



Pedalwheeling

Monthly Newsletter of the Quad Cities Bicycle Club – June 2004

Ride Report – May 1st Jean Kelly

Midpaced Ride – “Long Grove and Parkview Circuit”. Dick Morrill gave in to the raindrops peppering on his windshield and opted to skip the ride.

Dick Grimm rolled up in biking shorts despite the cooler temperature and light rain. Doug Stephens tucked in under the Eastern Ave. shelter, too, as we viewed the stippling effect of the rain on the pond.

Dave Alftine arrived too. Bill Storm showed up

pushing his bike with flat and decided to pedal home even though the glass was found, slit plugged with super glue and tube replaced.

So – we numbered 4, and the ride took on a new name, “The Harlan Hop”, as we rode to Harlan’s for breakfast. There was a stop at Grimm’s on the way there where Dick lubed the squeaks of the loaner bike Doug was riding.

I don’t believe we biked off many calories, but the company was enjoyable and the weather did improve.

2004 DOT Trash Pick Ups Off to Good Start Bill & Kathy Storm

On April 26th, 9 QCBC members picked up trash along a 2 mile stretch of Scott Park Road (old Highway 61) just north of the John Deere plant in Davenport. The weather was cool and windy and there wasn’t much trash after a long winter. Perhaps this stretch of road is getting more attention now that it is maintained by the city of Eldridge instead of the state

of Iowa.

The following members were in attendance and enjoyed pizza afterwards at Happy Joe’s: Dick & Karen Grimm, Jean Kelly, Warren & Shari Power, Phil Schube, Bill Storm, Ken Urban and John Wessel. Thank you for helping out with this community service project. Your time is appreciated.

The next pickup is scheduled for July 19th at 5:30pm.

Spring Picnic – April 18



Board members Karen Nord (in foreground) and Deb Mathias (striped shirt) help assemble all the food on the serving tables before the eating begins. Digital photo submitted by Dick Grimm)

If you have photos to submit for club events, please email them to qcbceditor@yahoo.com by the 10th of the month. Please include the date of the event and the names of the people pictured.

Thanks, Kathy.

Key Contacts

Officers:

President - Warren Power (563) 391-5466 warrenpower@mchsi.com
Vice President – Errol McCollum (309) 762-8252 ecmed@netexpress.net
Recording Secretary – Jane Garrett (563) 441-9115 jag@revealed.net
Treasurer – Karen Grimm (563) 445-7797 qcbc_treas@yahoo.com

Quad Cities Bicycle Club
P.O. Box 3575
Davenport, IA 52808
<http://www.qcbc.org>

Board Members:

Terry Burke (309) 797-3790	Jean Kelly (563) 359-9508	Dave Lefever (563) 355-6476
Deb Mathias (309) 787-6547	Steve Montgomery (563) 332-5963	Karen Nord (563) 326-9113
Charlie Sattler (563) 391-3422	Phil Schubbe (563) 359-5057	John Wessel (563) 359-8350

Key Contacts: A complete listing of Committee Chairperson and Key Contacts is available on the club's web site and in the front of the hard copy Ride Schedule and Membership Directory booklet.

Mission Statement: To promote, encourage, and support the safe participation in bicycle riding of all ages and abilities; to anticipate and address the needs and interests of all aspects of bicycling in the Quad Cities Area.

Club Meetings: Are held twice a year at 7pm on the third Tuesday of April and October at Rivermont Collegiate, 1821 Sunset Dr., Bettendorf, IA. (3 blocks north of K & K Hardware.) Contact Errol McCollum for program information: (309) 762-8252.

Submitting Articles for Newsletter: Deadline is the 10th of the month. Please try to limit your article to 1 page in length. Email to: qcbceditor@yahoo.com or send to: Kathy Storm, ATTN: QCBC Newsletter, 2708 Elm Street, Davenport, IA 52803. Free Want Ads are available for members. Commercial ads are available at the following rates: ¼ page - \$25, ½ page \$50 and a full page \$100. Multiple month rates are available. Call for details: (563) 355-2564.

Major Activities of the Club Include: Tailwind Century in May, Criterium Bike Races on Memorial Day, Tour of the Mississippi River (TOMRV) in June, charter bus service on RAGBRAI in July, Du-State-Du Duathlon in August, Heartland Century in September and our Annual Dinner in November.

Benefits of Being a Club Member Include: 12 issues of Pedalwheeling per year, Annual Issue of Ride Schedule and Membership Directory booklet, 10% discount at QC Area Bike Shops, ability to use LAB "Bikes Fly Free" program on selected airlines and discounts on TOMRV and Heartland Century registration fees.

Affiliated With:



<http://www.adventurecycling.org/>



<http://www.bikeleague.org/>



<http://www.bikelib.org/>

From the Headset
Warren Power

Several months ago I mentioned that the Board of Directors had decided to investigate replacing our logo. Over the past few months we've tried several different means to come up with ideas for a new logo and, to be honest, we really haven't been able to find anything that we felt was as good as or better than what we already have. So, at the May board meeting we decided to table this matter. While canceling the search for a new logo may seem minor, it actually permits us to proceed with a couple of projects that have been on temporary hold pending the outcome of the logo search.

One of the projects is to get a new club jersey. I've heard from many members that they wanted a new club jersey, so I volunteered to chair a committee that will develop a design and acquire the new jerseys. John Wessel, Karen Grimm and Vivian Norton have agreed to help out and we'd like a couple of more QCBC members to join the fun.

If you're interested give me a call. We're also looking for ideas for the design for the new jersey. All suggestions and/or recommendations are welcomed. The lead time on bicycle jerseys is fairly long, but our goal is to have it available by the Annual Meeting in November. This would also make them available as Christmas presents.

The second project is to find a local company that does embroidery and contract with them to have our club logo available so that QCBC members can take articles they purchase to the company and have the QCBC logo embroidered on the article. The club will pick up the cost of getting the logo set up by the company but it will be the responsibility of the club member to pick up the cost of the actual embroidery. Karen Nord is working on this and it should be available soon. Details of how this will work will appear in the newsletter once they have been worked out.

June is the month of TOMRV. I know a lot of you are planning on either riding TOMRV or helping on a voluntary basis. While the club has many great events, I don't think any are as important to the club as TOMRV. TOMRV isn't just a great bicycle ride that attracts a great number of riders from all over the country, it also brings a great deal of money into the club that is used for community service and to subsidize and pay for other club activities. Without TOMRV, our club would not do nearly as many things as it does today and our dues would be significantly higher.

A large number of club members and their spouses volunteer to help with TOMRV in some way and really contribute to its success. I want to thank all of you for all of the great help. Keep it up. We really need you.

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Membership Count: 5/8/04		
	# of Members	# of Memberships
Individual	395	395
Couple	280	140
Family	337	91
Complimentary	21	21
Life	6	3
Total	1,039	650

Welcome New QCBC Members!
Charlie Sattler

Name	City & State	Phone	Name	City & State	Phone
Tom & Laura Daley	Villa Park, CA	714-637-7892	Joan Hill	Davenport, IA	563-326-4413
Linda & Larry Betts	Bettendorf, IA	563-332-1294	Susan Tisinger	Muscatine, IA	563-288-4358
Mark & Julie Lucas	Bettendorf, IA	563-332-6092	Tim Haynie	Colona, IL	309-792-8219
Mary & Jeffery Stolze	Bettendorf, IA	563-332-6146	Jeff Pacheco	Knoxville, IL	309-369-5835
Milly Heskett	Davenport, IA	563-322-7863	Dorothy Spriet	Moline, IL	309-762-2702

Looking for “Fun Riders” in 2004
Dick and Karen Grimm

This year we are organizing a bike ride for Sunday afternoons called **The Fun Ride**. After listening to other riders talk about wanting to get their spouses or significant others riding, this is your chance. It is also open to families. So you not only get in some quality riding but you are going to meet new and interesting people. We have tried this type of riding with other couples and couples with kids and found it to be just great **Fun**. Now all you need is any style bike, and a helmet, and you are ready to ride.

Each ride will be on a Sunday afternoon or early evening, beginning in May and continuing into June, July, and August. Each ride will be held along the Illinois bike path. It is basically flat and without traffic or steep grades. This way there are no long hills to ride. While there may be some riders going faster, speed to be around 8 to ? mph. A good speed for easy talking while riding.

The idea is to ride a short distance, 8 to 15 plus miles round trip, to a playground or a place to eat or both. While this may seem to be a lot of miles for some, but along the river makes the ride fly by. Baby carriers and trailers will be accepted mode of transportation for kids. But youth bikes are also ok. Remember, all ride routes either head toward or go by several play ground areas and restrooms. Stopping is always optional, or if child dictated. At playground stops, Macho riders can break from the pack for some sprint rides or for extra ride length. Note this action should only take place with child or spouse permission.

We hope there will be a great turnout of people wanting to show someone a **Fun** riding experience. If you haven't guessed yet, kids of all ages are welcome on these rides.

While the rides are centered around playgrounds, they also cater to the riders that might want to stop, get something to eat, spread a little good cheer and pedal back to the start. Reservations can be made ahead of time for anyone wanting to stop and eat.

The ride schedule will begin May 23rd, at 3:30 pm, at the east end of Butterworth Parkway in Moline near CNH and ride in the direction that is acceptable to all riders. The Sunset Cruise ride on June 27th will start at Sunset Park in Rock Island at 3:30 pm and go to TGI Friday's in Moline. This ride will be 14 miles long. The ride on July 25th will be from the East end of Butterworth Parkway in Moline near CNH and ride in the direction that is acceptable to all riders. This ride will be 15 miles. The ride on August 22th will start at Sunset Park in Rock Island at 3:30 pm and go to TGI Friday's in Moline. This ride will be 14 miles long

So if you are wondering why you would want to take part in these rides it is simple:

- You can show family members that riding with a group can be **FUN**.
- To meet new people and have **FUN** together.
- Spend quality time with your bike and family at the same time and have **FUN**.
- Most importantly to have **FUN** and then have some more **FUN**

Remember the key word on these rides will be **FUN**, so show up and have some or a lot of **FUN**.

**The Fourth Five Years Of A Forty Year Journey
“1974-1978” - A condensed history of the QCBC -
The third of eight articles by Joe Jamison**

For the first 15 years of its existence, the emphasis of the Club seemed dedicated to creating a firm foundation for the racing, touring and administrative needs. Always, however, funding these activities was a constant struggle. Membership, (27 in 1964) had increased to 103 by 1975. Still, relying primarily on membership dues alone from this relatively small club was not adequate to stimulate growth. All of that was about to change. During these next five years, membership would explode, the financial situation would vastly improve and national recognition of the Club would be the result.

1979

The Tour of the Mississippi River Valley (TOMRV), the two day ride created by Bob Frye and Carter Lebeau in 1978, had proved unexpectedly popular in its first year. Three hundred riders had overwhelmed facilities at the overnight city of Burlington, IA. In 1979, the overnight city was changed to Dubuque and the results exceeded all expectations.

The American Cancer Society requested the expertise and staff support for a Bike-A-Thon to raise funding. The Club's membership assisted with its time as well as riders and the event was very successful.

A Dr. Hoffman and a Mr. Mahanahan presented their vision for a bike path from the Arsenal bridge to Bettendorf. Cyclists are a patient sort!

Officers for 1979 were: Pres: Dean Arney, Vice Pres: Bob Nuckles, Sect: Lorraine Roth, Tres: Leon Van Camp

1980

“Patch Rides” were becoming very popular. For example, 104 riders attended the Halloween patch ride held on Arsenal Island that year. These family oriented rides focused on holidays where attendees could earn a holiday-theme patch.

TOMRV III was again routed to Dubuque and the feed back from participants was very positive. Participation again increased significantly, drawing many non-QCBC riders.

The founders of RAGBRAI, Don Kaul and John Karas, addressed the QCBC membership at its annual dinner.

Officers for 1980 were: Bob Nuckles, Vice Pres: Carter Lebeau, Sect: Linda Powers, Tres: Leon and Helen Van Camp and Bruce Perry

1981

Membership explodes to 522 members with an average of 30 people each month joining.

Fred Blessin and three other QCBC members qualified as instructors in the League of American Wheelmen's, Effective Cycling Program.

The Criterium sees significant improvements with the addition of bleachers, resurfaced roads on the course and an increased purse for the racers. Additionally, the race was televised, the first such complete TV coverage of a bicycle race in the United States!

A ground-breaking for a BMX race track was held at Moline's Green Valley Park. TOMRV IV draws 1000 riders!

The first QCBC Annual Picnic draws 200! The Valentine Day patch ride draws 150 and the St. Patrick Day patch ride draws 200!

The Quad Cities Bicycle Club's Jeff Bradley is accepted as a member of the 7-11 (Southland Corp.) professional racing team.

Officers in 1981 were: Pres: Carter Lebeau, Vice Pres: Herb Page, Sect: Mary Keane, Tres: Leon Van Camp

1982

Linda Powers becomes the second woman elected to the position of President in the 18 year history of the club.

Membership climbs to 567.

The Criterium draws 400 USCF riders and for the first time enjoys major sponsorship from Consumer's Sales/Budweiser Light.

The first QCBC Winter Picnic is scheduled and draws well. The Quad Cities Bicycle Club's Jacque Bradley is accepted as a member of the 7-11 (Southland Corp.) women's professional racing team. Mel Bradley, a past-president of our club, is accepted as a coach for the women's team!

Officers for 1982 were: Pres: Linda Powers, Vice Pres: Don Luecke, Sect: Mary Keane, Tres: Leon Van Camp

(cont. on page 6)

The Fourth Five Years Of A Forty Year Journey

(cont. from page 5)

1983

The League of American Wheelmen reports that the QCBC is the 20th largest in the United States of its 495 affiliated clubs.

Endurance cycling icon, Lon Haldeman, passes through the Quad Cities during the Race Across America and is joined briefly by QCBC riders. Haldeman would address the membership at its January meeting.

The Neff family, owners of Jerry and Sparky's Bicycle

Shop and long time supporters of the Club, open their new store in Davenport.

The Bettendorf Transit System initiates a bicycle shuttle service across the I-74 bridge!

The 1983 Criterium was judged to be one of its finest with several professional and former Olympian cyclists in the mix as well as Jeff Bradley, returning off of the professional tour.

Officers for 1983 were: Pres: Carter Lebeau, Vice Pres: Paul Scheibelhut, Sect: Mary Keane, Tres: Ray Morrisdale

Happy 40th Anniversary!

Springfield Legislative Session

League of IL Bicyclists, Ed Barsotti

The effort to restore a reasonable level of liability protection for on-road bicyclists remains our top issue in Springfield. The liability disincentive for adding bike signage or bike lanes – the other product of the *Boub v. Wayne* Illinois Supreme Court decision – continues to wreak havoc on bike planning throughout the state.

Last year, we came within a couple votes of passing state Senate Bill 275. The bill's sponsor, State Rep. Elaine Nekritz, has personally led the difficult negotiations to find compromise language specifying liability levels. This currently involves defining conditions "...that (are) not hazardous to a motor vehicle even though (they) may be hazardous to a person riding a bicycle."

Also, LIB and others led the charge to restore an entire year of mistakenly-deleted funding for the Department of Natural Resources' bikeway grant programs. This had caused zero State Bike Path grants and Recreational Trails Program grants from the 2003 application cycle to be awarded. Responding to our letter about the \$6.1 Million in lost funds, the Governor's office recognized the technical error in a 2003 appropriations veto.

With IDNR bikeway funding already being disproportionately cut during the state's financial crisis, it was critical not to let this mistake slide due to budget pressures. A correction passed in February.



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Duck Creek Cleanup Lucie Macalister

This year's cleanup will be held August 23-28. More details will be in the August issue of the newsletter.

Balltown Classic – Cancelled Joe Jamison

The Balltown Classic, scheduled for June 26th has been cancelled. Please contact Joe Jamison at 309-755-3790 for additional information.

**For
Sale/Want to Buy Ads – Check Web Site
(qcbc.org) for Additional Items**

- **For Sale:** Cannonade Road Bike. 14 speed, 1994 Black Lightning 3.0 series, black, 51 cm frame, SPD

pedals, low mileage, like new. Original price \$900, asking \$150. Contact Mike Middlemiss at 563-386-6690.

**QCBC – 20K and 40K Time Trials
Dave Thompson**

The 5th annual Quad Cities Bicycle Club 20k Time Trial Championships will be held on Sunday June 20th this year. The out and back course on Barstow Rd is the same as always.

Registration will be held in the Barstow Fire Dept from 745-900am on race-day. Fees are the same also; \$14 with a one-day ABR license. Remember that you go out in the order that you register, so if you sign up early you will be done before some people start.

Plaques will be awarded to the fastest male and female QCBC members. Also plaques 5 deep in various racing

categories and age groups for men and women. Look for a race flyer in this issue of Pedalwheeling on page 8.

On July 25 the 3rd annual 40k championship will be run in Cordova, Illinois. This is a MATTS event with all the corresponding categories and age groups. Trophies will be awarded to the top 10 male QCBC members and top 5 female QCBC members. No late fees for QCBC members. No 1-day license fees for DICE team members. DICE members race for a flat \$10 fee. Both races are on the Quad Cities Multisport Grand Prix. More information at www.qcracingevents.com dthompson@revealed.net or contact Dave Thompson at: 309-764-5030

**Rolling the DICE - 2004 Season
Bruce Grell**

DICE is off to great start this year. We ended up with about 35 racers, the most we've ever had. We have juniors, women, masters, a Cat 2 rider, and lots of guys just getting started. Our new Uniforms look great. We've posted some good results at area races with some top 10 finishes.

At the Iowa City Road Race Jared Reedy finished Scnd in the juniors, Michael Flanigan finished 3rd in Category 4 along with Erik Meyers in 6th and Don Miller in 10th. In CAT. 5 Greg Aronson finished 10th. In Masters 40+, Mike winter finished 5th and in the Masters 50 + Mike Benson finished 3rd and Tom Erps finished 6th.


At the Old Capital Criterium, Greg Aronson finished 2nd in Category 5 along with William Huntsberger in 8th, Rick Wren in 9th and Bruce Grell in 10th. In Masters 50+, Mike Benson had a strong 2nd Place finish. In Category 4, Mike Papini finished 8th and Don Miller 11th.

A small group has been going to Cedar Rapids for their

night at the Oval Races. It is incredibly good training for Sprints and Team Tactics, and is a very safe racing environment on a 1/2 mile asphalt oval track.

Their are multiple races each night, with different formats, could be 12 laps, could be a 1 lap sprint, Rick Paulos likes to change things up. We have faired well at the Oval with multiple wins and top 5 finishes for the last 2 weeks by Chris Andrusvage, Greg Aronson, Bruce Grell, Mike Zugmaier, Brian Moritz, William Huntsberger, Jeff Abel, Phill Curran and Scot Schaar. Brian did a fantastic job in his first ever appearance for DICE. This week we even won the team time trial, even though none of us ride Trek's.

Thanks again to Our sponsors, QCBC, WG Block, Fitzgerald Campagna and Associates, Aero Concrete, Healthy Habits Bicycle Shop, Blue Cat Brew Pub, Cardio Vascular Medecine, Carleton Life Support Systems, Crow Valley Chiropractic, and some "Anonymous Donor". Our new uniforms are awesome and hopefully we will do a good job of representing all of you this season.

<p style="text-align: center;">QUAD CITIES BICYCLE CLUB 2004 - 20K TIME TRIAL CHAMPIONSHIPS</p>		
WELCOME	To the 5th Annual Quad Cities Bicycle Club Time Trial Championship. Race #4 On QC Multi-sport Series. Part of the "Tour Of IL/MI".	
DATE/TIME	Sunday June 20, 4003. 1st Rider off at 9:01am.	
CONTACTS	Dave Thompson: 309-764-5030 or Dave_Thompson@QCRacingEvents.com . Go to: www.QCRacingEvents.com for race results.	
LOCATION	Barstow, Illinois, just outside of East Moline, IL. Registration and awards at Barstow Fire Dept.	
REGISTER	Race-Day Registration will be held from 7:45am-9:00am at the Barstow Fire Dept. Late fee in effect after 6/13, except for QCBC members.	
SANCTION	This is an American Bicycle Racing sanctioned event. You must have an Annual License or purchase a 1/Day Permit.	
COURSE	20K - Out and back course. Dead flat following the Rock River Valley. No turns. Turnaround in road. Can be windy. Course Records: Paul Deninger/Iowa City 26:21 and Jane Rinard/Menoma 30:25	
DIRECTIONS PARKING	Exit off of Rt 5 [Turns into I-88] Barstow Rd. Exit at the edge of Silvis. Go 2 miles east on Barstow Rd to Fire Dept, on left. Do not park at Fire Dept! There is parking on city streets and at the Grade School 1 block away.	
RACE RULES	Riders go out in 1-minute intervals starting at 9:01am sharp. First signed up, first out. We will follow all ABR rules. Race goes on, rain or shine. We will provide a holder.	
AWARDS	Plaques to top 3 Overall/Top Master Plaques in the following categories and age groups, followed by number of awards in []'s. Men: Junior 15-Under [3] 16-18 [3] Open [3] CAT 4 [5] 30-39 [5] 40/44 [5] 45/49 [5] 50/54 [5] 55/59 [5] 60/64 [5] 65/69 [5] 70+ [5] Women: Junior [3] Open [3] CAT 4 [3] 40/49 [3] 50/59 [3] 60+ [3]	
FIRST NAME	Fees/Pre-Registered ABR Member	\$10
LAST NAME	Pre-Registered W/1 Day License	\$14
ADDRESS	Race Day/ABR Member	\$13
CITY	Race Day W/1 Day License	\$17
ST/ZIP	Check here if QCBC member	<input type="checkbox"/>
GENDER: <input type="checkbox"/> Male <input type="checkbox"/> Female	Fill in total paid	
AGE/ABR ANNUAL LICENSE #	Make checks out to QCBC/Mail To: 2330 15th Ave. Moline, IL 61265	
RACING CATEGORY	Fill in below for 1-Day license	

The Road to the Tour (TOMRV 2003) **Scott Swanson**

It leads you in, it brings you back. First, a descent into the valley; finally, an ascent to the peak. The road to TOMRV is Belmont Road. Bel-mont...beautiful hill.

My road to this tour started thirty years ago with another tour sponsored by the high school French clubs in Sioux City, Iowa. Teams started in time trial fashion. I wore street clothes and rode a bright white Peugeot U08. Two blocks of flat, left turn into six blocks of hill, then the descent. Right turn onto a boulevard. Put the head down and go. Ascend the last quarter mile. Fourteen minutes, four seconds. I wrote the time on the bottom of the tiny plastic trophy that says "Vainqueur, Tour de France, 1973." Many miles and years passed after that, although few on a bike. The Peugeot fell into pieces and disuse.

A street off 18th in Bettendorf led me to a tourer, the Super LeTour II that would take me through TOMRV. Leather saddle, Biopace rings (you can stop laughing now). It was rank and rusty but redeemable and ultimately reliable. For \$25, it became my ride. I tested it on the bike trail and on the hill in Devils Glen Park, where the freewheel decided to meet its maker, stopping my ascent. The road from there then led me to Healthy Habits, a road that has become a habit in itself.

July 2002, a gravel road in Bridger-Teton National Forest on another Schwinn (sorry, Bruce, I seem to attract them), a big yellow Moab. Stephan, the group guide and a spitting image of John Sebastian, warned that we would climb a thousand feet and be disappointed by two false summits before reaching the true summit. I counted five...but I learned to climb.

Keep the head down, keep the butt on the seat, drop the gears low and spin. Feel the rhythm and rise. Breathe. I reveled in the climb and took it slow on the descent. One never knows what's around the corner: loose gravel, large bears, or so the signs said. I heeded the warnings on this descent and came out with skin and teeth intact.

A month later found me in a QCBC group ride on Y40, acting like I had learned nothing. I had to lead the hills...into the wind. The other three riders shook their heads. One of them graciously hauled me back to town from West Kimberly on in. Many club rides later gave me a chance to pay him back.

April brought the Al Kreidler Road Race near Kalona. It's commonly said that stuff happens, but I was surprised to be warned of horse droppings as a potential road hazard. May put me in the Tailwind Century, my longest ride to date. Paul Sullivan and gel packs got me through that one. Memorial Day found me in the Cat 5 race at the Quad City Criterium for about fourteen minutes. The results were not quite those of my first Tour victory, but it was just as satisfying.

TOMRV was an amalgam of all that led to it. Starting in a fog. Joining other riders, dropping them or getting dropped. Spending too much in the first sixty miles on day 1 in spite of the warnings, but spinning up every hill. Hearing Three Dog Night on someone's radio singing "Mama told me not to come..." Clipping out only to walk that bloody Highway 20 bridge; the River Styx would have been easier to cross. Day two was and is a blur. Headwinds, hills, rain. Almost losing it on a descent in a crosswind. And climbing, climbing, climbing. Finally, the roads became familiar once more. Z30, Valley Drive. And back up Belmont. Belmont...beautiful hill, the last hill. The road to the tour.

Milan Bikepath – Update **Article from QC Times – April 25, 2004**

The Village of Milan will receive \$100,300 to construct a 1.3 mile trail segment that will connect the villages' Recreational Trail, the I & M Canal and Steel Dam Recreation Area to a new bridge over the Rock River.

The City of Galena and the Sterling Park District also will receive grants for similar trail projects.

The funding will come from the Illinois Department of natural Resources as part of Gov. Rod Blagojevich's Opportunity Returns program.

1890's Bicycle Club

Mike Bennett

I recently stumbled upon some historical biking information while conducting genealogy research on my family.

The first bicycle club in the Davenport area was called: The Davenport Cycling Club. The bicycling club was formed on April 2, 1897 to promote bicycling, related interests of bicyclists, and building of bike paths locally and state wide in Iowa.

The President of Davenport Cycling Club in 1897 was Dr. E. Ginderman, Vice President was: Dr. J.A. Daniel, Corresponding Secretary: was M. Bunkert and Recording Secretary: W.E. Snider. The Treasurer of the cycle club was: J.H. Hass. The Attorney for the cycle club was: Louis Block. The Membership Coordinator for the club was: Henry G. Goldschmidt. The Finance Director was W. J. McCullough. The Legislation Expert for the club was Ira R. Tabor. The Entertainment Di-

rector for the cycle club was: Leroy F. Campbell. The Roads, Highways, and Bike Path Director for the club was J. E. Calkins.

Bi-monthly meetings were held at the Outing Club on North Brady Street in Davenport. Meetings were scheduled from April to October. Three hundred members had joined the bicycle club from April to May, 1897.

In the first year of existence, the cycle club secured funds for a bicycle path to be built from Davenport to Des Moines. The bicycle path from 1897 is present day Highway 6 (Kimberly Road) in Davenport.

The first club ride was on Monday, May 18, 1897. The bikers met at Brady Street and Kirkwood Blvd., rode to downtown Davenport and over to the town of Gilbert, (present day Bettendorf), and Pleasant Valley, and Le Claire by way of the Great River Road.

The Century Ride was very popular with the more adventurous members of the Davenport Cycle Club.

6-12-24 Hour Races – September – 4th

Dave and Tami Holmes

The 6-12-24 Hour races again will be returning to Eldridge, Iowa on Sept 4th, 2004. The UMCA 24 Hour Time Trial Championships will begin at 7:30am on Saturday Sept 4th from Sheridan Meadows Park in Eldridge, Iowa. Close to 100 riders from across the nation and world will see who can go the farthest in a 24 hour period. Last year in 2003, Mike Trevino from California road away with the Championship with 463 miles. The female winner was Karen Mc Kee from Ohio with 400 miles.

24 hour riders first do a 132 mile loop, followed by the 19 mile loop. They are not allowed to draft at all during the event. The 6 and 12 Hour Cycling Classics, as they are known, will start from the same location at 7am on September 4th, 2004. The 6-12 hour racers are on a 19 mile loop and are allowed to draft. In 2003,

our winners were Glen Schultes at 228 miles for 12 hours and Tom Waterman at 114 miles for 6 hours.

For this year all racers must be UMCA members due to the UMCA insurance coverage this year. A fee of \$7.00 will be accessed prior to race day for a UMCA membership. Go to www.ultracycling.com for more information on the UMCA or to become a member.

The registration entry can be taken off our web site at: www.iowaultra.com. We also have pictures from the various races on the web site. Please note that registration closes August 7th, 2004. After that date no entries will be accepted and no same day race entries allowed.

We do want to thank all of the Quad City Bike Club members who have volunteered their time in the past to make this event happen. We will be calling for help again sometime in June or July. If you would like to help please call us at 563-285-6195 or email us at: umca24hourttc@wmconnect.com.

Come to a Birthday Party!!

Vivian Norton

This is the 20th year of Ride the River. The celebration will begin June 20th at Union Station, Harrison and River Drive. The ride will again be on both sides of the Mississippi River. The main route will go into Rock Island, Moline, East Moline, Davenport, and Bettendorf. Extensions go all the way from Sunset Marina to Cordova in Illinois.

This year riders will have a choice of crossings. One choice is crossing on the Arsenal Bridge starting at 6:30am and continuing on the hour until 12:30pm. Another choice is one of four crossings on the *Celebration Belle*, starting on the hour at 8:00a.m. The last of four crossing will be at 11:00am. Care is being taken to be sure there isn't a wait for the barges at the Celebration Belle crossing.

As recognition of 20 years of Ride the River, 20 celebration stops are planned. Stops will start with a distribution of "Passports" to use to keep track of the 20 stops. The filled out "Passports" will be good for a prize at the end of the ride. Along the route will be many chances to stop for special events and treats. Some of the stops are for free sweat bands, popsicles, free bottled water, milk and cereal, a bike rodeo, and Kid's Ride, Too. Friends of Off Road Cycling (FORC) will have a scavenger hunt on Sylvan Island. The ride will finish up by going across

the Centennial Bride to the 20th Year Celebration Picnic at Le Claire Park behind Union Station, complete with entertainment.

Volunteers are still needed for the day of the ride (Sunday, June 20). Call River Action at 563-322-2969 or riveraction@netexpress.net to volunteer

The Quad Cities Bicycle Club has helped River Action in the form of financial support for the purchase of helmets which are sold below cost to children at Ride the River. Some helmets are also given free of charge at special events. Another way QCBC has supported River Action has been in the volunteer hours donated at Ride the River and other River Action projects.

Kathy Wine at River Action has written numerous grants which have paid for amenities for the trails in the Quad Cities. Grants written at River Action have also paid for the studies that made possible the ramps for the Arsenal bridge. The ramp in Davenport is finished and the ramp from Rock Island has just been let out for bids. Other grants have been written and accepted for studies for trails going up river through Le Claire and Princeton and for trails going down river through Buffalo and Muscatine to Burlington.

Let's have continued support for River Action which does so much for the Quad Cities bicycling community.

CU Across the Prairie Ride – June 19th

Pete Wetmore - Prairie State Bicycle Club

The 2004 C-U Across the Prairie ride is Saturday, June 19. The ride will start at Lake of the Woods Park in Mahomet, IL. We are working on some very interesting route options (with ostrich options. Marked routes, maps, live music, sag support, bagel breakfast, food

stops and a hot meal are provided. There will be *some* hills, we promise - but it's mostly flat. Tall stuff is corn. Short is soybeans.

Further information at <http://www.prairienet.org/pcc/CU-Ride2004.htm> or contact Jody Littleton at jlittleton@parkland.edu or 217-356-8580.

Bike Ride Across Illinois' National Road

Bike Ride Across Illinois' National Road (BRAINR) is a part of this year's National Road Festival on Father's Day weekend (June 19-20). The ride begins at Jarvis Park in Troy, Illinois, and follows the Historic National Road Scenic Byway to Marshall, Illinois.

A \$25.00 entry fee includes: A National Road t-shirt , overnight stay at Effingham Jr. High School in Effing-

ham, Illinois (no alcohol please), Showers, Water Stops, Maps and Instructions, Passport program (qualifies you for over \$500 in gift certificates). Riders supply their own SAG support, food, and camping supplies. To register, go to www.active.com or www.nationalroad.org. For further information, contact Darin Koelm at 618/238-4045 or Belinda Nickles (National Road Association of Illinois) at 888/268-0042.

“Ride for Wishes” – Fundraiser
Rebecca Richardson

Ride for Wishes is the first annual bicycle trail ride to benefit the Make-A-Wish Foundation® of Illinois. It is an opportunity for families, cycling enthusiasts and civic groups to come out, have fun and to help raise money for an incredible cause. This is a non-competitive event with the sole purpose of raising \$5,000 towards sponsoring a child's wish.

The Make-A-Wish Foundation of Illinois grants wishes to children with life-threatening medical conditions to enrich the human experience with hope, strength and joy. The Make-A-Wish Foundation is the largest wish-granting organization in the world. Since its start locally in 1985, more than 5,000 children in central and northern Illinois have gained strength and hope as they experience a wish come true. The Make-A-Wish Foundation® of Illinois serves children in 70 counties throughout central and northern Illinois. To refer a child, volunteer or for more information, call 800/978-WISH (9474) or visit www.wishes.org. All proceeds will benefit the Make-A-Wish Foundation of Illinois.

Date: July 18, 2004
Location: Rock Island State Trail - Starting in Alta
Check In: 10:00 -Volunteers
Start Times: 10:30am Registration
11:00am Distance Riders
11:45am Trail Riders

Distances: 10 miles (Alta to Dunlap)
20 miles (Alta to Princeville)
40 miles (Alta to Toulon)
(distances calculated round trip)
Entry Fee: \$25/adult, \$8/child or \$55/family

Event Day:

- Free t-shirt or visor for first 250 paid registrants.
- Free bottled water along trail. Food and drink will be available for sale in the main parking lot.
- Chiropractic screening and chair massages available.
- \$1.00 raffle tickets or 6 for \$5.00 for your chance to win fantastic prizes.

Contact / Registration Details:

To sponsor or volunteer: Contact Rebecca Richardson at Rebecca@richardsondesignassoc.com or by phone at 309-745-9287 if you would like to help. We are still actively seeking sponsors and event day volunteers.

To register as an attendee:

- Contact Rebecca via e-mail at Rebecca@richardsondesignassoc.com with your contact info, number of packets you need and mailing address. She will send them to you via U.S. Mail or through e-mail.
- Log onto www.rideforwishes04.com for a listing of local bike and retail vendors who will have registration packages available in their business. Site will be available for viewing after June 5th.

Ride Report – April 17th
Kathy Storm

A group of about 30 riders showed up for an early season MidPaced Ride on Saturday, April 17th. Our starting location was the Grade School in Colona. The temperature was very warm (a high of 77 degrees was reported) and it was sunny. This starting location has turned out to be a good one for MidPaced Rides the past 4 years as it makes it easy to ride to the Geneseo area.

Jan & Jerry Sears from Geneseo, rode over to the start of the ride, but then rode by themselves back home. They enjoy taking very early morning rides. The group headed out to Geneseo via the Hennipen Canal Trail.

We passed a group of local citizens participating in a trash pickup along the trail.

After breakfast, at the former Sunrise Café, the group split apart into about 4 subgroups, with plans to ride straight back to the start or to add on extra mileage. Everyone agreed that it was a great day to ride and a nice group to ride with. Come out and join us on some club rides in the future.

Those in attendance included: Dennis & Karen Babber (our club newlyweds), Jim Dayton, Barb Donald, Bob & Jan Fitzgerald, Linda Foglia, Jane Garrett, Dave Georlett, Larry Hanna, Rodger Horst, Jim Karr, Rick Meeker, Jeannie O'Melia, Warren Power, Roland Pully, Doug Stephens, Bill & Kathy Storm, George Van Thorre, Linda Wright, Susie Wolf.

Marge Dixon – A Life to Celebrate Vivian Norton & Jean Kelly

Marjorie Anne Dixon, January 22, 1936 – April 29, 2004. Marge Dixon passed away on Thursday, April 29th after 4 years of cancer treatments. Marge made every day count.

QCBC members will remember her as a ride leader, a volunteer for TOMRV packet stuffing, someone passing out food and good cheer at Rest Stops on TOMRV.

Marge personified all the words that define courage: spirit, fun, hopefulness, tomorrows. Marge was TOMRV packet stuffing, rest stops, RAGBRAI, bike rides for years and form miles despite the speed bumps the cancer dealt her.

Marge will always ride with those of us who knew her and loved her.

Pictured below on a September 2001 ride, are from left to right: Marge Dixon, Dodie Robers, Vivian Norton and Jan Reynolds



Supporting the League of Illinois Bicyclists Kathy Storm

QCBC Member Patrick Sullivan of Palos Heights, IL, submitted the following photo showing his special LIB license plates that support legislative cycling efforts in the state of Illinois.

The League of Illinois Bicyclists is the state-wide advocacy voice for all Illinois Bicyclists, promoting bicycle access, education and safety. You do not have to be an Illinois resident to join LIB. For information contact Ed Barsotti at: 630-978-0583 or visit their web site at: www.bikeLIB.org.



Adventure Cycling – Who We Are

Our Mission

Since 1973, our mission has been to inspire people of all ages to travel by bicycle for fun, fitness, and self-discovery.

Everyone understands fun and fitness, but what about self-discovery? Well, all we can say is, judging by what we hear from cross-country cyclotourists stopping in at Adventure Cycling headquarters in Missoula, Montana, traveling by bike is a truly life-changing experience. A common observation is that crossing our nation by bike is a way to see it at its best.

Touring Cyclists Welcome

Founded in 1973 as Bikecentennial, Adventure Cycling Association is America's premier nonprofit organization dedicated to bicycle travel, with 41,100 members nationwide.

Adventure Cycling is America's bicycle travel inspiration and resource, offering many programs for cyclists, including a national network of bicycle touring routes and organized trips.

Contact Adventure Cycling at: (800) 755-2453 or <http://www.adventurecycling.org>.

Annual Dinner 2004
John Wessel

When: Saturday, November 6th, 2004
When: Abbey Station, Rock Island
What: 40th Anniversary of QCBC Celebration!

Please put your name and address on the back of each photo so they can be returned to you. Deadline for submitting photos is October 16, 2004.

You may email digital photos to: jcw@wpcco.com.

For information, please call me at 309-762-4762. Hope to see you all at the dinner!

A video comprised of photos of Quad City Bicycle Club members will be shown at the Dinner. Please send your photos today to: John Wessel, 333 - 9th Street, Moline, Illinois 61265

ALL MEMBERS ARE URGED TO WEAR HELMETS WHEN CYCLING

Women's Century Ride - 2004
Kathy Storm

Dear women of the Quad Cities Bicycle Club – would you like to ride a century (100 miles) the weekend before RAGBRAI (Saturday, July 17th) If so, please contact me at: (563) 355-2564 or kbstorm@aol.com for the starting location and ride details.

Three years ago, 5 women from the club participated in this unsupported century ride and we had a great time. In 2003, 13 women participated in this ride, some riding a metric century (62 miles) due to time constraints.

To prepare for this ride, you will need to have ridden at least one 60 – 75 mile ride so far this season and have a base of 500+ miles in the two months leading up to the ride. Since this ride will be un

supported, you will be on your own to find a way back to your car if you cannot continue.

This ride will not be a race. No metals are going to awarded. It will just be a day of good camaraderie and a sense of accomplishment.

A cue sheet (with indications of places to obtain beverages and food along the route), map and emergency numbers will be provided at the start of the ride. You will need to eat breakfast before the ride, carry snacks with you, and have the necessary tools to perform a tire change and minor repairs. The group will plan on taking rest stops every 15-20 miles and have a sit down lunch stop after riding 50-60 miles.

Depending upon the number of women who show up and the average pace that they ride, we will probably break up into 2 or 3 groups who will ride together during the day. The goal is to be supportive of others who may be riding their first century.