



Pedalwheeling

Monthly Newsletter of the Quad Cities Bicycle Club — March 2010

Local cyclists hit the roads of Spain

By John Harrington

Eight of us traveled to Mallorca, Spain in January for some great riding. Located in the Mediterranean Sea, east of Spain, the island has everything a rider could want. We knew we were in the right place as we claimed our bikes at the airport alongside the British National Cycling Team and Team Sky with Bradley Wiggins.

Some trip highlights:

The roads! With the exception of the main highways, the roads follow the topography of the land with lots of curves, switchbacks and climbs. Road signs was very good, even in the remotest areas. Pavement was smooth with no potholes. But, we learned after a couple of

crashes that the pavement could be very slick on misty days due to road oils and the use of smoothed, crushed marble in the pavement.

The drivers! With eight of us riding about 3,000 miles in 7 days, not one of us had a bad experience with an auto. Drivers waited patiently behind us, signaled when passing and signaled again when merging. All passing was “buzz-free.” We saw very few drivers on cell phones. Some drivers even parked on the side of the road with their emergency blinkers on to use their phones. Mallorca truly has a “share the road” mentality.

The people! January is the “low” season for this near-tropical island. Many businesses are closed or have limited hours. Being lazy bikers, we chose not to cook and instead hunted for dinner. One evening, after stumbling around Pollenca in a 45-minute, hunger-induced stupor, we came upon a bar that might serve food. Perhaps our sad faces caused the proprietor to change his mind and agree to make us a dinner. We soon discovered he really did not have enough food to service a formal menu, but instead just whipped up something local from the “fridge.” We returned a couple more times for even better fare and topped off the week by giving him a team jersey to hang on the wall.

The rides! Dave Thompson decided to dry run his Fall Tailwind planning skills by organizing a ride from our villa to the main city of Palma with a tailwind. It was sweet! The topper was the comfortable train ride back for \$4 with convenient on-train bike racks. Double sweet!



From left are Mike Giudici, John Harrington, Dave Hausler, Greg Rumble, Dave Thompson and Kevin Wohlford.

Key Contacts

Quad Cities Bicycle Club
P.O. Box 3575
Davenport, IA 52808
<http://www.qcbc.org>

Officers:

President - John Harrington (563) 940-6023 or jwhjkh@gmail.com
 Vice President – Denise Duethman (309) 721-7276
 Recording Secretary – Deb Mathias (309) 787-6547 or mathiasdebdean@peoplepc.com
 Treasurer – Darlene Moritz (563) 386-3499 or dmoritz@access.net

Board Members:

Ken Urban (563) 326-3427	Dave Thompson (309) 764-5030	Don Luth (563)381-3750
Donnie Miller (309) 737-8270	Charlie Sattler (563) 391-3422	John Wessel (563) 359-8350
Terry Burke (309) 797-3790	Tim Carey (920) 209-1984	Doug McDonald (563) 332-6774

Key Contacts: A complete listing of committee chairmen and key contacts is available on the club’s web site and in the front of the hard copy ride schedule and membership directory booklet.

Mission Statement: To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities area.

Club Meetings: Are held twice a year at 7 p.m. the third Tuesday of March and October at Rivermont Collegiate, 1821 Sunset Drive, Bettendorf, IA. (3 blocks north of K & K Hardware). Contact Denise Duethman for program information: (309) 721-7276

Submitting Articles for Newsletter: Deadline is the 15th of the month. Please limit your article to 1 page in length. Email to: qbceditor@yahoo.com or send to: Jackie Chesser or David Weckel, ATTN: QCBC Newsletter, 21008 94th Ave N, Port Byron, IL 61275. Free Want Ads are available for members. **Commercial ads are available at the following rates: ¼ page or less - \$25, ½ page - \$50, and a full page - \$100.**

Major Activities of the Club Include: Tailwind Century in May, Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

Benefits of Being a Club Member Include: 12 issues of Pedalwheeling per year, annual Membership Directory booklet, 10 percent discount at QC area bike shops, and discounts on TOMRV and Heartland Century registration fees.

