 5 p.m., Friday June 3. The first keg of beer and finger foods will be on us.

Our normal start and finish service, Ten Speeds Productions, will bring state-of-the-art equipment to capture sprint finishes, plus two canopies and an awards stage in the middle. We'll have expanded ceremonies at the end of each race for podium photos by Ken Urban, for sponsors and race winners. The best Wheel Pit in the U.S., dubbed "Mud or Blood" will be in use again.

Tune in to see which pro teams will appear. With American cycling taking front row on the pro cycling scene, I hope we attract big names for the 46th Midwest's Best Bike Race. We'll continue the women's Category 2/3 race to give women more chances at some great competition and prize money.

The feature men's race will include the QCBC "Hot Spots Sprints," and we'll have a LAJRS race— Lance Armstrong Juniors Road Race Series—to give Juniors series points for possible inclusion in USA training camps.

Kenny Labbe, a teammate of Lance Armstrong on the US Postal Service Team, will announce again, with Kim West from the "Kim West Radio Cycling Show" in Des Moines announcing and awarding the "Most Aggressive Riders," and Dispatch columnist Laurel Darren will talk with the preems.

The Modern Woodmen Bank QC Criterium is the last race on Memorial Day weekend, with the Burlington Road Race on Friday, Snake Alley Criterium on Saturday, and Melon City Criterium on Sunday.

The best are the outstanding QCBC volunteers who make it all happen. Volunteers get an official T-Shirt, the volunteer party and vendor coupons for a sandwich and beverage.

To volunteer, call:

Corner marshal: Dean Mathias, 309-737-8429 (c), mathiasdebdean@peoplepc.com

Registration: Vivian Norton, 563-355-1899, vjoan@q.com

T-shirt sales: Lisa Wessling, 563-320-1819 (c), lwessling@mchsi.com

Wheel pit: Manny Martinez, 563-386-5533 (w), manuelmarcus@gmail.com

Prize desk: Darlene Moritz, 563-210-0345 (c), dmoritz@access.net

Volunteer coordinator: Vivian Norton, 563-355-1899, vjoan@q.com

Course set-up/teardown: Adam Jackson, 309-781-4112 (c), ajackson6382@yahoo.com

Kid's bike/trike race: Dean Mayne, 563-650-1026 (c), e.mayne@mchsi.com

Bike rodeo: Dean Mayne: 563-650-1026 (c), e.mayne@mchsi.com

Spring Tailwind Ride will be April 30

By Dave Thompson

The spring tailwind ride will be held Saturday, April 30. I have eight routes set up to drive out and drop off riders for a 100-mile ride back with a tailwind (hopefully).

All starts and finishes will be from the Ben Butterworth Parkway parking lot. So no phone calls or worrying about where the start will be from.

We will have a catered lunch 50 to 60 miles into the ride. Every route has plenty of small towns with services along the way if you need them. We'll start to load bikes at 6 a.m. and head out at 7 a.m. to our starting destination.

There will be a 95-person limit for the ride (two busloads). The drive normally takes about two hours. Once there, we'll unload the bikes and send you on your way.

Improved and easier to read cue sheets and maps will be handed out. We will have a secure area (probably a locked trailer) for any gear you don't want to haul back on your bike.

There will not be a rain date. If we're rained out, we'll give you free entry into the fall tailwind or next year's spring ride. There is no sag vehicle if you can't finish. It's early in the year, so think about your fitness level before riding.

The northern/western routes have a lot of hills and negate some of the benefit of a tailwind. All routes are posted on the QCBC website, where you can get accurate info on the difficulty of each route.

As entries come in, a list will be posted online, so you know you are in. Please send in the simple entry form and a signed copy of the QCBC waiver. Mailing deadline is April 26. Entry fee is \$20.

The QCBC picnic is the next day.

For more information, call (309) 764-5030 or email ultrabiker@sbcglobal.net.

