



# Pedalwheeling

*Monthly Newsletter of the Quad Cities Bicycle Club – May 2005*

## **QC Criterium 2005: Midwest Teams Return! Terry Burke and the Criterium Race Committee**

After several years of U.S Postal's Robbie Ventura and some scattered wins in the feature men's race by other national teams, Quad Cities Criterium is now prime for a winner coming from one of the strong Midwestern teams such as Athletes by Design, Advantage Benefits/Endeavor, Triple X Racing, St Paul Racing to name a few. Riders from these teams, some professionals, but mainly category I, 2, will now be completing for some great prize money previously taken home by well paid professionals. It will make for some terrific competition for riders from Midwestern states bordering Illinois.

2003 Women's feature winner Sherrie Stedje is expected to be back. Sherrie also won in 2001 and 1998.

She can expect some good competition from riders from Athletes by Design and Team Kenda Tire; both Midwest teams. The women's feature will be at 1:00pm followed by the feature men.

One team that definitely will be out in force at the Criterium is the DICE racing team. The local contingent of 30-35 riders will be showing their best in front of the home town crowd, along with the DICE tent. The DICE team ranges from juniors to masters 50+, women, and some new, improved riders. I'm sure they

will appreciate encouragement as they navigate and sprint through the fast 8 cornered District course. See the local newspapers for featured riders from DICE.

The Lance Armstrong Foundation for cancer survivors will continue as the Criterium charity in 2005, but bicycle films will be shown at new location; (to those under 50), the former Rocket theatre. On Sunday night before Memorial Day an auction will be held with proceeds to benefit the LAF. See local newspapers for some new films in 2005 and the schedule.

On Memorial Day 10 USCF Races, Trike/Big Wheel races, youth races (age 6-10) will be ongoing from early morning until late afternoon. Our outstanding announcers, awesome wheel pit, preems, clickers, course wired for sound, and VVA honor guard adds up to a lot of free entertainment. The District, in addition to their own food and drink venues, will offer a wide variety of outside food vendors and the climbing wall. Be sure to visit the QCBC Booth. A limited number of 2005 Quad Cities Criterium T-Shirts will be available for \$10, and 2004 shirts will be sold for clearance prices.

The Quad Cities Criterium is a great way to celebrate the Memorial Day weekend and enjoy socializing with your cycling friends. Hope to see you Sunday night, May 29, and for sure Monday May 30!

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## **2005 Highway Trash Pickup Schedule Bill & Kathy Storm**

On Monday, May 9th, (rain date will be Monday, May 16th) the QCBC will begin its 13th year of maintaining the same 2 mile stretch of highway in Scott County. Please join other QCBC members as we spend 60 – 90 minutes picking up trash that has accumulated there during the winter.

Meet at 5:30pm at the parking lot next to Window Experts along old Highway 61 (Scott Park Rd.) in Davenport, just north of the John Deere plant.

Wear some old work clothes and sturdy boots, as we will be roaming the ditches for trash. After the pickup, members are treated to a pizza dinner at a local restaurant.

The other 2005 Trash Pickup Date is October 3rd.

## Key Contacts

### Officers:

President - Errol McCollum (309) 762-8252 or [ecmeandd@netzero.net](mailto:ecmeandd@netzero.net)  
Vice President – Phil Schubbe (563) 359-5057 or [pshubbe@aol.com](mailto:pshubbe@aol.com)  
Recording Secretary – open  
Treasurer – Karen Grimm (563) 445-7797 or [qcbc\\_treas@yahoo.com](mailto:qcbc_treas@yahoo.com)

Quad Cities Bicycle Club  
P.O. Box 3575  
Davenport, IA 52808  
<http://www.qcbc.org>

### Board Members:

Karen Baber (309) 796-2476	Jean Kelly (563) 359-9508	Steve Montgomery (563) 332-5963
Terry Burke (309) 797-3790	Deb Mathias (309) 787-6547	Charlie Sattler (563) 391-3422
Jim O. Hanson (309) 797-4883	Dean Mayne (563) 355-0995	John Wessel (563) 359-8350

**Key Contacts:** A complete listing of Committee Chairperson and Key Contacts is available on the club's web site and in the front of the hard copy Ride Schedule and Membership Directory booklet.

**Mission Statement:** To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities Area.

**Club Meetings:** Are held twice a year at 7pm on the third Tuesday of April and October at Rivermont Collegiate, 1821 Sunset Dr., Bettendorf, IA. (3 blocks north of K & K Hardware). Contact Phil Schubbe for program information: (563) 359-5057 or [pshubbe@aol.com](mailto:pshubbe@aol.com).

**Submitting Articles for Newsletter:** Deadline is the 10th of the month. Please try to limit your article to 1 page in length. Email to: [qcbceditor@yahoo.com](mailto:qcbceditor@yahoo.com) or send to: Kathy Storm, ATTN: QCBC Newsletter, 2708 Elm Street, Davenport, IA 52803. Free Want Ads are available for members. Commercial ads are available at the following rates: ¼ page - \$25, ½ page - \$50, and a full page - \$100. Call for details: (563) 355-2564.

**Major Activities of the Club Include:** Tailwind Century in May, Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

**Benefits of Being a Club Member Include:** 12 issues of Pedalwheeling per year, Annual Issue of Ride Schedule and Membership Directory booklet, 10% discount at QC Area Bike Shops, ability to use LAB "Bikes Fly Free" program on selected airlines and discounts on TOMRV and Heartland Century registration fees.

### Affiliated With:



<http://www.iowabicyclecoalition.org>



<http://www.bikeleague.org/>



<http://www.bikelib.org/>

## **From the Headset** **Errol McCollum**

Last month I wrote about preparing yourself for your first 100 mile bike ride. This month I would like to shift my attention from the engine to the chassis. Small rides do not require a lot of attention to your bicycle other than tires and basic function. But on long rides you should check your bike over more than the casual glance to see if it still has both wheels.

Above all, and for each and every ride, check your tire pressure and tire condition. The roadbike tire should be rock hard to avoid pinch flats. Next, pick up the front of the bike and slowly rotate the wheel to see that there are no cords showing as well as no cuts that may later result in catastrophic failure.

If you find tire wear or cuts that make it necessary to change tires, be sure to ride the new tires to be sure that they are OK. (I once rode a century on a new set of tires that had not been checked out and they were grossly out of round. It made for a miserable ride.) While doing this, notice that the wheel does not have excess side to side movement that might indicate a bent rim, loose spoke, broken spoke, nipple or hub. Do the same thing for the rear wheel.

The next item that I check is that all the bearings are adjusted properly and are not excessively loose. This is done very easily

**Headset** - apply front brake lever and attempt to rock bike forward and backward, a clunking noise usually indicates a loose headset.

**Wheels** - while holding the bike upright, on the ground, alternately apply side pressure at the top of each wheel to see if you get movement or a slight clunking.

Next check the **cranks/bottom bracket**. Rotate crank arm to top of the stroke and alternately apply pressure toward the seat tube and away from the seat tube. Do this on both sides. Movement and or clunking could indicate either a loose crank arm or a loose bottom bracket or both.

All the above problems should be checked by a qualified individual and remedied before a long ride is attempted. Do not forget your chain. It should be clean with a LIGHT coat of lube. Lesser problems such as brake adjustment etc. should be looked into as well but probably will not prevent you from riding 100 miles. Good Luck on your First Century Ride!