Affiliated With:



<http://www.iowabicyclecoalition.org>

<http://www.bikeleague.org/>

<http://www.bikelib.org/>

Editor’s note on picture submissions

We really appreciate people sending pictures for the newsletter. Too much gray space is monotonous. So, if you’re going on a ride, take some pictures, which also are a good way for club members to get to know each other. Some tips:

- ◆ Please send pictures in **as high a resolution as possible**. Pictures from a phone are poor quality, don’t reproduce well and their size can’t be changed. So, please high resolution shots from a digital camera.
- ◆ Please have a focal point in the picture. Wide, unorganized group shots don’t work well. Frame up to five people in a picture, and get as close as you can—allowing a little space on the sides to give some insight into the setting..
- ◆ Please provide names of all the people in pictures, from left to right.



Let's Ride!

John Harrington, QCBC president



With temps below average, I've been tempted to unpack the trainer. But no, I will not give up! I will stay outdoors!

- **SF 117.** The Iowa Bicycle Safety Bill is working its way through the House. Please consider supporting this bill by contacting your representative. The following link gives a summary of the bill with e-mail addresses for committee members currently considering passage. Yes, the bill does not include everything that we want, but it does go a long way in helping make Iowa roads safer for us. <http://www.iowabicyclecoalition.org/node/294>.

- **General Meeting.** This year's General Meeting will be at 7 p.m. Tuesday, March 16 at Rivermont Collegiate, 1821 Sunset Drive, Bettendorf, behind K&K Hardware. Our speaker is Paul Denninger from Iowa City. Paul has been racing for 20+ years and coaching since 2001. Paul is an 8x State TT champion, 1x State Road champion, 1x State Criterium champion, and he has three national tandem TT championships. Whether you are a racer or a weekend rider, get tips and training ideas for this upcoming season. There will be pizza and pop. We've invited Tri-Fit and DICE members to join us. I hope to see you there.

- **Survey says.** Please take the time to complete the QCBC survey you received via e-mail. It's your chance to tell us what you want from your club.

- **Volunteer of the Year Award.** Because your club would not exist without volunteers, your board has re-established the Volunteer of the Year Award. Each year, the president will solicit input from club members via a request in Pedal Wheeling and by communication with event managers, ride leaders, etc. At the annual dinner, the awardee will receive a plaque and a \$100 gift certificate from a bike shop of their choosing.

- **2010 Chili Ride.** The Chili Ride lives on. This year's event will take place on Saturday, Oct. 16. Rides will start and finish at the Middle Park Lagoon shelter. Mark your calendars. More details to follow.

QCBC Hall of Fame nominees sought

The panel responsible for screening QCBC Hall of Fame candidates met in January and is ready to accept nominations for the hall.

Panelists are prohibited from submitting nominations to ensure the integrity of the process. It is not necessary to be a QCBC member to submit a nomination. Candidates also can nominate themselves. However, all nominees must meet criteria shown below.

Please submit nominations by April 1, 2010 before we all get serious about riding outside. If the panel doesn't receive any nomination, it will appoint a search committee.

Requirements for nomination are:

- Must have been a Quad-Cities area resident and QCBC member during his/her riding career. However, the QCBC membership requirement is waived for achievements before 1964, when QCBC was organized.

Achievements must have been established in racing, endurance and/or adventure cycling. (BMX, Mountain Biking, and multi-discipline events such as triathlon do not qualify at this time.)

To get a nomination form, contact Joe Jamison at j-jamison@sbcglobal.net. The form is short, simple and objective. Any questions regarding the process will be answered in a timely manner by e-mail.

We intend to encourage local media to provide coverage of the presentations at the 2010 annual Awards Dinner. If we can put the amazing accomplishments of our best cyclists in the public eye, it only can add to our reputation, the sport and increase our membership.

Please, support this effort!

Terry Burke, Joe Jamison, Errol McCollum, Doug Nelson



Pushing for Pedaling

Promoting bicycling advocacy

By *Chuck Oestreich*

Wait a minute! Is that right? 2040. Thirty years from now.