For Sale: Rolf Vector Comp wheelset, red, 18-hole front, 20-hole rear, flat blade spokes, in good condition. Tires included (1 Continental Grand Prix 3000, 1 Bontrager Race Lite Hard Case). \$115. Call Kathy Loomis at (563)386-3429

A picture caption in last month's newsletter should have said Bradley Sutcliffe attended the RAGBRAI announcement party, but was not in the picture.

7th annual Sylvan Island Stampede will be April 10

A maverick class has been added to this year's Stampede. The class will provide an alternative for Novice Riders (Cat 3) who want to step up to a new challenge and Sport Riders (Cat 2) who want to be more competitive.

Other changes include a new start time. To make room for the Maverick class, registration begins at 7a.m. and racing begins at 9 a.m. Registration ends 30 minutes before each race. Or register online. There's a \$5 discount for registering online.

The classes are:

- Novice Men (Cat 3) - 9 a.m.— two laps—7 miles
- Novice Women (Cat 3) - 9:05 a.m.—two laps—7 miles
- Maverick* - 10:30 a.m. - three laps—10.5 miles
- Kids (10 and under) - 11:15 a.m.—short lap—short
- Sport Men (Cat 2) - 12:30 p.m.—four laps—14 miles
- Sport Women (Cat 2) - 12:35 p.m.—four laps—14 miles
- Expert Men (Cat 1) - 2:20 p.m.—six laps—21 miles
- Expert Women (Cat 1) - 2:20 p.m.—5 laps—17.5 miles
- Comp—2:22 p.m. - five laps—17.5
- Single Speed - 2:27 p.m.—5 laps—17.5 miles

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Call for QCBC 2011 Hall of Fame Nominations

By Joe Jamison

The 2010 induction ceremony of our first Hall of Fame members was a resounding success. This has to be attributed to the quality of the nominees submitted for consideration by the panel responsible for selection. Once again, the panel is asking the membership to submit the name(s) of a rider you know or have heard about who has accomplished significant levels of achievement in the category of road racing, endurance racing/randonneuring and/or adventure/touring.

Our club has a nearly 50-year history during which amazing cyclists have come and gone but sadly, their achievements are being lost to memory because we have not documented their stories. Our club's history will be much richer when we can refer to these men and women who set high standards and tell the world "these were QCBC members and this is who we are".

The rules are simple:


- Candidate must have been a QCBC member during the time of his/her accomplishments, unless:
- The candidate's accomplishments preceded 1964, the year QCBC was organized and then, the candidate must have been a Quad Cities resident.
- Hall of Fame Panel members may not nominate candidates.

So, please, help with this process. We have many in our number deserving recognition. You will find a nomination form in the pages of this newsletter. It is simple to prepare and then just drop it in the mail. Nominations must be received no later than July 01, 2011. Contact Joe Jamison if you have any questions.

Call (309) 235-4284 or email j-jamison@sbcglobal.net.

See sign-up form on page 8

Dr. Smith Answers Your Foot Pain Questions. **What is a Neuroma?**



Neuromas typically develop between the middle toes and cause tingling, numbness and/or sharp pain in the toes and ball of the foot.

"When bones press together, they can irritate a nerve, causing abnormal growth of nerve tissue called a neuroma," says Dr. Smith. "Wearing tight or narrow biking shoes can lead to neuromas."

Dr. Smith says neuromas may begin as a minor irritation, forming a painful lump if left untreated.

Reducing neuroma pain and swelling may involve:

- Orthotics and supportive, comfortable shoes
- Padding the ball of the foot
- Ice and massage
- Anti-inflammatory medications, injections, and surgery

Dr. Smith P.C.
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NOMINATING A CANDIDATE FOR QUAD CITIES BICYCLE CLUB HALL OF FAME

ABOUT YOU AS A NOMINATOR:

Your Name: _____
Phone: _____
E-Mail: _____
Address: _____
City-State: _____
Are you now or ever been a QCBC Member? Yes ___ No ___

Briefly describe your association (if any) with the person you are nominating. (Friend, riding partner, fan, other)

ABOUT YOUR CANDIDATE

Name: _____

Gender: _____

Living? Yes ___ No ___

Year Born _____

QCBC Member? When? _____

Note: Achievement before 1964 does not require QCBC membership.