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## **Ride Report -April 9 - MidPaced Club Ride** **Deb Mathias**

Twenty cyclists departed from Orion High School for a QCBC ride on Saturday, April 9th. The riders ventured into a very strong southeast headwind with much warmer than normal temperatures. Ride leaders were Dean and Deb Mathias. Other participants included Joe Jamison, Larry Hanna, Bob and Jan Fitzgerald, Dave and Ginny Alftine, Jim Keyoth, Mary Brus, Rodger Horst, Scott Swanson, Tom Scott, Harold Luth, Frank Beshears, Dick Grimm, Jim Dayton, Charles Curry, Jerry Kruse, and Dave Georlett. Joe, Larry, and Bob were already warmed up at the start: Joe and Larry with a ride from home and Bob with a pre-ride loop from the high school.

The first stop for the group was Casey's in Andover for snacks, drinks, use of facilities, and re-grouping. Much

cooperation was observed along the route as riders took advantage of draft lines and echelons between Andover and Bishop Hill to lessen the effort. In Bishop Hill, all the cyclists fit comfortably on the front porch of The Filling Station for a relaxing lunch and conversation. The Bakery was then visited by all for a sweet treat before departing town.

The return ride was smooth sailing as we all enjoyed the powerful forces of the tailwind. Some individuals went astray as they chose their own alternate routes back to the starting point. A repeat stop at Casey's in Andover allowed for purchase of refreshments and assistance to some local teenagers with oil for their dry chain before heading into the final ten miles back to Orion. Overall, a great 50-mile ride was had by all! After the ride, Joe and Bob logged additional tailwind miles by riding back to their respective homes.

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## **Road Work – Scott County**

From the QC Times – April 18th. The following road construction projects have been announced. Replacement of railroad crossing on Mt. Joy Rd, just west of Hwy 61 and bridge widening over the Waspi River just north of McCausland.

## **Ride Report - In Search of Spring Ride - March 26 Darlene Moritz**

Well the day started out a little cool at 35 degrees and a little cloudy. The sun started to come out while we headed for LeClaire. We had 26 to 30 people show up. We took a picture but not all got in the picture. Bob Fitzgerald took our picture he also rode with us.

In the picture below is Steve Geering, Will, Ken Urban, Mike Middlemiss, Jerry Kruse, Ginny Alftine, Darlene Moritz, Dave Georlett, Melinda Thompson, Warren Power, Jim Keyoth, Mike Smith, Greg Sprott, Mary Brus, Gary Jones, Chuck Oestreich, Dick Grimm, Tom Scott, and that Dave Alftine hiding behind Tom. Then some that was there but not pictured were Terry Inch, Bill Wiebel, Mike Desch, John Wessel, Mike Giudici, and Dave Thompson.

We all got to LeClaire and stopped at the gas station to

fuel up with a drink and a snack. After some visiting there was a fast group that took off and went out to Scott County Park and around Scott County. There was a small group that went back to LeClaire Park in Davenport. There were a few that went out to Territorial Rd and up to Argo. There we split into two more groups and one group went back to Davenport. The other group well went onto Eldridge and having lunch there.

I saw a few signs of spring; there were the robins, a little sun, a few buds on the trees. Not that this is a sign of spring but a couple of us saw a poor deer along the road in the ditch, which had a broken leg. So the good people that we are we stopped at a couple houses but no one was home. As we got up to the school a sheriff came along looking for the deer and so we told him where it was. We ended our ride with it being in the mid 40's. It was a great day for riding.



## **Happy 40th Anniversary to My Wife Charlie Sattler**

I have been involved with the bike club for over twenty years. I have the most understanding wife in the world that has allowed me to mail news letters, be on the Board and many other activities.

When you read this, my wife and I will be married forty years. I feel like the luckiest man around. When she reads this I hope she realizes how much I appreciate her for being able to tolerate me all these years.

We were high school sweethearts who some how made things work. We were lucky that we didn't have to have a new car or a fancy house to be happy; we had each other. I never had that big paying job, but somehow we had a family and a lot of happiness.

My wife never complained when I rode my bike to work adding an extra two hours to my workday. The year I broke my hip, she was there and yes pretty understanding considering the fact that I was off work for a long time. We have two girls who have given us grand kids and it seems to get better each day. We have had bad times too, but we know material things just doesn't mean as much as we do to each other.

Recently I lost my job due to a plant closing and with her support and understanding we made it through some tough times. I never realized how hard it is to find a good job at my age. I am working again and sometimes I have to work long hours but I receive no complaints just gratitude. How lucky can a man be? Sharon, thank you for all forty years of marriage.

**Welcome New QCBC Members!**

**Charlie Sattler**

<u>Name</u>	<u>City &amp; State</u>	<u>Phone</u>
David & Jean Gantzer	Bettendorf, IA	563-332-7838
Aaron Griesenbeck	Davenport, IA	563-355-1580
David Keller	Davenport, IA	563-386-6473
Kristoffer Valleroy	Davenport, IA	563-323-3723
William & Donna Davison	Eldridge, IA	563-285-6575
Kevin Meredith	Coal Valley, IL	309-799-7906
Jinoj Titus	East Moline, IL	309-912-8703
Mike Morehead	Gilson, IL	309-368-1568
Scott Hildebrand	Moline, IL	309-796-2162
Paul Loete	Orion, IL	309-526-3818
M Dianne Brown	Oklahoma City, OK	405-751-7255

<b>Membership Count: 4/9/05</b>		
<b>Number of:</b>	<b>Members</b>	<b>Memberships</b>
Individual	398	398
Couple	288	144
Family	342	89
Complimentary	20	20
Life	6	3
<b>Total</b>	<b>1,054</b>	<b>654</b>

If you experience problems receiving your hard copy newsletter in the mail, please contact Charlie Sattler. Charlie can be reached at: 563-391-3422 or [csattler14@msn.com](mailto:csattler14@msn.com). Charlie prints out the labels for the newsletter and does the mailing of the newsletters. Hard Copy newsletters are sent out to all current club members the last week of the month. Members who live in the immediate QC Area, usually receive their newsletters before the end of the month. Members who live farther away, may not received theirs until the first or second week of the month. You can also view the newsletter online.

**Bike To The Ballpark – May 30**  
**Brian Fellows, River Action**

Do you love baseball? Do you love bicycling? Then this is just the event for you!

**Date:** Monday, May 30th  
**Time:** 1 p.m. (with a 1:15 p.m. departure)  
**Location:** Lower Lindsay Park, at Mound Street and River Drive, Davenport

For just \$2, you can take part in Bike to the Ballpark, a first-time event for the Quad-City area! You're invited to enjoy a leisurely, 1.5-mile escorted bicycle ride to see the Swing of the Quad Cities face off against Wisconsin. (QCBC members can easily ride from home and add mileage to the short "group ride.")

The entire route is on the flat terrain of the Mississippi

River Trail, so the event is a family-friendly one. Upon arrival at the newly remodeled John O'Donnell Stadium, you will be able to enjoy free valet bicycle parking.

At the staging area, you can also take advantage of free bottled water provided by River Action. There also will be free first-aid kits donated by Trinity Regional Health System.

Purchase your tickets by calling The Swing box office at 563-328-2000. Your pre-purchased tickets will be available at the staging area immediately before the ride. This event is limited to 200 riders, so make your reservations early!

QCBC members wishing to volunteer to help at this short event can contact Brian Fellows at 563-322-2969 or [brian@riveraction.org](mailto:brian@riveraction.org).

"I've seen women who've gotten into mountain biking who really come alive after just a few months. They're radiant, they've lost weight, their shoulders are back, and they're no longer taking any crap from their husbands."

Carol Waters, U.S. mountain bike racer.

## 6th Annual Quad Cities Triathlon – June 18

**Eric Sarno**

- 600 yard lake swim, out and back around a buoy
- 15 mile bike, out and back on rolling hills
- 3.1 mile run mostly on pavement with approx 1/2 mile on trails

**Date:** Saturday June 18th

**Time:** 7:00 AM

**Location:** West Lake Park- Davenport, Iowa

Anyone 12 years of age and older are welcome to register. Teams of at least 2, nor more than 3 people, are welcome to enter as well.