I'm going to be more than 100 by then. I suspect a few of you will be members of the Century Commandos along with me, riding our lighter-than-air bicycles up and down the Mississippi valley.

But what will be the infrastructure state of the Quad-Cities for alternative transportation 30 years from now? You don't have to be a centurion to answer that. If you are younger, you definitely should be asking some good questions – because you will be more affected.

On March 18, the Quad Cities Transportation Advocacy Group (QC-TAG) will give you a chance to be a visionary and suggest steps that need to be taken in the next 30 years to make alt trans happen in the Quad-Cities.

We are motivated by the Bi-State Regional Commission's need for public input as they prepare a report about goals and recommendations for transportation in the future - the 2040 Long Range Transportation Plan..

QC-TAG thinks that it's crucial that those of us who use our streets and avenues, and know the state of things now, have a chance to make our dreams come to life. That's why we are holding a meeting open to everyone – but with the focus on alternative transportation, including bicycling.

Just to give you some food for thought, here are some possible lines of input:

Comments on existing transportation issues – bicycle transportation

- Bicycle planning in our cities is sporadic and concentrated on development of off-road trails.
- Transportation planning minimally addresses urban bicycling on our streets and avenues.
- Stop lights cannot be triggered by bicyclists at most locations.
- Devices for triggering stop lights that are rigged for bike/pedestrian use are in inappropriate places.
- Bicycle safety is taught sporadically, if at all.
- Motorists' education about how to share roads with bicyclists is inadequate.
- Our cities do not have staff members assigned to improve bicycling planning

Issues, Concerns and/or Recommendations for the future - Bicycling

- City and regional transportation planners must work actively for implementation of the Complete Streets policy.
- Transportation planning must include bicycle travel on urban streets and roads.
- Cities must implement grids of connected streets and avenues optimized for bicycle transportation.
- Cities must work together to ensure that bicycle routes are interconnected throughout the entire metro area.
- Stoplights must be triggered automatically by bicycles at locations where motor vehicles trigger the lights.
- Bicycle education – for bicyclists and motorists – must be a regular and continuing aspect of area's transportation nexus.

These are only the tip of the iceberg. I'm sure you have more ideas – some specific and some generalized.

Come to the meeting and help QC-TAG make our voice heard for the future.

Alt. Transportation for the Future

- ◆ 6:30 to 8 p.m., Thursday, March 18
- ◆ Rock Island Public Library, 5th Avenue and 19th Street

Tour of the Islands 2010 on March 6

Anyone planning to ride the March 6 Tour of Islands should contact Joe Jamison so he can order food. The Tour is the first "organized" QCBC ride of the year, a chance to poke around the Mississippi's chain of isles including Campbell's, Sylvan, Arsenal and Credit Islands.

Hot chocolate and cookies await at each stop with the grand finale in the East Village of Davenport and the 11th Street Precinct for lunch.

Winners of the best poker hand can expect a gift certificate from an area bicycle shop.

Report to the "cruise ship" at Moline's Ben Butterworth Parkway launch ramp at 9 a.m. March 6.

If you plan to ride, e-mail Joe at j-jamison@sbcglobal.net.

Two long-time cyclists leave strong biking legacy



Bicyclists pay final respects to Jim Keyoth



Local biking community mourns the passing of Tony Amato and Jim Keyoth



Anthony D. "Tony" Amato, 80, of Rock Island passed away Saturday, Feb. 6, at Trinity Pathway Hospice, Bettendorf.

Burial, with military honors was at National Cemetery, Arsenal Island.

Tony was born March 26, 1929, in Milwaukee, Wis., graduated from Rock Island High School in 1947 and attended Augustana College.

He married Marjorie Sieben on Nov. 3, 1951. He retired from Headquarters, Rock Island Arsenal, in 1986 and later was a seasonal employee at Saukie Golf Course Pro Shop for 17 years.

He was a Navy veteran of the Korean Conflict, serving as a Marine Medic. He received the Purple Heart.

He was an avid golfer and bicyclist, and member of the Quad-City Bicycle Club. In earlier years he rode several RAGBRAI, TOGIR, and TOMRVs. He enjoyed riding bike trails with his grandchildren and son.