Phone: _____

E-Mail: _____

Address: _____

City-State: _____

Identify the cycling accomplishment(s) which you feel should qualify your candidate's acceptance into the Hall of Fame. Be specific-for example: "Won silver medal in the World Junior Road Racing Championships in 2005". You should be prepared to provide documentation for that achievement which you deem most significant.

Send this form and all related material as an attachment to:

Joe Jamison
j-jamison@sbcglobal.net
(309) 235-4284
1101 20th Avenue
East Moline, IL 61244

April Ride Schedule

2-Apr	Saturday Morning Mid Paced Ride Spring warmup- bike path and beyond	25-30 miles 14-16 mph	9:00 AM	iWireless Center, West parking lot, 1201 River Dr, Moline, IL	Dixon Novy 563-221-9093
2-Apr	Saturday morning Fast-Paced Ride, one stop.	40-50 Miles 16-18mph	900AM	Eastern Avenue Park, Duck Creek Parkway.	David Thompson 764-5030, Gary Jones 359-5614
3-Apr	Sunday Morning Mid Paced Ride to Buffalo, Blue Grass and Walcott.	30+ miles 14-16 mph	9:00 AM	Emeis Park golf course lot, W Central Park & Emeis Park Ave., Davenport, IA	Ken Urban 563-326-3427
3-Apr	Sunday morning Fast-Paced Ride, one stop	40-50 Miles 16-18mph	900AM	East end of Ben Butterworth Park- way. Old River Dr. and 55th St, Moline.	David Thompson 764-5030, Gary Jones 359-5614
5-Apr	TUESDAY- Women's Only Rides - all levels	15 - 30 Mi TBD by group	5:30 PM	East end of Ben Butterworth Park- way. Old River Dr. and 55th St, Moline, IL.	Kathy Ramp 309- 738-8389
6-Apr	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
9-Apr	Saturday Morning Mid Paced Ride to LeClaire	27 miles 14-16 mph	9:00 AM	Eastern Ave. Park, Duck Creek Pkwy, Davenport, IA	Bill & Kathy Storm 563-355-2564
9-Apr	Saturday morning Fast-Paced Ride, one stop.	40-50 Miles 16-18mph	900AM	Eastern Avenue Park, Duck Creek Parkway.	David Thompson 764-5030, Gary Jones 359-5614
10-Apr	Sunday Morning Mid Paced Ride to Geneseo using quiet back roads. Flat route.	30+ miles 14-16 mph	9:00 PM	Colona Grade School, 700- 1st St., Colona, IL	Dick Wolbers 563-332-9906
10-Apr	Sunday morning Fast-Paced Ride, one stop	40-50 Miles 16-18mph	900AM	East end of Ben Butterworth Park- way. Old River Dr. and 55th St, Moline.	David Thompson 764-5030, Gary Jones 359-5614
12-Apr	TUESDAY- Women's Only Rides - all levels	15 - 30 Mi TBD by group	5:30 PM	Duck Creek Path (access from Lo- cust & Marlo Ave)	Kathy Ramp 309- 738-8389
13-Apr	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499