Our race has only been successful because of our wonderful volunteers. Every year men and women from the QCBC have volunteered to help our race become one of the premier Triathlons in the Midwest. We are always looking for volunteers, so if you are interested contact us, or come out to West Lake Park on Wednesday June 15th at 6:00 PM for a volunteer meeting. Enter through gate #1 and follow to Lake View Shelter parking lot. All volunteers will receive a t-shirt, food, and a hug from the race director.

Prizes this year include: Prize Money to the top 3 male and female winners. Top 3 overall in each age group will receive a certificate and a beach towel. All participants will receive a sun visor, a finisher towel, and other goodies. The last 5 years our bike sponsor Healthy Habits, has given a bike away at our post race award celebration.

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## LAF Bracelets

**Tony Buck**

Last year I got a LAF bracelet on RAGBRAI. My father had passed away on April 24th from cancer and I wanted to wear one on the ride. I wore it daily until I broke it.

When I tried to get one locally this winter, the bike shops they were always out. I had heard there was a three week wait from LAF. So last week I heard they were selling them at South Park. When I found the Kiosk and the wrist bands, I noticed they were fakes. LAF copy righted the bands and the LiveStrong motto. I bought one and took it back to the news department of the TV station I work at. They did some investigation and decided to do a story on the fake bands.

Packet Pick-up will be located at the Official Race Hotel of the Quad Cities Triathlon, the Davenport Holiday Inn, from 4 PM to 8 PM, Friday June 17th.

If you have any questions or would like to enter, go to [www.qctriathlon.com](http://www.qctriathlon.com) or contact Eric Sarno at [ericsarno@msn.com](mailto:ericsarno@msn.com).

Sponsors for the 2005 Quad Cities Triathlon Include:

- Quad Cities Bicycle Club
- Healthy Habits
- Active Endeavors
- John Deere
- QC On-line
- Quad City Times
- Quad City Radio Group- KCQQ
- Running Wild
- Lujack Auto Plaza
- Saukanuk Paddlers
- Summit Youth Program
- Davenport- River Center
- Holiday Inn- Davenport
- Scott County Sheriff
- Panera Bread
- Coke
- USA Triathlon
- Cornbelt Running Club
- American Red Cross – (Also the official Charity for the 2005 Quad Cities Triathlon)
- Accu-Split Timing

The owner of the Kiosk pulled the bands from the racks. In New York, two vendors were fined and ordered to make contributions to charity. I just want to make club members aware of this, as many wear the bands, either to support Lance or because cancer has touched their lives.

The only places you can get the real thing and all the money goes to LAF is at Trek dealers, select Nike stores, Discovery Channel stores, and LAF online. I placed an order through LAF and decided it was better to wait and know that the money is going to the right place. In the Quad Cities they are available, when in stock, at On Two Wheels, Jerry and Sparky's, and Dick's Sporting Goods. It's just sad people try to make a buck off of a charity's shirt tail and the emotions of cancer victims.

## QCBC 20k Time Trial Championships

Dave Thompson

The 6th annual Quad Cities Bicycle Club 20k Time Trial Championships will be held on Sunday May 22nd this year. The out and back course on Barstow Rd is the same as always. Registration will be held in the Barstow Fire Dept from 7:45-9:00am on race-day.

Fees are the same also; \$14 with a one-day ABR license. Remember that you go out in the order that you register, so if you sign up early you will be done before some people start.

Trophies will be awarded to the fastest male and female QCBC members. Also Trophies 5 deep in various racing categories and age groups for men and women.

Custom made QCBC TT cycling socks to all registered racers. Look for a race flyer in this issue of Pedalwheeling on page 16.

On July 17th the 4th annual 40k championship will be run in Cordova, Illinois. This is a MATTS event with all the corresponding categories and age groups. Plaques will be awarded to the top 10 male QCBC members and top 5 female QCBC members. No late fees for QCBC members. No 1-day license fees for DICE team members. DICE members race for a flat \$10 fee.

Both races are on the Quad Cities Multisport Grand Prix. More information at [www.qcracingevents.com](http://www.qcracingevents.com). Contact Dave Thompson at 309-764-5030 or [dthompson@revealed.net](mailto:dthompson@revealed.net)

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## criterium Volunteer Opportunities - May 30

Vivian Norton

**Meet the Racers:** Work the **registration desk** and have the chance to meet the guys and gals registering to race or picking up packets. You get an interesting insight into the race when you meet them. Contact Chairpersons: Vivian Norton at 563-355-1899 or [vjoan@worldnet.att.net](mailto:vjoan@worldnet.att.net) or Don Davis at: 309-788-0753 or [dondavis@aol.com](mailto:dondavis@aol.com).

**QCBC Booth:** Join Chairperson Dave Lefever at the QCBC booth to introduce criterium fans to the advantages and enjoyment of being a QCBC member. Contact Dave at: 563-355-6476 or [bike@netexpress.net](mailto:bike@netexpress.net).

**Corner Marshals:** See what is going on during the race and help out the racers at the same time by being a corner marshal. Corner marshals monitor street crossings to stop spectators from crossing in front of the racers. Call Bill and Kathy Wiebel, chairpersons, at: 309-755-1859 or [billwiebel@aol.com](mailto:billwiebel@aol.com).

**T-shirt sales:** Like to sell? Like to be part of the action? Like to get a free shirt? Join Dennis and Karen Baber at the T-shirt sale booth. Contact Dennis at: 309-796-2476 or [xilpp@netzzero.net](mailto:xilpp@netzzero.net).

**Wheel Pit:** If you "know your wheels" or want a quick, practical lesson, join the Wheel Pit Guys by contacting Darrel Blackburn at: 563-332-2668 or [dablackburn@mchsi.com](mailto:dablackburn@mchsi.com).

**Prize Desk:** You may not get a prize but you do get to see how it's done. To volunteer call Doug Nelson at: 563-355-3253 or [dougnelsonmai@aol.com](mailto:dougnelsonmai@aol.com).

**V.I.P. Tent:** Mingle with the Very Important People and help John Wessel at the V.I.P. tent. Contact John at: 309-762-4762 or [jcw@wpcco.com](mailto:jcw@wpcco.com).

**Registration for Trikes and Youth Races:** Volunteers are needed for registration and for a "Trike Wrangler" (to line up the trike racers). Contact Michel Zugmaier at 563-508-4301 or [mzugmaier@carletonls.com](mailto:mzugmaier@carletonls.com).

Shifts are available from 7:30 a.m.-3:00 p.m. on Memorial Day.

### Your BIG rewards:

- See the fun and hear the Saturday concert.
- 2 FREE FOOD coupons good at criterium vendors!
- A spectacular and MUCH coveted criterium t-shirt.
- An invitation to the volunteer party! (Time and location to be announced)
- A full day (or shift) of entertainment!
- An opportunity to be an active QCBC volunteer.
- BE PART OF THE CRITERIUM FUN!

Contact Vivian Norton at 563-355-1899 or [vjoan@worldnet.att.net](mailto:vjoan@worldnet.att.net) to find out what volunteer spots are open or to tell her what volunteer opportunity you'd like.

## Quad Cities Bicycle Club Membership Application

(Please print using blue or black ink)

- New Application  
 Renewal Application

- Membership Type:  Individual \$15/Year  
 Couple \$20/Year  
 Family \$20/Year

Date of Application \_\_\_\_\_

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_  
 (Incl. Area Code)

**NOTE:** The QCBC normally publishes the name, city, state and telephone number for new members in the newsletter. We have found that this encourages existing members to welcome new members into the club. If you would prefer that this information not be listed in the hard copy and online copy of the newsletter, please indicate here:

Memberships in Other Bicycling Organizations:  League of Am. Bicyclists  League of IL Bicyclists  IA Bicycle Coalition  FORC

Family Members *	Birthdate	M/F	Riding Interests	I Can Help With	
			<input type="checkbox"/> B/Triathlons	<input type="checkbox"/> Annual Dinner	<input type="checkbox"/> Picnics
			<input type="checkbox"/> Camping	<input type="checkbox"/> Computer Work	<input type="checkbox"/> Race Events
			<input type="checkbox"/> Commuting	<input type="checkbox"/> Du-State-Du	<input type="checkbox"/> Ride Leader
			<input type="checkbox"/> Endurance	<input type="checkbox"/> Heartland Century	<input type="checkbox"/> Ride Schedule
			<input type="checkbox"/> Mountain Biking	<input type="checkbox"/> Membership	<input type="checkbox"/> Safety/Education
			<input type="checkbox"/> Racing	<input type="checkbox"/> Newsletter	<input type="checkbox"/> Telephone Calling
			<input type="checkbox"/> Recumbent	<input type="checkbox"/> QC Criterium	<input type="checkbox"/> TOMRV
			<input type="checkbox"/> Tandem	<input type="checkbox"/> Packet Stuffing	
			<input type="checkbox"/> Touring	<input type="checkbox"/> Other	

\* Single adult children up to 22 years, using their parent's address as their primary address, may continue on their parents' membership.

The Quad Cities Bicycle Club assumes no responsibility for personal injury, damaged equipment, theft or loss taking place on any club rides or other activities, which it sponsors. All cyclists ride at their own risk. Anyone under age 16 must be accompanied by a responsible adult. A parent or guardian must sign for all applicants under age 18. All applications must be signed, and in signing the liability release, the applicant agrees to the above conditions.

### Liability Release – Signature Required

Individual membership (self) \_\_\_\_\_ Date \_\_\_\_\_

Couple/Family Membership (self) \_\_\_\_\_ Date \_\_\_\_\_

Couple/Family Membership (spouse) \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian for Children under 18 \_\_\_\_\_ Date \_\_\_\_\_

Make all checks payable to: Quad Cities Bicycle Club.

Mail completed form and check to: QCBC, ATTN: Membership, PO Box 3575, Davenport, IA 52808

Applications postmarked by the 10<sup>th</sup> of the month will be processed to insure delivery of the next month's newsletter.

Please visit our website for a listing of club rides and other events: <http://www.qcbc.org>

Last Revised 12/13/04



## May 2005 Ride Schedule

- **Sunday, May 1**

**8:00 A.M. – Fast-Paced Ride – Riders’ Choice – IL** Meet at east end of Ben Butterworth Parkway near CNH.

**8:00 A.M. – Mid-Paced Ride Barstow Volunteer Fireman’s Pancake Breakfast – IL** Meet at Illiniwek Park Pavilion. Located just off Highway 84 in Hampton, IL. Ride to Barstow for the Annual Fireman’s Pancake Breakfast. Be sure to bring a set of dry clothes to change into after the ride and stay for the picnic. 36 miles. Ride leader: Darlene Moritz, 563-386-3499.

**12:00 noon – Spring Picnic and Swap Meet – IL** Meet at Illiniwek Park Pavilion. Located just off Highway 84 in Hampton, IL for a picnic and a chance to swap or sell used biking gear. The QCBC will provide the main meat items, drinks and “picnic” tableware. Please bring a dish to pass along with items to sell. New members welcome. Coordinators: Rick Wren, 309-786-7979 and Dean Mayne, 563-355-0995.

- **Tuesday, May 3**

**5:30 P.M. – Summer Evening Ride – IA** Meet at Happy Joe’s Restaurant in Eldridge. Riders’ choice.

- **Wednesday, May 4**

**8:00 A.M. – Wednesday Morning Ride – IL** Meet at Hardee’s, 425 55th St., Moline. Riders’ choice.

- **Thursday, May 5**

**5:30 P.M. – Summer Evening Ride – IL** Meet at the boat landing along the Great River Trail in Rapids City. Riders’ choice.

- **Saturday, May 7**

**8:00 A.M. – Fast-Paced Ride – Riders Choice – IL** . Meet at Airport Park, Indian Bluff Rd., Moline.

**8:00 A.M. – Mid-Paced Ride – Working the Hills to Edgington – IL** Meet at the former Jaydon Distributing Co. (corner of Andalusia and Ridgewood Roads), Milan, IL. Ride to: Taylor Ridge, Edgington and Reynolds. 42 miles. Ride leaders: Mike McCaw, 309-787-2271 and Gregg Sprott, 309-798-2820.

**9:00 A.M. – Leisure Ride – Pancake Run – IA** Meet at Eastern Ave entrance to Duck Creek Parkway. Ride gentle hills to Argo for pancakes. 25 miles. Ride leaders: Steve & Nancy Montgomery, 563-332-5963.

- **Sunday, May 8, Mother’s Day**

**8:00 A.M. – Fast-Paced Ride – Riders’ Choice – IL** Meet at east end of Ben Butterworth Parkway near CNH.

**8:00 A.M. – Mid-Paced Ride – Riders’ Choice – IA** Meet at parking lot on Division St, just north of Duck Creek Trail

- **Monday, May 9**

**5:30 P.M. – DOT Trash Pickup – IA** Meet at intersection of Old Hwy. 61 and Mt. Joy Rd, Davenport. Wear work clothes. Contacts: Bill and Kathy Storm, 563-355-2564.

- **Tuesday, May 10**

**5:30 P.M. – Summer Evening Ride – IA** Meet at Happy Joe’s Restaurant in Eldridge. Riders’ choice.

- **Wednesday, May 11**

**8:00 A.M. – Wednesday Morning Ride – IL** Meet at Hardee’s, 425 55th St., Moline. Riders’ choice.

- **Thursday, May 12**

**5:30 P.M. – Summer Evening Ride – IL** Meet at the boat landing along the Great River Trail in Rapids City. Riders’ choice.

- **Saturday, May 14**

**5:30 A.M. – 11th Annual Tailwind Ride** This is a one-day century ride with the wind at your back. A bus will take the riders out 100 miles, and we will ride back to the Quad Cities. Rain date is May 15, rain or shine! Advance registration is required. Registration form appeared in March and April issues of *Pedalwheeling*. You can also download the form from the QCBC web site, [www.qcbc.org](http://www.qcbc.org). Chairperson: Dave Lefever, 563-355-6476 or [bike@netexpress.net](mailto:bike@netexpress.net).

**8:00 A.M. – Fast-Paced Ride – Riders’ Choice – IA** Meet at Eastern Ave entrance, Duck Creek Parkway.

**8:00 A.M. – Mid-Paced Ride – Riders’ Choice – IL** Meet at east end of Butterworth Parkway near CNH.

**9:00 A.M. – Leisure Ride – Dixon Delight – IA** Meet at Slaby’s Bar and Grill in Plainview, at the junction of Rt 130 - Y40, north of I-80. Ride to Dixon and Donahue. 27 miles. Ride leader: Vivian Norton 563-355-1899

## May 2005 Ride Schedule (cont.)

- **Sunday, May 15**

**8:00 A.M. – Fast-Paced Ride – Riders’ Choice – IL**  
Meet at east end of Ben Butterworth Parkway near CNH.

- **8:00 A.M. – Mid-Paced Ride – Going to Grandma’s – IA** Meet at Eastern Ave entrance to Duck Creek Parkway. Ride to: Maysville, Plainview and Walcott Truck Stop. 46 miles. Ride leader: Darlene Moritz, 563-386-3499

- **Tuesday, May 17**  
**5:30 P.M. – Summer Evening Ride – IA** Meet at Happy Joe’s Restaurant in Eldridge. Riders’ choice.

- **Wednesday, May 18**

**8:00 A.M. – Wednesday Morning Ride – IL** Meet at Hardee’s, 425 55th St., Moline. Riders’ choice.

- **Thursday, May 19**

**5:30 P.M. – Summer Evening Ride – IL** Meet at the boat landing along the Great River Trail in Rapids City. Riders’ choice.

- **Saturday, May 21**

**8:00 A.M. – Fast-Paced Ride – IA** Meet at Muscatine downtown river parking lot, for a 63 mile ride. Includes the Swinging Bridge.

**8:00 A.M. – Mid-Paced Ride – Swinging Bridge Tour – IA** Meet at Muscatine downtown river parking lot. Ride to Wapello, Columbus City, Columbus Junction, Fredonia and Letts. 63 miles. Ride leader: Rodger Horst, 563-263-0410.

- **Sunday, May 22**

**8:00 A.M. – Fast-Paced Ride – Riders’ Choice – IL**  
Meet at east end of Ben Butterworth Parkway near CNH.

**8:00 A.M. – Mid-Paced Ride – Hills & Vistas of Scott County – IA** Meet at Eastern Ave entrance to Duck Creek Parkway. Ride to McCausland and Scott County Park using lots of county roads that are not only hilly, but have great views!. 42 miles. Ride leaders: Bill & Kathy Storm, 563-355-2564.

**3:30 P.M. – Fun Ride – Riders’ Choice – IL** Meet at east end of Ben Butterworth Parkway near CNH. Ride the bike path in a direction determined by the riders,

find something good to eat, and return. 8 to 15 miles, at 8 mph or possibly faster. Ride leaders: Dick & Karen Grimm, 563-445-7797.

- **Tuesday, May 24**

**5:30 P.M. – Summer Evening Ride – IA** Meet at Happy Joe’s Restaurant in Eldridge. Riders’ choice.

- **Wednesday, May 25**

**8:00 A.M. – Wednesday Morning Ride – IL** Meet at Hardee’s, 425 55th St., Moline. Riders’ choice.

- **Thursday, May 26**

**5:30 P.M. – Summer Evening Ride – IL** Meet at the boat landing along the Great River Trail in Rapids City. Riders’ choice.

- **Saturday, May 28**

**8:00 A.M. – Fast-Paced Ride – Riders’ Choice – IA**  
Meet at Eastern Ave entrance, Duck Creek Parkway.

**8:00 A.M. – Mid-Paced Ride – North to Albany for Brunch – IL** Meet at the boat landing along the Great River Trail in Rapids City. Ride to Albany using the Great River Trails and county roads. 40 miles. Ride leader: Rick Meeker, 563-386-1739.

**9:00 A.M. – Leisure Ride – No Hills to Hillsdale**  
Meet at Barstow City Park for a ride to Hillsdale. 25 miles. Ride leader: Vivian Norton, 563-355-1899.

- **Sunday, May 29**

**8:00 A.M. – Fast-Paced Ride – Riders’ Choice – IL**  
Meet at east end of Ben Butterworth Parkway near CNH.

**8:00 A.M. – Mid-Paced Ride – Riders’ Choice – IA**  
Meet at Eastern Ave entrance, Duck Creek Parkway.

- **Monday, May 30**

**Quad Cities Criterium – IL** All Day Event - Bike Races in The District of Rock Island. Chairperson is Terry Burke, 309-797-3790 or [tburke@qconline.com](mailto:tburke@qconline.com).

- **Tuesday, May 31**

**5:30 P.M. – Summer Evening Ride – IA** Meet at Happy Joe’s Restaurant in Eldridge. Riders’ choice.

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**NOTE:** This ride schedule insert was created off of a “draft” of the 2005 – 2006 Ride Schedule. For additional information, please contact Steve Montgomery, Ride Schedule Coordinator at 563-332-5963 or [Monty867@wmconnect.com](mailto:Monty867@wmconnect.com).

## **For QCBC Members - 2005 Century Challenge** **Vivian Norton**

Actually, it's the same as last year...**Your First Century.**

In 2004 nine hardy souls made it. Most received a plaque at the annual dinner. But the plaque only commemorates the accomplishment. What these nine noteworthy cyclists gained was the satisfaction of reaching a goal and increasing their general fitness by getting in shape to do their first century.

### **Now it's your turn!**

In the last issue of *Pedalwheeling*, President Errol McCollum gave some wise suggestions on how to get ready to do a century. Great suggestions. I'm adding one for the top of Errol's list. **Work up to your century with some 60 to 70 mile rides.**

Trying a century after a long winter of without much

riding sets you up for a harder than necessary century. Take along an optimistic, enthusiastic friend who bikes at about your speed. And go for it!

If 100 miles seems too much of a challenge, think about this; at the Leisure Ride pace of 12 miles an hour, you could start out at 8:00 a.m. and be finished at 5:00 p.m. That includes two half hour rest breaks

Good luck and happy cycling. When you're finished, contact Vivian Norton at 563-355-1899 or [yjoan@worldnet.att.net](mailto:yjoan@worldnet.att.net).

A "Slow Paced Century" opportunity will take place on August 13th. The ride will start at Schuler's Shady Grove in Rapids City. Be ready to ride at 7:30 a.m. The route will be as flat as we can make it. For further information contact Vivian Norton.

You must report your century by November 1, 2005 to receive your plaque at the 2005 QCBC Annual dinner.

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## **Ride Report – April 16** **Kathy Storm**

14 QCBC members and 1 guest rider meet at the Colona Grade School today for a nice 28 mile round trip ride between Colon and Geneseo. The weather was great for a spring day: light breeze out of the south, sunny skies and a temperature in the low 60's.

Bill Storm made the announcements before the beginning of the ride, everyone introduced themselves and off we went using a combination of the Hennepin Canal Trail and quiet back roads that basically follow the canal into Geneseo.

Once in Geneseo, we stopped at the Parkway Grill (formerly Pam & Frank's) restaurant for breakfast. After breakfast, Jerry Kruse rode 6 blocks to home and the rest of us rode back to Colona. Jerry and Nadine were planning to participate later today in an afternoon hike with the Blackhawk Hiking Club to which they also belong.

During the ride, we realized that we had a father and son-in-law pair on the ride with us. Both Jim Ulmer and his son-in-law Randy Estes live in Colona. Jim rides between Colona and Geneseo quite often, enjoying the flat route and rural scenery.

Other members who participated in this ride included: Don and Linda Barchman, Charles Curry, Dan Duke, John Graves, Larry Hanna, Bob Milligan, Mike Stark and Scott Swanson.

We had a nice spring ride, not too fast, pleasant conversation and regrouping on the turns. We were glad to see Linda Barchman taking a break from processing TOMRV registrations.

And a special "thanks" goes out to Jerry, Jim and Larry for offering to help place some MidPaced Ride brochures at the libraries in the outlying towns where they live. I appreciate your help in getting these brochures distributed. We hope to see all of you out again on another MidPaced Ride in 2005.

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## **TOMRV Needs Your Help** **Bill Langan**

Experience TOMRV without training - volunteer!! TOMRV is one of the finest cycling tours and a big part of the reason is the volunteers.

A few years ago we started having a truck/van for

each of the Rest Stops so drivers are needed! Rest Stop volunteers are needed to serve the various foods and drinks to the cyclists.

If you would like to be part of the team please call Bill Langan at 563-386-3058 or email him at [langandav5@msn.com](mailto:langandav5@msn.com).

## Looking for Fun Riders Ready to Spin With - 2005 Dick and Karen Grimm

Again year we are organizing a bike ride for Sunday afternoons called **The Fun Ride**. After listening to other riders talk about wanting to get their spouses or significant others riding, this is your chance. It is also open to families. So you not only get in some quality riding but you are going to meet new and interesting people. We have tried this type of riding with other couples and couples with kids and found it to be just great Fun. Now all you need is any style bike, and a helmet, and your ready to ride.

Each ride will be on a Sunday afternoon or early evening, beginning in April and continuing into May, thru September. Each ride will be held along the Illinois bike path.

It is basically flat and without traffic or steep grades. This way there are no long hills to ride. While there may be some riders going faster, speed to be around 8 to 9 mph. A good speed for easy talking while riding.

The idea is to ride a short distance, 8 to 15 plus miles round trip, to a playground or a place to eat or both. While this may seem to be a lot of miles for some, riding along the river makes the ride fly by. Baby carriers and trailers will be accepted mode of transportation for kids. But youth bikes are also ok.

Remember, all ride routes either head toward or go by several play ground areas and restrooms. Stopping is always optional, or if child dictated. At playground stops, Macho riders can break from the pack for some sprint rides or for extra ride length. Note this action should only take place with child or spouse permission.

We hope there will be a great turnout of people wanting to show someone a Fun riding experience. If you haven't guessed yet, kids of all ages are welcome on these rides.

While the rides are centered around playgrounds they also cater to the riders that might want to stop, get something to eat, spread a little good cheer and pedal back to the start. Reservations can be made ahead of time for anyone wanting to stop and eat.

Listed below are the dates of the 6 scheduled rides for 2005. They will start at 3:30pm:

- **April 24th** Meet at Sunset Marina Park in Rock Island and ride to TGI Friday's in Moline. 14 miles.
- **May 22nd.** Meet at East end of Butterworth Parkway in Moline near CNH and ride in the direction that is acceptable to all riders. 15 miles.
- **June 26th** Meet at Sunset Park in Rock Island and ride to TGI Friday's in Moline. 14 miles.
- **July 24th.** Meet at East end of Butterworth Parkway in Moline near CNH and ride in the direction that is acceptable to all riders. 15 miles.
- **August 28th.** Meet at Sunset Marina Park in Rock Island and ride to TGI Friday's in Moline. 14 miles.
- **September 25th.** Meet at East end of Butterworth Parkway in Moline near CNH and ride in the direction that is acceptable to all riders. 15 miles

So if you are wondering why you would want to take part in these rides it is simple:

1. You can show family members that riding with a group can be **FUN**.
2. To meet new people and have **FUN** together.
3. Spend quality time with your bike and family at the same time and have **FUN**.
4. Most importantly to have **FUN** and then have some more **FUN**

Remember the key word on these rides will be **FUN**, so show up and have some or a lot of **FUN**.

All we are missing is you.

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## Davenport 2025 – Meeting May 23 Lisa Lantau

Last March, the City of Davenport kicked off its update of the comprehensive plan with the release of a vision, goals, and objectives for the City. Now, after a year's worth of public input and research, there will be a presentation of maps recommendations to guide growth and development.

Many people have helped guide the comprehensive planning process, including several QCBC members. We cordially invite everyone to the final Quarterly Update on May 25, 2005; 5:30PM at Davenport City Hall to review the recommendations of Davenport 2025.

Please visit [www.davenport2025.com](http://www.davenport2025.com) or contact the City of Davenport Design Center at 563-326-7743 or [lkl@ci.davenport.ia.us](mailto:lkl@ci.davenport.ia.us) for more information.

## **2005 Scott County Park Road Racing Series Mike Zugmaier**

The first two installments of the Cody Race Series are in the books and by all measures have been quite successful. Thanks to the support of DICE Cycling and sponsorships from Riverview Urgent Care and the Quad Cities Bicycle Club, the Cody Road Racing Series is becoming a hit with racers across Iowa and adjoining states.

March 12th **ACT I – Scott Co Park Road Race** was hardly a “Spring Classic” but more of a Winter Send-off” as temperatures hovering near 24 degrees didn’t deter 41 racers from coming out to Scott County Park for the inaugural event in the Cody Road Race Series.

The hearty participants tested their early season fitness in a 20.4 mile road race along a 5.1-mile circuit of the park roads. Hoping to encourage some competitive racing the six starting categories were started off with a few second intervals between groups.

The field of Cat 1/2/3 were started first with a very strong group of Masters racers following up close behind. Many of the Master’s racers and a few Cat 4/5’s worked hard to join the 1, 2, and 3’s to complete the first 5-mile lap. Davenport native Ryan Nenninger (Athletes By Design) made an early break followed by Lee Venteicher (Team EMU) and Paul Denninger (Iowa City Cycling Club). This break way group would stay out front the entire race. The follow group of a dozen or more was paced by the likes of Tracy Thompson (ATLAS), Mike Winter (DICE), and local QCA triathlete Jeff Castro.

In the Women’s field Emilie Duchow (DICE) got ahead of Andrea Venteicher on lap 2 to hold her lead position in tough solo performance over the cold and rolling course. For the Juniors 13 year old Thomson Remo (Baraboo Sharks) came down from Fond du Lac, WI to put in a hard days work in the park doing a great job staying on the lead lap throughout the race.

When the final lap was counted Lee Venteicher had pulled ahead of Ryan Nenninger for the win in the Cat 1,2; Tracy Thompson finished 4th overall and won the Cat 4 prize. Daniel Gales (Cyclone Cycling) finished 5th overall taking the Cat 3 crown while 40+ Masters winner Mike Winter finished 7th overall.

Other Category winners were: Scott Murphy in the Cat 5, Chad Bishop (Mellon City Cycling Club) in the Beginners, Landon Beachy (Bike Tech) in the 50+ Mas-

ters, Thomson Remo in the Juniors 10-14, and Casey Zugmaier (DICE) in the Juniors 15-18. Besides Prize Money for the winners there were medals for top 3 in each category plus Pie and “Beverages” for those who finished just out of the money.

April 2nd – **ACT II – Cody Trail Road Race**, with the weather cooperating by providing sunny skies and temps in the mid 50’s. A total of 51 racers competed in the second race of the Cody Road Race Series. The Cat 1/2/3’s started first with a field of 15 followed by the combined Master’s Category and the Cat 4 & 5’s starting last, 5 minutes back.

The 27-mile course followed a 9-mile loop along the west side of Scott County Park then headed east on St. Ann’s road to Utica Ridge Road and then right on 270th St to return to the park by the south entrance. The constant hills and shifting wind proved to be challenging for all racers.

Even before the first lap was completed the race field was separated into several packs of 3 – 8 riders who quickly realized they might have little chance to bridge their way up in the field.

With the nice weather the race was viewed by many of the campers from the park and several QCBC of riders who included Scott County Park as part of their Saturday morning ride. Most spectators eyed the performances of two Cat 4 riders, Tracy Thompson (ATLAS) and Pete Sharis (DICE) who set the fastest pace of the day and finished the course about 2 minutes behind the Cat 1/2/3’s making up a full 3 minutes of the 5 minute staggered start, “what an effort boys!”

At the finish Trace Thompson edged out Pete Sharis by just a few feet to take the Cat 4 top prize, Bryan Moritz (DICE) place 3rd. In the Cat 1, 2 Paul Denninger (Iowa City Cycling Club) edged out local shop owner Jeff Bradley and top Cat 3 racer Eric Lambi (Team Emu) who finished 3rd overall.

In the Cat 5 race Jason Schisler from Morrison IL took top honors with DICE’s Patrick Hanrahan finishing 2nd. In the Masters 40+ Jeff Castro lead the field with Todd Black (Iowa City Cycling Club) in second, for the 50+ Tom Erps (DICE) and Dave Thompson (DICE) finished one, two.

The Women, Junior’s and Beginners completed in an 18-mile event, completing 2 laps of the 9-mile circuit.

(cont. on page 14)

## Scott County Park Road Racing a Success

(cont. from page 13)

Our appreciation goes out to the Scott County Conservation Board for use of the park roads and facilities. And we wish offer special thanks to our fantastic course marshals for these two events, Mike and Darlene Moritz, Merle Schleusener and David Gantzer who kept the racers safe and the motorists happy.

The last race in the "Buffalo Bill" Cody Race Series is Saturday May 14th – **Act III - Scott Park Circuit Race** and to celebrate the success of the race series we will be offering a Cash Prize purse of \$1,000 and expect to attract some of the finest competition to be found in and around Iowa. We hope to see you out there watching, or racing. Races begin at 9:00 AM and continue until 2:00 PM. Race Schedules and additional information can be found at [www.dicecycling.com](http://www.dicecycling.com)

## League of Illinois Bicyclists Ed Basotti

The LIB Unveils "Complete Streets" Website which provides an easy way to comment on upcoming roadwork near you

Do you want more bike-friendly roads in and around Moline-Rock Island? Be a "squeaky wheel" and ask for them! No need to hunt down what roadwork is being planned – simply visit:

[www.bikelib.org/completestreets](http://www.bikelib.org/completestreets), answer a few brief questions, and LIB handles it from there.

### What is the goal of the Complete Streets website?

To give folks an easy way to speak up for better bicycling and walking conditions, when road projects are being designed. Many of us get frustrated when road construction does not improve conditions, often worsening them. The time to improve the design is early, when it is easier (and cheaper) for the road-building agency. Through this website, you can help show the demand and suggest what should be done.

### What do I do?

It's easy – go to the website, look at our maps, click on a road project to learn about it, type in your comments, and click submit.

LIB has filtered lists of upcoming projects down to

those early enough in the process and with an appropriate scope of work (widening; reconstruction; shoulder work; some resurfacing projects)

### What happens after I submit a survey?

Your responses go to LIB. We add a cover letter explaining the survey, and asking that your comments be considered and added to the official project record. We send it to the head of the appropriate road-building agency and to the elected official in charge of it.

It's our hope that each QCBC member takes advantage of this simple opportunity!

### Updates on Other LIB Legislative Activities:

This spring, LIB is working on state legislation important to bicycling:

- **"Boub" Bill (House Bill 2390)** – would restore some liability protection for bicyclists on Illinois' local roads and remove a powerful disincentive that has stopped many towns/counties from adding on-road bike lanes, routes, etc.
- **Complete Streets (Senate Bill 508)** – directs IDOT to better accommodate bikes and pedestrians in their roadway designs, through policy changes and technical training.

Your phone calls make a huge difference in Springfield! Go to [www.bikelib.org](http://www.bikelib.org) for more bill info, latest status, and your state legislators' phone numbers.

### Remembering 2 QCBC Members

- **Dick Swanson** 72 (Rev. Swanson, retired Chaplain at Augustana College) died suddenly on March 10th after suffering an aortic aneurysm.
- **Kathy Kirshbaum** 73 (former Davenport Mayor during the 1970's) passed away on April 14th due to complications from dementia.

**Wanted** – Photos of Illinois QCBC members (with their car) who secured the special "Bike Month" license plates through the League of Illinois Bicyclists. These special plates can be displayed on your car during the months of April and May. Please contact the newsletter editor at: 563-355-2564 or [qbceditor@yahoo.com](mailto:qbceditor@yahoo.com).

## **News from the Chicagoland Bicycle Federation**

**Kathy Storm**

The following information was taken from the web site of the Chicagoland Bicycle Federation. ([biketraffic.org](http://biketraffic.org)) Some of you here in the Quad Cities may wonder why in the world I would put this information in our newsletter. The following information regarding recent passage of the “Boub Bill” affects every cyclist who rides in Illinois, if we want to ride on roads that vehicular traffic uses.

About 7 years ago, a cyclist by the last name of Boub was injured when he was forced (by surrounding traffic in the Chicago area) to ride on an area of the road that was under construction. The road surface was definitely not conducive to bicycle traffic, but it was not marked as such.

His attorney filed suit against the county and the county won stating that basically bicycles are not intended users of roads built for cars. Boub and his attorney did not give up and pursued the matter with the state. Through tremendous efforts of various bicycle advocacy groups, both in the state of Illinois and nationally, the ruling of the county is being overturned.

The legislative group that really worked hard to help get this legislation passed through the House was the League of Illinois Bicyclists, headed by Ed Barsotti. Our local QCBC member who serves on the LIB Board is Chuck Oestreich.

“Thank You to Everyone Who Made a Difference

**House Bill 2390** passed the Illinois House of Repre-

sentatives today (April 14th) with 60 votes, the minimum required. Thank you! Every phone call made a difference. At least a dozen undecided votes were turned to our cause because of last-minute efforts. We urge you to continue contacting your representatives. Your follow-up calls now will help lay the groundwork to pass other bicycle legislation that is approaching.

If your local State Representative voted “yes,” please call and thank them while noting that you are looking forward to working together on future bicycle legislation. If they voted “no,” please call and thank them for their consideration while noting you hope to be able to work together successfully on future bicycle legislation. Whether your representative voted “yes” or “no,” follow-up calls and building relationships is critical as other important bicycle legislation approaches the House.

Thanks again sincerely for the work of House Bill 2390 sponsors, Elaine Nekritz (D-Des Plaines) and Randy Hultgren (R-Winfield), and the efforts of bike clubs, bike shops and many citizens. Illinois now has a chance to rejoin every other state in upholding bicyclists as “intended and permitted” users of roads with all of the safety and liability protections afforded to other vehicles.

HB2390 is now on to the Illinois Senate!”


**Editors Note:** Here is now our local QC area Representatives in Illinois voted on this bill. Both Mike Boland (Moline) and Peter Verschoore (Rock Island) voted against this bill.

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## **Other Local and National News Notes**

**IA Riverfront Trail** – From the Quad City Times - on March 30th, Bettendorf city officials announced they will acquire the final parcels needed at the Bettendorf-Davenport border to extend the riverfront recreational trail. City officials say they hope to have that portion of the path completed by Father’s Day. This will add .7 mile to the exiting trail in Davenport. Bettendorf City Officials have spent the last 10 years securing grant money for the cost to extend the trail along the riverfront, negotiating with the railroad companies for right-away-access and negotiating the sale of the 24 privately owned parcels in this area.

**Tours To Go** – From Adventure Cycling - The Bikecenturies.com national ride calendar lists well over a thousand event rides taking place throughout the nation in 2005. “We should be up to two thousand rides later in the year,” said Ben Madden, the site's developer. “This is the result of a very small, very nutty grassroots team of people. There's no money behind it, just a love of cycling.” <http://www.bikecenturies.com>

<p style="text-align: center;"><b>QUAD CITIES BICYCLE CLUB</b> <b>2005 - 20K TIME TRIAL CHAMPIONSHIPS</b></p>		
<b>WELCOME</b>	To the 6th Annual Quad Cities Bicycle Club Time Trial Championship. Race #3 On QC Multisport Series. Part of the "Tour Of IL/WI".	
<b>DATE/TIME</b>	Sunday May 22, 2005. 1st Rider off at 9:01am. All registered racers will receive custom made QCBC Time Trial cycling socks.	
<b>CONTACTS</b>	Dave Thompson: 309-764-5030 or <a href="mailto:Dave_Thompson@QCRacingEvents.com">Dave_Thompson@QCRacingEvents.com</a> . Go to: <a href="http://www.QCRacingEvents.com">www.QCRacingEvents.com</a> for race results.	
<b>LOCATION</b>	Barstow, Illinois, just outside of East Moline, IL. Registration and awards at Barstow Fire Dept.	
<b>REGISTER</b>	Race-Day Registration will be held from 7:45am-9:00am at the Barstow Fire Dept. Late fee in effect after 5/16, except for QCBC members.	
<b>SANCTION</b>	This is an American Bicycle Racing sanctioned event. You must have an Annual License or purchase a 1/Day Permit.	
<b>COURSE</b>	20K - Out and back course. Dead flat following the Rock River Valley. No turns. Turnaround in road. Can be windy. Course Records: Paul Deninger/Iowa City 26:21 and Jane Rinard/Menoma 30:25	
<b>DIRECTIONS PARKING</b>	Exit off of Rt 5 (Turns into I-88) Barstow Rd. Exit at the edge of Silvis. Go 2 miles east on Barstow Rd to Fire Dept, on left. Do not park at Fire Dept! There is parking on city streets and at the Grade School 1 block away.	
<b>RACE RULES</b>	Riders go out in 1-minute intervals starting at 9:01am sharp. First signed up, first out. We will follow all ABR rules. Race goes on, rain or shine. We will provide a holder.	
<b>AWARDS</b>	Trophies to top 3 Overall/Top Master Trophies in the following categories and age groups, followed by number of awards in [ ]'s. <b>Men:</b> Junior [3] Open [3] CAT 4 [5] 30-39 [5] 40/44 [5] 45/49 [5] 50/54 [5] 55/59 [5] 60/64 [5] 65/69 [5] 70+ [5]. <b>Women:</b> Junior [1] Open [3] CAT 4 [3] 40/49 [3] 50/59 [3] 60+ [3]	
First Name	Fees/Pre-Registered ABR Member	\$10
Last Name	Pre-Registered W/1 Day License	\$14
Address	Race Day/ABR Member	\$13
City	Race Day W/1 Day License	\$17
ST/Zip	Check here if QCBC member	<input type="checkbox"/>
Gender	Fill in total paid	
Age/ABR Annual License #	Make checks out to QCBC Mail To: 2330 15th Ave. Moline, IL 61265	
Racing Category	Fill in below for 1-Day license	

Name, please print \_\_\_\_\_ Signature \_\_\_\_\_

Address \_\_\_\_\_ Category \_\_\_\_\_ Gender:  Male  Female

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_



Midwest Invitationals – Spring & Summer 2005

**Saturday, May 7**

“Ride the Ups and Downs”

Elizabeth Chamber of Commerce

Starts in: Elizabeth, IL. 22, 31, 46 and 60 mile routes.

(800)-747-9377 or elizabeth-il.com

**Saturday, May 21**

“Best Dam Bike Ride”

Lake County Cyclists

Starts in: Ankeny, IA. 30, 40 and 50 mile routes. (515)

963-3572 or ci.ankeny.ia.us

**Saturday or Sunday, May 28 or 29**

“Stateline 60” (same ride is offered both days)

Blackhawk Bicycle & Ski Club

Starts in Rockton, IL. 12, 35 and 68 mile routes. (815)

398-2488 or aeroinc.net/users/bbsc

**Sunday, June 5**

“Udder Century”

McHenry County Bicycle Club

Starts in: Union, IL. 31, 50, 62 and 100 mile routes.

(847) 587-6234 or mchenrybicycleclub.org

**Saturday & Sunday, June 11 & 12**

“Tour of the Mississippi River Valley”

Quad Cities Bicycle Club

Starts in Bettendorf, IA. Day 1: 106 or 65 miles. Day

2: 86 or 41 miles miles. (563) 388-8043 or qcabc.org

**Saturday, June 18**

“Great Carroll County Cycling Event”

Carroll County Cycling Club

Starts in: Mount Carrol, IL. 62 mile route. (815) 275-

2405 or cc-cycling.com

**Saturday, June 18**

“Ride and Stride”

McLean County Wheelers

Starts in: Bloomington, IL. 10, 30 and 60 mile routes.

(309) 662-0500 ext. 58 or mcleancountywheelers.com

**Saturday, June 18**

“Horribly Hilly”

Viking Biking Club

Starts in Blue Mounds, WI. 100k and 200k routes.

(608) 437-4878 or <http://www.horriblyhilly.com/>

**Sunday, June 19**

“Windy 60”

DeKalb County Bicycle Club

Starts In: DeKalb, IL. 20, 43 and 63 mile routes.

(815) 758-1562 or direct.at/windy60

**Sunday, June 19**

“Swedish Days”

Fox Valley Bicycle & Ski Club

Starts in: Burlington, IL. 25, 45, 62, 75 and 100 mile

routes. (630) 584-7353 or fvbsc.org

**Saturday, June 25**

“Swine Trek”

Hawkeye Bicycle Association

Starts in Palo, IA. 10, 25, 50 or 100 mile routes. (319)

560-3979 or hawkeyebike.com

**Monday, July 4**

“4th of July Metric Century”

Joliet Bicycle Club

Starts in: Plainfield, IL. 30, 45 and 62 mile routes.

815-729-0183 or jolietbicycleclub.org

**Saturday, July 16**

“Lake County Classic Century”

Bay View Bicycle Club

Starts in: Oconomowoc, WI. Routes of: 15,25, 45 and

65 mile routes. (414) 764-3676 or bayviewbikeclub.org

**Saturday, July 16**

“Ride Around Henry County”

Henry County High Wheelers

Starts in: Mount Pleasant, IA. 26, 46 & 66 mile routes.

(319) 385-1382 geo-

cities.com/henrycountyhighwheelers/

**Sunday, July 17**

“Biking with Beanie”

Kiswaukee Valley Bicycle Club

Starts in: DeKalb, IL. 23, 43, 63, 81 or 101 mile

routes. (815) 758-3742 or kish-kiwanis.com

**Sunday, July 31**

“Metro Metric”

Elmhurst Bicycle Club

Starts in: Hampshire, IL. 33, 49, 65 and 100 mile

routes. (630) 415-2453 or elmhurstbicycling.org

**Saturday and Sunday, August 6 & 7**

“Around Illinois Back Roads” Sampler

Joliet Bicycle Club

Starts in: Morris, IL. 50 miles each day. (815) 467-

5748 or jolietbicycleclub.org

Quad Cities Bicycle Club  
P.O. Box 3575  
Davenport, IA 52808

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### **ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING**

#### **Balltown Classic – June 4 -New and Improved! Joe Jamison**

Here's an opportunity for you TOMRV riders to loosen up the quads in preparation for Blackjack Road. Sign up to ride either the traditional Balltown Classic, a 200 miler from DeWitt, IA to Balltown, IA and back or just do the century version starting with the double century riders in DeWitt's City Park at 5:00 AM and riding to the scenic and historic hamlet of Balltown. The date of this event is June 4th, one week prior to TOMRV.

The century will provide all the benefits of the double century (except the extra 100 miles) plus the time to have a great lunch at the historic Breitbart Restaurant, the oldest, continuously operated

restaurant in Iowa. This unique inn overlooks the Mississippi River providing an eagles view of Wisconsin and Illinois and includes a great story from the 1930's involving a band of gypsies...but then, you'll have to do the ride to find out about that.

Century riders can return to DeWitt with the help of friends or family, or the organizers will provide transportation for a modest additional fee.

All the information needed for registration can be found at [www.ultramidwest.com](http://www.ultramidwest.com) or contact one of the following event directors:

- Joe Jamison at 309-235-4284 or [j-jamison@sbcglobal.net](mailto:j-jamison@sbcglobal.net)
- Dave Parker at 563-940-5370 (H) or 563-333-2353 (W) or [parker\\_dave@hotmail.com](mailto:parker_dave@hotmail.com)

Learn to ride a bicycle. You will not regret it if you live.  
Mark Twain