Survivors include wife, Marjorie; son, Mark S. Amato, and his wife Lisa, Naperville, Ill.; grandson, Justin M. Amato, and his wife Kerry; granddaughter, Trinity C. Amato; stepgrandchildren, Stephanie and Kristin Miller; siblings Salvatore Amato, Gloria Meyers and Carla Vondergathen.

James R. Keyoth, 78, of Bettendorf, died Saturday, Jan. 23, at Genesis West, Davenport.

Burial was at Davenport Memorial Park.

He was born Sept. 3, 1931, in Davenport. He married Betty Sullivan in 1955. They divorced in 1985.

Surviving are significant other, Mary Brus, Bettendorf; children, Diane Loftis, Washington state, Dan, Texas, Jon, Bettendorf; four grandchildren; siblings, Thomas, Sherrill Girot, Bettendorf.

April charity ride in Wisconsin

Panther Cycling Club of Wisconsin is co-hosting an April 17 Feed the Need ride to raise money for food pantries in Southwest Wisconsin.

Routes range from four miles to 100 miles.

Registration is \$30. For more information, visit

www.panthercycling.com

This is a fully supported ride with water, food, rest stops, sag vehicles, maps, road signs, minor mechanical and a meal afterwards.

Registration is open, at <http://www.active.com/cycling/highland-wi/feed-the-need-2010#Summary>

March 2010 Ride Schedule

3-Mar	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
6-Mar	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
7-Mar	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
10-Mar	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
13-Mar	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
14-Mar	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
17-Mar	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
20-Mar	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
21-Mar	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
24-Mar	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499
27-Mar	Saturday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	
28-Mar	Sunday Morning Combined ride, riders will determine the distance and pace, usually includes breakfast stop	Determined by riders	9:00 AM	Hardee's, 425 55th St. Moline	
31-Mar	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hardee's, 425 55th St. Moline	Darlene Moritz 563-386-3499

April 2010 Ride Schedule

3-Apr	Saturday Morning Mid Paced Ride to Le Claire using trail and Hwy	27 miles 14-16 mph	9:00 AM	Eastern Ave. Park, Duck Creek Pkwy, Davenport, IA	Bill & Kathy Storm 563-355-2564
3-Apr	Saturday morning Fast-Paced Ride, one stop.	40-50 Miles 16-18mph	900AM	Eastern Avenue Park, Duck Creek Parkway.	David Thompson 764-5030, Gary Jones 359-5614
4-Apr	Sunday Morning Mid Paced. Easter Sunday. Riders' Choice.	30+ miles 14-16 mph	9:00 AM	East end of Ben Butterworth Pkwy, Old River Dr. and 55th St. Moline, IL	Determined by Riders
4-Apr	Sunday morning Fast-Paced Ride, one stop	40-50 Miles 16-18mph	900AM	East end of Ben Butterworth Park- way. Old River Dr. and 55th St, Moline.	David Thompson 764-5030, Gary Jones 359-5614
6-Apr	Women' Only Rides -- All skill levels welcome	TBD by group	5:30 PM	East end of Ben Butterworth Park- way. Old River Dr. and 55th St, Moline.	Josie Miller Mil- lerJosieL@JohnDe ere.com
7-Apr	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
10-Apr	Saturday Morning Mid Paced Ride to Buffalo, Blue Grass and Walcott.	30+ miles 14-16 mph	9:00 AM	Emeis Park, Daven- port, IA	Ken Urban 563-326-3427
10-Apr	Saturday morning Fast-Paced Ride, one stop.	40-50 Miles 16-18mph	900AM	East end of Ben Butterworth Park- way. Old River Dr. and 55th St, Moline.	David Thompson 764-5030, Gary Jones 359-5614
11-Apr	Sunday Morning Mid Paced Ride to Geneseo using quiet back roads. Flat route.	30+ miles 14-16 mph	9:00 PM	Colona Grade School, Colona, IL	Dick Wolbers 563-332-9906
11-Apr	Sunday morning Fast-Paced Ride, one stop	40-50 Miles 16-18mph	900AM	Eastern Avenue Park, Duck Creek Parkway.	David Thompson 764-5030, Gary Jones 359-5614
13-Apr	Women' Only Rides -- All skill levels welcome	TBD by group	5:30 PM	TBD	Josie Miller Mil- lerJosieL@JohnDe ere.com
14-Apr	Wednesday Morning Combined ride, rides determine the distance, pace, includes breakfast stop	25+	9:00 AM	Hy-Vee on Spring St. Davenport (across parking lot from McD's)	Darlene Moritz 563-386-3499
17-Apr	Saturday Morning Mid Paced Ride. South Rock Island County rollers.	40+ miles 14-16 mph	9:00 AM	Milan Community Center/Hwy 67	Deb & Dean Mathias 309-787-6547
17-Apr	Saturday morning Fast-Paced Ride, one stop.	40-50 Miles 16-18mph	900AM	Eastern Avenue Park, Duck Creek Parkway.	David Thompson 764-5030, Gary Jones 359-5614

Ride Classification:

Leisure Rides – 10 to 13 mph riding pace. Stops will be taken as needed, and may include a snack stop. Group will wait for slower riders. These are great rides for new members or those who want a slower, relaxed ride. Distances vary from 15 – 21 miles. These rides are offered in the schedule, May – September.

Mid-Paced – 13 to 16 mph average riding speed. Stops as needed. A stop for breakfast is usually included. Group will wait for slower riders when re-grouping. Distances vary from 25 to 65 miles. These rides are offered in the schedule, April – October

Mid Paced (3 Hour Out & Back Rides) – 13 to 16 mph riding pace. No breakfast stop. Distances will be 35 – 45 miles. These rides are offered in the schedule, April – October

Fast Paced – 16 mph or faster average riding speed. Few stops. Group may wait for slower riders. Distances vary from 35 to 70 miles. These rides are offered in the schedule, April – October.

Rider’s Choice – the riding pace on these rides will vary depending upon who shows up. These rides are offered year round, throughout the schedule

Welcome New Members:

NewMember	Spouse	CityState	Phone
Blair-Dick, Joan		Bettendorf, IA	
Brown, Laird		Bettendorf, IA	563-271-2245
Daily, Brent		Davenport, IA	563-210-2912
Drobny, Eric		Urbandale, IA	515-423-8882
Feldman, Karma		N Barrington, IL	847-382-8854
Haacke, Steve	Sue	Bettendorf, IA	563-332-2354
Hermiller, Chad		Brooklyn, NY	614-570-6367
Hermiller, Kenneth	Donna	Columbus Grove, OH	419-615-8447
Kraft, Kyle		Bettendorf, IA	563-505-9688
Lovejoy, Roger	Georgia	Bettendorf, IA	563-529-6888
Millar, Margaret		Moline, IL	
Moens, Thomas	Kathy	Moline, IL	
Nelson, Timothy	Kirsten	Davenport, IA	563-320-2577
Phillips, Craig		Muscatine, IA	419-961-2549
Pritchett, Gene	Barbara	Lompoc, CA	805-735-7763
Ryder, Susan	Jeff	Davenport, IA	563-508-6452
Sarai, Baldev	Teresa	St. Louis, MO	309-765-4305
Timm, Dale	Sue	Milan, IL	309-787-5689
Weber, Ellen	Tom	Wheaton, IL	630-926-3052
Weinberg, Terri		Davenport, IA	563-359-1522
Wilson, Linda	Bob	Port Byron, IL	309-523-2844
Young, Dale		Lock Haven, PA	
Young, Evan	Karen	Rock Island, IL	309-233-3233

Membership—Totals		
Type	Memberships	Members
COMP	21	24
COUPLE	198	396
FAMILY	83	295
IND	336	336
LIFE	3	5
Grand Total	641	1052

General meeting on March 16

By Denise Duethman

The QCBC General Meeting will be held at 7 p.m. Tuesday, March 16, at Rivermont Collegiate, 1821 Sunset Drive, Bettendorf, IA. The speaker is Paul Deninger of Iowa City, who has been racing for more than 20 years and coaching since 2001. He is an 8x State TT champion, 1x State Road champion, 1x State Criterium champion, and he has three national tandem TT championships. Get tips and training ideas for this upcoming season. Pizza and pop will be served.

The Grand Illinois Trail and Parks bicycle tour (GITAP) for 2010 is filled. However, a waiting list is being established. Call Chuck at 309-788-1845 or email at chuckace2@gmail.com.

Quad Cities Bicycle Club Membership Application

(Please print using blue or black ink)

- New Application
 Renewal Application - Please make all changes from last yr.
 Date of Application _____
- Membership Type: Individual \$20/Year
 Couple \$20/Year
 Family \$20/Year

Name _____ Address _____

City _____ State _____ Zip _____

Phone _____ (Including Area Code) Email _____ (Please carefully print current e-mail address)

Please Note! The QCBC normally publishes the name, city, state and telephone number for new members in the newsletter. We have found that this encourages existing members to welcome new members into the club. If you would prefer that this information not be listed in the hard copy and online copy of the newsletter, please indicate here:

- Memberships in Other Bicycling Organizations: League of Am Bicyclists League of Illinois Bicyclists Iowa Bicycle Coalition DICE FORC

Family Members *	Birth Date	M/F	Riding Interests	I can help with	
			<input type="checkbox"/> Biathlons <input type="checkbox"/> Camping <input type="checkbox"/> Commuting <input type="checkbox"/> Endurance <input type="checkbox"/> Mountain Biking <input type="checkbox"/> Racing <input type="checkbox"/> Recumbent <input type="checkbox"/> Tandem <input type="checkbox"/> Touring <input type="checkbox"/> Triathlons	<input type="checkbox"/> Annual Diner <input type="checkbox"/> Bike Rodeos <input type="checkbox"/> Computer Work <input type="checkbox"/> Du-State-Du <input type="checkbox"/> Heartland Century <input type="checkbox"/> Membership <input type="checkbox"/> Newsletter <input type="checkbox"/> QC Criterium	<input type="checkbox"/> QC Triathlon <input type="checkbox"/> Packet Stuffing <input type="checkbox"/> Race Events <input type="checkbox"/> Ride Leader <input type="checkbox"/> Ride Schedule <input type="checkbox"/> Safety/Education <input type="checkbox"/> Telephone Calling <input type="checkbox"/> TOMRV

* Single adults up to 22 years, using their parent's address as their primary address, may continue on their parent's membership.

The Quad Cities Bicycle Club assumes no responsibility for personal injury, damaged equipment, theft or loss taking place on any club rides or other activities, which it sponsors. All cyclists ride at their own risk. Anyone under age 16 must be accompanied by a responsible adult. A parent or guardian must sign for all applicants under age 18. All applications must be signed, and in signing the liability release, the applicant agrees to the above conditions.

Please consider receiving an e-mail notification of our monthly newsletter to help keep club dues low and reduce paper consumption.

Please Circle your response... **Yes**, Please send me an email notification **No**, I prefer a paper copy

Liability Release – Signature Required

Individual membership (self) _____ Date _____

Couple/Family Membership (self) _____ Date _____

Couple/Family Membership (spouse) _____ Date _____

Parent/Guardian for Children under 18 _____ Date _____

Make all checks payable to: Quad Cities Bicycle Club.
 Mail completed form and check to: QCBC, ATTN: Membership, PO Box 3575, Davenport, IA 52808

Applications postmarked by the 10th of the month will be processed to insure delivery of next month's newsletter.
 Please visit our website for a listing of club rides and other events: <http://www.qcbc.org>
 Last revised 2/18/09 and valid through 12/31/09

Quad Cities Bicycle Club
P.O. Box 3575
Davenport, IA 52808

Presorted Standard
US Postage Paid
Permit No. 3006
Davenport, Iowa

RETURN SERVICE
REQUESTED

ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING

Upcoming events

March 6—Tour of the Islands (page 4)

March 16—Club general meeting (page 8)

April 17 — Wisconsin charity ride (page 5)

June 12—TOMRV

Get out and Ride!