April Ride Schedule

16-Apr	Saturday Morning Mid Paced Ride. South Rock Island County rollers.	40+ miles 14-16 mph	9:00 AM	Milan Community Center/Camden Park Hwy 67, South of Milan	Deb & Dean Mathias 309-787-6547
16-Apr	Saturday morning Fast-Paced Ride, one stop.	40-50 Miles 16-18mph	900AM	Milan Community Center, Milan.	David Thompson 764-5030, Gary Jones 359-5614
17-Apr	Sunday Morning Mid Paced Ride. McCausland, NE Scott County	45 miles 14-16 mph	9:00 AM	Eastern Ave. Park, Duck Creek Pkwy, Davenport, IA	Katherine Bain 563-514-3066
17-Apr	Sunday morning Fast-Paced Ride, one stop	40-50 Miles 16-18mph	900AM	Eastern Avenue Park, Duck Creek Parkway.	David Thompson 764-5030, Gary Jones 359-5614
19-Apr	TUESDAY- Women's Only Rides - all levels	15 - 30 Mi TBD by group	5:30 PM	East end of Ben Butterworth Parkway. Old River Dr. and 55th St, Moline, IL.	Kathy Ramp 309-738-8389
20-Apr	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
23-Apr	Saturday Morning Mid Paced Ride- Hillsdale loop	35+ miles 14-16 mph	9:00 AM	East end of Ben Butterworth Pkwy, Old River Dr. and 55th St. Moline, IL	Kevin Smith 309-792-5613
23-Apr	Saturday morning Fast-Paced Ride, one stop.	40-50 Miles 16-18mph	900AM	Quad Cities Airport/General Aviation. Airport Road, Moline.	David Thompson 764-5030, Gary Jones 359-5614
24-Apr	Sunday Morning Mid Paced Ride- EASTER SUNDAY Riders' Choice	TBD 14-16 mph	9:00 AM	East end of Ben Butterworth Pkwy, Old River Dr. and 55th St. Moline, IL	Riders' Choice
24-Apr	Sunday morning Fast-Paced Ride, one stop	40-50 Miles 16-18mph	900AM	Crow Creek Park, Bettendorf, Ia	David Thompson 764-5030, Gary Jones 359-5614
26-Apr	TUESDAY- Women's Only Rides - all levels	15 - 30 Mi TBD by group	5:30 PM	Duck Creek Path (access from Locust & Marlo Ave)	Kathy Ramp 309-738-8389
27-Apr	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
30-Apr	Saturday Morning Mid Paced Ride- Riders' Choice	TBD 14-16 mph	9:00 AM	Eastern Ave. Park, Duck Creek Pkwy, Davenport, IA	Riders' Choice
30-Apr	Spring Tailwind Ride	100 Miles	700AM	East end of Ben Butterworth Parkway. Old River Dr. and 55th St, Moline.	David Thompson 764-5030

Pedalwheeling • April
May Ride Schedule

1-May	Sunday Morning Mid Paced Ride- 3 hour out and back NE Scott County	25 - 30 miles 14-16 mph	8:00 AM (note earlier time)	Crow Creek Park, Devils Glen Road, Bettendorf, IA	TBD
1-May	Sunday evening: QCBC Adopt-a-Highway-trash pickup along 2 mile stretch of Scott County Park Road (Old Hwy 61)		4:30 PM	Parking lot west of soccer fields near F55 & 956 (Scott County Park Rd)	Ken Urban 563-326-3427
1-May	Spring Picnic Ride	50-60 Miles	900AM	Illiniwek Park Hampton, Il.	David Thompson 764-5030, Gary Jones 359-5614
3-May	Iowa Evening ride <i>After the ride stick around Happy Joe's for pizza and beverages and socialize with fellow riders</i>	Determined by riders	5:30 PM	Happy Joe's Pizza Eldridge IA	
3-May	TUESDAY- Women's Only Rides - all levels	15 - 30 Mi TBD by group	5:30 PM	TBD	Kathy Ramp 309-738-8389
4-May	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	8:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
5-May	Thursday Illinois evening ride	Determined by riders	5:30 PM	Rapid City boat launch	
7-May	Saturday Morning Mid Paced Ride to Hillsdale and Barstow. Return to park for SPRING PICNIC . Bring a dish to pass.	35-40 miles 14-16 mph	8:00 AM (note earlier time)	Illiniwek Park, Hampton, IL. Off Rte 84.	Darlene Moritz 563-386-3499
7-May	Saturday morning Fast-Paced Ride, one stop.	50-60 Miles 16-18mph	800AM	TBD	
8-May	Sunday- MOTHER'S DAY Rider's Choice	TBD 14-16 mph	8:00 AM	East end of Ben Butterworth Pkwy, Old River Dr. and 55th St., Moline, IL	Determined by Riders
8-May	Sunday morning Fast-Paced Ride, one stop	50-60 Miles 16-18mph	800AM	TBD	David Thompson 764-5030, Gary Jones 359-5614
10-May	TUESDAY- Women's Only Rides - all levels	15 - 30 Mi TBD by group	5:30 PM	TBD	Kathy Ramp 309-738-8389
10-May	Iowa Evening ride <i>After the ride stick around Happy Joe's for pizza and beverages and socialize with fellow riders</i>	Determined by riders	5:30 PM	Happy Joe's Pizza Eldridge IA	
11-May	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	8:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
12-May	Thursday Illinois evening ride	Determined by riders	5:30 PM	Rapid City boat launch	

New Member	Spouse	City, State	Phone
Carson, Lisa		Walcott, IA	563-940-1157
Condon, Kerry		Davenport, IA	day 563-570-3995 eve 563-
Crum, Donald ,Kathleen		Rock Island, IL	563-210-4557
Davila, Nic		Silvis, IL	309-558-9156
Finnegan, Thomas		Bettendorf, IA	563-349-8085
Gunnerson, Peggy		Moline, IL	day 309-738-6910 eve 309-
Hopkins, Beth		Keller, TX	
Hughes, Anthony		Tamarac, FL	954-609-94
Kestler, Frederick ,Elizabeth		Libertyville, IL	day 630-532-2014
Lovejoy, Steve		Bettendorf, IA	563-332-5857
Matuszyk, Sherri		Kewanee, IL	309-854-2154
Maves, Karen ,Tim		Davenport, IA	day 563-359-0324 eve 309-
Pierce, Jeff		Ankeny, IA	eve 515-965-1510
Regan, Micheal		Wheaton, IL	630-335-5222
Relf, Steven		Davenport, IA	
Shelangoski, Andrew		Durant, IA	563-508-3781
Smith, Dean ,Brenda		Bettendorf, IA	
Taylor, Jane		Redwood City, CA	650-369-3428
Williams, Steven		Murfreesboro, TN	615-887-5354
William, Brewer		East Moline, IL	day 309-333-0596 eve 309-
Wojcinski, David ,Laurie		Moline, IL	day 309-764-2935 eve 309-

Tour of the Islands Kicks off the 2011 Riding Season

By Joe Jamison

“Caveat Eques Equitis” (rider beware) might have been the attitude of QCBC members on the March 5 “Tour of the Islands” on March 5.

That was the attitude of organizers Dave and Lori Parker and Joe and Roz Jamison as they stood in a parking lot on the Ben Butterworth Parkway at 8:30 a.m., arms folded, bodies shivering, teeth chattering, wondering whether anyone would show up. Not an inappropriate considering the threat of sleet, snow and/or rain and the wind. But then, a car pulled in with a bike on the rack and that was our signal to set up.

Out came the poker cards, Hawaiian leis, Hawaiian music, hot chocolate and cookies, and before you knew it, the temperature seemed to be in the 80s, the wind became a soothing zephyr and the sun parted the clouds just as 30 outriggers pulled ashore to allow natives dressed in South Pacific garb Joe, wake up! We’re going to be late! There really were 30 riders, music, cookies and hot chocolate, and there really was sleet, snow, wind. But everyone had a great times as always.

As is traditional, many riders met at the 11th Street Precinct in the East Village for lunch and the shoot-out to see who the best poker cheater is. The decision came down between Laurel Darren and Liz Hughes. Laurel’s six aces tied Liz’s straight into infinity (were there 15 or 20 cards in that straight?). In the one-card draw tie-breaker, Liz drew a three and Laurel drew an ace after an interminable search through the deck to find it.

To protect the integrity of the process (such as it is), we had a “re-draw” and Liz won the \$25 gift card. It was Liz’s lucky day. She also won a free lunch for being the youngest rider. However, her father, Mike, insisted the lunch be on him.

Quad Cities Bicycle Club
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QCBC—one of 10 biggest bicycle clubs in the U.S.

April 10—Sylvan Island Stampede (page 6)
April 30—Tailwind Ride (page 6)
May 1—Adopt-a-highway (page 2)
May 14—Balltown Classic (page 4)
June 11-12—TOMRV (page 5)



ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING