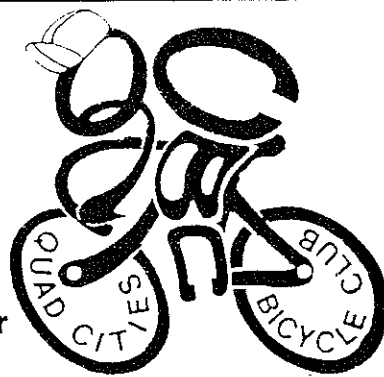


QUAD-CITIES BICYCLE CLUB

JANUARY 1991 • Jim Deal — Editor
Deadline for Articles 10th of each month



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Putnam exhibit photos show origins of Quad-Cities biking

By Fred Blessin

There were a number of predecessors to the present Quad Cities Bicycle Club. The 1988 Putnam Museum exhibit, "History of Sport in the Quad City Area," showed 1896 photos of the South Heights Bicycle Club of Rock Island — five men and five women — and of the Augustana College Bicycle Club — three women and 17 men. Also, there was a 1925 photo of the Davenport Cycling Club — 11 men. The Davenport club in the 1920's had some outstanding racers — John O'Donnell in his sports column of Aug 6, 1967, tells their story: Lee Cawley won the 1923 Iowa State Championship; Worth Mitten became a professional six-day bike racer; Vic Hopkins was on the 1924 U.S. Olympic team that went to Paris.

The Tri-Cycle Club was formed in May 1942 at the Moline YMCA by Joe Doberstein, a bicycling enthusiast from Chicago. There were 50 charter members. Among the most active were Mildred and Bob Bailey, Jean and Bob Custer, Flossie and Virginia Crow, Fred Blessin, Oliver Burkhart and Maurine Ahlberg. They had evening and Sunday rides on roads which were practically deserted because of gasoline rationing. By 1943, most of the men had left for military service. After the war, there was little interest in bicycling except for occasional rides by two or three.

The Belgian-American Bicycle Racing Club was started in 1960 by Rene and Roger DeLanghe. They put on bike races between stock car events at the Moline Speedway.

On Nov. 15, 1963, John Hood called a meeting of all interested bicycle riders, including Rene and Roger DeLanghe of the Belgian-American Bicycle Racing Club and Fred Blessin of the former Tri-Cycle Club to form the Quad Cities Bicycle Club. The club constitution was rati-



fied Feb. 21, 1964, by 20 charter members. The club has continued to grow for the 25 years since then, having reached 770 individual and family members in 1989. John Hood, a native of Stockton-on-Tees, England, came to the Quad Cities as a foundry engineer for Deere and Company. An article in the Moline Dispatch of Sept. 13, 1963, tells how he became a leading bicycle racer in England, selected to be on the 1948 British Olympic team, and how he got back into cycling in the Quad Cities. The Quad Cities Bicycle Club's purpose is to promote all types of bicycling — racing, touring, and social riding.

Racing

The club's first race was Sept. 27, 1964, in downtown East Moline. The following year, on May 2, 1965, the club held a race in the 7th Street business district of Mo-

line with the cooperation of the Friends Circle Club. In subsequent years, this race, the Moline Criterium, has been held every year except 1971 and 1972, and has grown from 52 entrants and \$100 prize money to 649 entrants in 1988 and a \$14,250 prize. Members most active in promoting the race have been Rene and Roger DeLanghe, Terry Burke, Ben Gero, Wayne Eppert and John Bolton. The Southwest Bluff Business Association has co-sponsored the race since 1975.

In the 1960s, the most active racers were John Hood, John Hood Jr., Dale Hallberg and Jim Greene. In the 1970s, the Bradley family won national recognition. Debbie was national women's road race champion in 1972, while Jeff won the national boy's track title. Younger sister Jaque, in 1975, won the national championship in the girl's midget division.

Time trials

The club has held monthly time trials each year May through September. Leaders were Rick Paulos, Don Davis, and Molly Teigland.

The Iowa 24-Hour Challenge

This competition was held for the first time on June 24, 1989, on a course beginning in Eldridge. Joe Jamison and John Thier promoted this event with the help of other club members. There were 79 riders from many parts of the country. Distances from 200 to over 400 miles were ridden.

Social riding

The first social ride of the club was May 15, 1964, at Lincoln Park, Rock Island, with 24 present. The first country ride was in August 1964 on the Osco road to the park at Andover with a picnic in the park. Since 1977, club rides have been scheduled every Saturday and Sunday. (Please see HISTORY, page 2)

History

(Continued from page 1)

morning year around This practice was begun under the presidency of Carter Le-Beau

Dentists' Rides

In 1977, five dentists — Drs. Bob Frey, Don and Ralph Horton, Dan Watkins, and Bill Parker — started meeting for breakfast and taking bike rides on Wednesdays. Now dentists and anyone who has Wednesdays free meet and decide where to ride that day.

Fall Foliage Rides

The first such ride was Oct. 10, 1964, when Fred and Betty Ann Blessin and Ian Hibell rode from Platteville to Wyalusing State Park On Oct. 2 and 3, 1976, Rod Roggensack led a ride from Lancaster, Wis., to Wyalusing State Park. The Fall Foliage Ride has become a popular annual event, usually in the Platteville or New Glarus areas

Century Rides

The first club 100-mile ride was Sept. 29, 1968, starting from Scott County Park and finishing at LeClaire. It was led by Mike Giudici and John Moeller. Carter LeBeau promoted the first "Mississippi Valley Century" on July 22, 1973, starting from Credit Island Park. An official century ride has been held each September since 1975.

TOMRV

The "Tour of the Mississippi River Valley" was first held in July 1978 and went from Davenport to Burlington and back. It was led by Bob Frey and Carter LeBeau. In subsequent years, the route has been from Scott Community College, Bettendorf, to Clarke College, Dubuque

Double Century

Two-hundred-miles-in-a-day rides have been held each June since 1985. Leaders were Verle Dau and Joe Jamison

Effective Cycling Course

Since 1982, the club has co-sponsored a class each spring with Scott Community College or Davenport Park and Recreation Department. The course covers safety in traffic, riding for fitness and bicycle maintenance

RAGBRAI

Beginning in 1977, each summer the club has chartered buses and trucks to transport members to the starting point of the Des Moines Register Ride Across Iowa ride. The first year, John Farrel was in charge and 75 people went. In 1989, the club was allowed a maximum of 250 riders, requiring six buses. Linda Simander was in charge

Oh, for the life of a dentist

By Gabe Verstraete

OK, I'm guilty of just barely meeting the newsletter deadline — time certainly flies when you're having fun. (*Editor's clarification: He missed the deadline*) With a predicted high of 55 degrees tomorrow and Wednesday, wouldn't it be nice if we could all be dentists for a day and enjoy the camaraderie of a leisurely Wednesday ride? Hope you lucky folks who could get away enjoyed yourselves.

On to other matters — I want to take this opportunity to say a very big thank you to two members of our club. First of all to Cindy Mohr for having skillfully and creatively edited our club newsletter for the past 3-plus years. Being a newsletter editor is an often frustrating and thankless task as Kay, my wife, and I learned many years ago having once been co-editors of a monthly newsletter.

Cindy, on behalf of the QCBC, THANK YOU!!!

My second big thank you goes to Jim

Deal, our new newsletter editor. Jim has been a member for only nine months. He certainly is getting involved in a big way. He brings a particular expertise to this job, as he is an English teacher at United Township High School and also a weekend editor at The Daily Dispatch. He participated regularly this summer in the weekend rides. Again, Jim, thank you.

Last Friday, Dec. 7, the city of East Moline announced the completion of its 3.23-mile bikepath. This path now connects the Ben Butterworth Parkway to Hampton's bikepath for a 6-mile or 10-kilometer stretch. This section is part of the Great River Trail Bikepath, which, when completed (anticipated 1992) from Rock Island to Savanna, will measure 62 miles. The East Moline section is black-topped and follows the river. The Great River Trail will certainly make a great addition to cycling in the area, and I am already planning on my first overnight camping trip to the Palisades State Park upon completion of the trail.

Hope to see you on a ride.

Bike club attracts new members

New members of the Quad Cities Bicycle Club include the following:

- Mark Vantrease of Wooster, Ohio
- Robert and Myrna Rakocy of Bettendorf
- Sheila Ehlers of Davenport
- Sharon Evans of Davenport
- Steven King of Elmhurst, Ill.
- Robert Ferry of Colona
- Ed Donaldson of Geneseo
- Bill and Jackie Grimes of Moline
- Paula Aschim and Tim Garvey of Normal, Ill.
- Fred Cooley of Phoenix, Ariz.
- Bill Graff of Langhorne, Pa.
- Art Jankowski of Philadelphia, Pa.
- David and Patty Shields of Oakton, Va.
- Suzi Silverstein of Glen Allen, Va.
- Gerald Hefele of Mechanicksville, Va.

- Donna Chester of Midlothian, Va.
- John McNeill of Marietta, Ga.
- Douglas Bosworth II of Amelia, Ohio
- Brad Dominique of Cincinnati, Ohio
- Rosemary Stumpo of Farmington, Mi.
- Jerry Pittman of Buffalo, Iowa
- Mike and Mary Kay Pence of Eldridge, Iowa
- Karen and Jack Green of Davenport
- Anthony Moey of Davenport
- Cathy Weideman and Rick Ripperger of Davenport
- Neil Koerner of Oshkosh, Wis.
- Clyde Zimmerman of Billings, Mont.
- Armando Ramirez of Sterling, Ill.
- Barb Johnson of Rock Island
- Ted and Jean Miller of Rock Island
- Steve and Anne Adler of Moline
- Paul Hairsine of Ballwin, Mo.

REMINDER!

Q.C.B.C. January meeting

7 p.m.

Palmer Auditorium

Jan. 15, 1991

Refreshments/drawing/program
Cannondale marketing representative

Riders feast on Thanksgiving

By Sharon Sattler

On Sunday, Nov. 25, 50 people found the time to come out to Duck Creek Park for the Thanksgiving Patch Ride. The day was a little chilly, but still great for biking, everyone said.

Everyone enjoyed visiting with fellow bikers and munching on treats and drinking hot chocolate. Afterward, most of the riders went for a short bike ride on the trail ending at McDonalds or the destination of their choice. Along with the usual hot chocolate and brownies, we also had chocolate chip bars, sugar cookies, and chocolate kiss peanut butter cookies. All were eagerly devoured by the bikers. Many thanks to Judy Karr and Pat Bolton's husband, Tom, for their contributions.

The bikers receiving their Thanksgiving patches are as follows: Kentley Lowenstein, Jim Lange, Tony Fisher, Rick Ross, Tom Bolton, Pat Bolton, Sue Dau, Verle Dau, Brian Dau, John Greve, Mike Smith, Brian Smith, Fred Leonard, Jerry Sears, Jan Sears, Gabe Verstraete, Linda Simander, Dan Barchman, Gayle Camp-



The Thanksgiving Patch Ride drew 50 riders for cycling and treats (Photo by Dave LaFever)

bell, Rudy Werner, Leon Van Camp, Dick Paulos, Maggie Paulos, Jeff Spiegel, Adam Spiegel, Mary Spiegel, Dave Hill, Jerry Gunnerson, Ron Schmidt, Dave Lafever, Pegi Langan, Bill Langan, Bryant Langan, Justin Langan, Kevin Langan, Mary Ann Clark, Laurie Hopkins,

John Chebuhar, Jack Clark, Mary Brees, Eppie Gutierrez, Mike Middlemiss, Judy Karr, Mark Keele, Dave Parker, Charlie Sattler, and Jesse Neitzel.

I would like to thank all the bikers for their loyalty to the ride and all those who helped me provide homemade treats.

TAKE FLIGHT!

With Bicenentennial and Wide World of Travel

Make your travel arrangements, for business or for that next bike tour, through **The Bicenentennial Travel Service**. You'll get custom planning and competitive prices from the professional travel agents at **Wide World of Travel**. You'll also get advice on traveling with your bike, and agents who are familiar with common destinations

for beginning cycling tours, and the ground transportation options that are available. **Wide World** maintains a full-

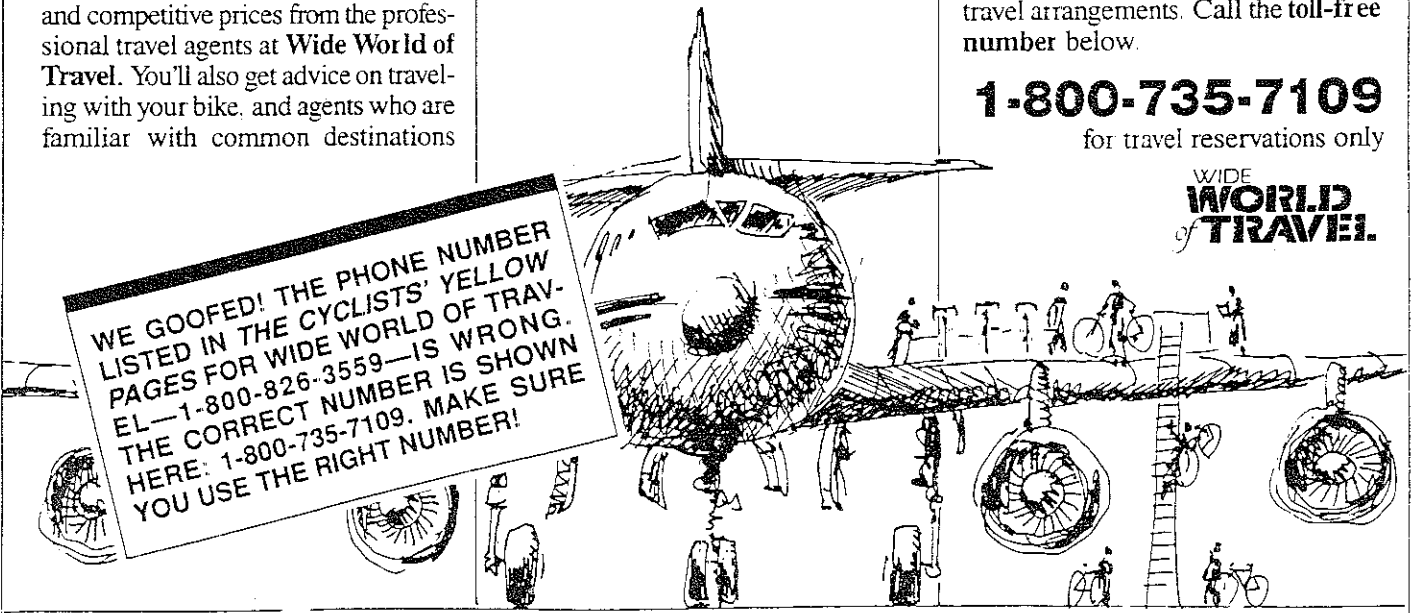
service travel library for your use, and best of all, for each ticket sold, a contribution goes into the **National Bicycle Trails Fund**, supporting the sport of bicycling. Remember, you can use this service for any trip, business or pleasure, whether or not you're taking a bicycle along. So get the specialized, friendly help you need to make your travel arrangements. Call the toll-free number below.

1-800-735-7109

for travel reservations only

WIDE
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WE GOOFED! THE PHONE NUMBER LISTED IN THE CYCLISTS' YELLOW PAGES FOR WIDE WORLD OF TRAVEL—1-800-826-3559—IS WRONG. THE CORRECT NUMBER IS SHOWN HERE: 1-800-735-7109. MAKE SURE YOU USE THE RIGHT NUMBER!



Don't let cold stop you

By Dave Holmes

Welcome to 1991. A lot of bikes may be drawing dust in basements, but everyone makes a New Year's resolution. Let's try to make 1991 the year we have over 100 riders at the Iowa 24-Hour Challenge.

Just because it says 24 hours, it doesn't mean that you are required to ride the full 24 hours. Awards are given for 200 miles completed in up to a 24-hour period. For the average cyclist, that can be done in 15 hours (13.3 mph avg) with lots of time to enjoy yourself in between. The day loop this year will be around 170 miles. The increase is due to the change in course to bypass Highway 1 north of the turnaround in Kalona. This was the busiest road on the route, and many riders viewed this as the worst part of the ride.

Again this year, there will be two sag stops that will provide riders with water and food. These are at 50 miles and 100 miles. Also, the day loop has plenty of small towns to stop in if needed. So, if you break the 170 miles into 50-mile rides, it really isn't that long.

In the months to come, I will try to give people an idea of where they should be in training for this event the last week in June. In 1990, we had 9 doubles and 10 triples. Of the 42 riders that started, 78 percent finished. Let's see in 1991 if we can get all the numbers up. With over 100 riders and 30 doubles, it would be a good year.

Training

Now that winter is with us, it's time to say that winter is not going to keep me inside. With the surge of mountain bikes — just about everyone has one — why not use it! Besides cross country skiing, biking is still the best way to stay in shape in the off season. It doesn't require long hours of riding everyday, just three times a week for an hour can maintain cardiovascular fitness that has been achieved in the regular season.

Most people's excuse for not riding in the winter is that it's too cold out. On some days when it's well below zero, it may be too cold for most, but if one knows how to dress properly, it can be safe and enjoyable.

I've ridden in 15-below temperatures, and, if you dress smart, it's not really that bad. First thing I always do on winter days is to check the temperature and wind speed and direction. Wind chill factor is more critical in winter than warmer weather. A cold wind in winter can cut like a knife into your face and seems to find every crack in your clothing.

It's always easy to overdress, but if you



Dave Holmes' crew for 1990-1991 includes wife Tracy, daughter Brittni, sisters-in-law Pebble and Nettie.

underdress, you could be in for a tough day. Layering is the standard for most winter activities. The more vigorous the exercise the less one has to dress. I am sure most of us have seen runners wear very light clothing on cold days. They are constantly burning calories and this converts to heat. This holds true for us cyclists also. The problem with cycling is that there are parts of our bodies that get very little movement.

The first layer of clothes should be a moisture wicking material such as polypropylene. This takes the heat away from the body and allows cooling. If you have too much on, it doesn't take long to realize that you're cooking inside. Sometimes just opening a zipper will help relieve the heat. A wool garment next, followed by a breathable outer shell like Gortex complements the whole outfit.

For legs, if the temperature is below 30 degrees, use polypro underwear with normal riding shorts with chamois. For men, a wind brief is a must. This covers the crotch area where wind can play havoc. Last, use lycra or wool tights for the outer covering. For the really cold weather (10 degrees and less) a wind breaker can be used for the upper and lower body parts.

For the head, one should always wear a helmet. They are making Gortex covers now and with ear covers, your summer helmet can be used for winter riding also.

The face is a concern when the wind chill is low. One has to be careful of frostbite on the face. This is where a face mask comes in handy. The neoprene

mask seems to be the best with velcro straps for easy entry. Holes for the mouth and nose are nice to have so that you don't get an ice buildup on the mask. Goggles or glasses keep the eyes from getting too cold and tearing when the wind hits them.

For fingers when temperatures are above freezing, well-insulated gloves with a light liner will work well. When temperatures fall below freezing, mittens are the way to go with glove liners inside.

Feet have to be the hardest parts of the body to keep warm when the temperatures really get cold. I've tried electric socks and other methods but this is one area with which I am still experimenting. What really works the best is something that is very simple and inexpensive — when your toes get to a point that is uncomfortable, get off the bike and walk for five minutes. This restores blood to your toes and instant relief. But, if anyone has a method to keep them warm throughout a ride, please write in and tell me and the other riders. I use a lightweight hiking boot with one pair of heavy socks. Over the boot, I use a neoprene bootie cover, and it seems to last for an hour or so, but after a few hours, the cold works its way into the boot and your toes.

Perhaps with these tips, some new riders may venture out of the home on some cold winter days and find it's not really that bad after all. If you do venture out, the Davenport/Bettendorf bike path is a safe place to get in some winter miles. It's normally kept clear of snow and you may be surprised at the number of people who use it in the winter.

Rides in 1991

Every Saturday at 8 a.m., leave from my house on West 43rd Street for a mountain bike ride to Walcott, Buffalo, Bluegrass. Most rides are about 30 to 40 miles and have stops at restaurants in the small towns. Anyone interested should call Dave Holmes at 386-6051. Snow doesn't stop us.

PBP 1991 qualifiers

- April 27, 200km Harvard, Ill
- May 11, 300km Harvard, Ill
- May 25, 400km Harvard, Ill
- June 8, 600km Harvard, Ill
- June 8, Litchfield 24hr
- June 29, Iowa 24hr Challenge, Eldridge, Iowa
- July 5, RAAM Open Midwest, Ohio, 500 miles
- Aug 3, Hills Delight Double, Davenport to Tomah, Wis., 240 miles
- Aug 10, A.I.R. Across Iowa Ride, Council Bluffs to Davenport, 300 miles
- Aug 26-29, Paris-Brest-Paris, 750 miles

Riders join Halloween festivities

By Charlie Sattler

A patch ride is a social event, not an endurance ride. There is no commitment for distance, but on this particular ride, we also have the opportunity to ride in the Halloween parade

On the day of the patch ride we were greeted with warm weather for October, good treats and, as always, a good crowd. Afterwards, the group broke up into small groups of cyclists going different directions

On the night of the parade, we were to report at the formation of the parade by 6. We had a good turnout thanks to the organization of the Pauloses and the Scheibelhuts.

Something about a parade brings together riders of all ages. Leon Van Camp was the most mature and my grandson, Jesse, was the youngest rider. I forgot to teach him how to go slow, but he did very well anyway.

It's fun watching all the spectators. I couldn't believe all the video cameras. It seems like you wait forever to start, but it is over before you realize it.

The following riders received Halloween patches:

Gayle Campbell, Mike Smith, Jerry Sears, Jan Sears, Joan Piceno, Ryan Peterson, Kyle Peterson, Paula Peterson, Denny Peterson, Ron Schmidt, Mary Brus, Leon Van Camp, Laurie Hopkins,



Bill Langan, Pegi Langan, Bryant Langan, Justin Langan, Kevin Langan, Jesse Neitzel, Charlie Sattler

Also receiving patches were Tom Bolton, Pat Bolton, Linda Simander, Don Barchman, Carter LeBeau, Margaret Paulos, Jim Blunk, Dave Parker, Dylan Parker, Eppie Gutierrez, John Cheb, and Mark Keele

Build up to meet the challenge

By Joe Jamison

This bit of information is for those of you who suffered through the Paris-Brest-Paris qualifying series or took a shot at riding for 24 hours straight in the Iowa 24-Hour Challenge.

It is also for those curious about endurance bicycling. Here is your opportunity to build up your fitness level gradually and to develop a tolerance for hours in

the saddle.

The rides qualify for points in the Ultra-Marathon Cycling Association's "National Points Challenge" for those of you who are members. (Contact Joe Jamison if interested in more information about UMCA.)

Here is the schedule, giving date, starting time, distance and starting location. Maps will be provided at the start of each ride. A \$2 fee will be assessed to help support the Iowa 24-Hour Challenge.

Date	Time	Distance	Starting location
23 Feb 91	8 a.m.	97 mi	Eastern Avenue, Davenport
02 Mar 91	8 a.m.	100 mi	North Scott H.S., Eldridge
09 Mar 91	8 a.m.	120 mi	LeClaire band shell, Davenport
16 Mar 91	8 a.m.	125 mi	Eastern Avenue, Davenport
23 Mar 91	7 a.m.	157 mi	North Scott H.S., Eldridge
30 Mar 91	7 a.m.	165 mi	Eastern Avenue, Davenport
06 Apr 91	6 a.m.	186 mi	Scott Comm College, Bettendorf
13 Apr 91	6 a.m.	200 mi	Eastern Avenue, Davenport

Pearson leads group to Orion

By Jeanne O'Melia

On Nov. 24, Gary Pearson led us on the scenic route to Orion which we all enjoyed very much, including some character-building hills. We stopped for a snack at the Spudley and returned with the help of a strong tailwind. Another great day for a ride with Gary, Leon Van Camp, Mark Puck, Dave Lefever and Jeanne O'Melia.

Our brisk ride out to Cambridge was fine.

Under bright sun we soared in a line

Fellowship over snack.

Tailwind blew us back.

We decided fall biking's DIVINE.

Won't you join us next time?

Trucks needed for RAGBRAI

By Tom Bolton

QCBC RAGBRAI chairperson

The Quad City Bicycle Club (QCBC) will need to lease two semi tractors with 45-foot vans to haul bicycles out to the starting point (guess is southwestern Iowa) and also contract for five buses to the same destination on July 20, 1991.

If you know a truck company or a bus company that may be interested in providing these services, please provide the name and address so we can contact them for their rates. We have to solicit this early because normally every bus is chartered in a several-state area to cover the RAGBRAI stampede. If you are planning to ride RAGBRAI, don't let your membership expire and if you are taking your spouse be sure you have a family membership. Hope you had a happy holiday.

For sale

Black Cannodale bugger "4" with red top cover, spoke covers and a seat cushion. Holds 2 small children or up to 80 pounds. \$150. Call Charlie Sattler at 391-3422.

.....

Child tandem adapter. Philwood with P.W., B.B. cartridge, shortened crank arms and TA chainwheel, small pedals with toe clips. \$95. Bruce Perry, 2652 W 34th St., Davenport, IA, 52806 (319) 386-2919.

Riders put in the miles

Members of the Quad City Bicycle Club who attended the annual dinner Nov 18 at Velie's claimed the following mileage for 1990:

Kentley Loewenstein, 3000
Steve Conrad, 3650
Mike Middlemiss, 2100
Maggie Paulos, 1000
Dic Paulos, 500
Emily Paulos, 1000
Rick Ron, 1000
Dave O'Melia, 1500
Mike Smith, 2000
Earle Benjamin, 2200
Pat Bolton, 3500
Tom Bolton, 1500
Muriel Gorter, unknown
Charlie Dorman, 3100
Tammy Bolton, 1000
Ron Schmidt, 4500

Jim Hanson, 10,400
Judy Karr, 4000
Mark Keele, 3400
Adam Piceno, 1500
Joan Burke, 1500
Nan Mark, 1900
Vern Mark, 1600
Keith Shaw, 3000
Paula Recchia, 2500
Kermit Hanson, 2000
Sandy Hanson, 2000
Deb Mathias, 3500
Rick Schulz, 2200

Kent Turner, 1700
Gabe Verstraete, 6750
Sally Lorenzen, 1000
Don Buss, 1200
Shell (unreadable), 500
Marge Dixon, 2500
Jim Deal, 1500
Cindy Callaway, 800
Dave Lefever, 1950
Dick Claussen, 900
Carie Dann, 5000
Jean Roeder, 4999
Joanne Sullivan, 950
Eppie Gutierrez, 250
Jan Treftz-Allen, 2500
Fred Blessin, 4000
David Olson, 5200
Dorance Johnson, 3500
Linda Simander, 2000
Don Barchman, 1500

Terry Burke, 4500
Phil (unreadable), 3800
Charlie Sattler, 7500
Jo Ann Nelson, 150
Richard Nelson, 150
Diane Naughton, 850
Mike Waskowiak, 4900
Chuck Oestreich, 4000
Diane Oestreich, 3500
Leon Van Camp, 8801
Earl Strupp, 2500
Mary Ellen Strupp, 2500
Kenneth Hall, 5000

Paul Scheibelhut, 1000
Cindy Scheibelhut, 1000
Therese Scheibelhut, 1000
Paul Scheibelhut, Jr., 1000
Sandy Bodim, 1550
Lynn Cox, 4900
Ron Peters, 2300
Don Fritz, 1000
Jane Garrett, 2100
Jerry Sears, 10,500
Jan Burt-Sears, 11,000
Jim Tonger, 1200
S. Schlung, 0
Rick Schlung, 1680
John Thior, 8000
Dave Parker, 5500
Steve Alland, 1200
Thiara Smith, 2400
Betty Sews, 2000
Dave Cinuto, 2500
Warren Power, 2500
Joe Lopez, 1500
Kenneth Kraklio, 1325
Lynn Hallowell, 1000
Fred Leonard, 5000
Linda Genter, 1500
Steven Bansleben, 0
Becky Davis, 0
Sam L. Norwood, 2100
Ned Gosa, 4200
Dennis D. Stroh, 500
Pam Stroh, 0

Committee workers

Many assisted with the committees that organized activities for the Quad City Bicycle Club during 1990. They are as follows:

Patch Rides

Jack Clark, Mary Ann Clark, Judy Karr, and Pat Bolton

Newsletter circulation

Jack Clark, Mary Ann Clark, and Ron Schmidt

Spring Kickoff Picnic

Randy Huebner, Debbra Huebner, Jim Toner, and Barb Toner

Fall Foliage

Leon Van Camp and Judy Karr

TOMRV

Nate Jones, Dick Castner, Chris Jones, Jean Kelly, Susie Lafever, Dave Lefever, Kathy Sellevoid, Jerry Yeast, Joe Burwinkel, Linda Simander, and Don Davis

RAGBRAI

Linda Simander, Pat Bolton, John

Greeve, Jo Burwinkel, Cherry Danielsen, Tom Bisinger, Griff Tucker, Don Barchman, and Dave Lefever

Iowa 24-hour Challenge

Bill Noble, Gayle Campbell, Gary Fears, Kristin Jordan, Jim Lenig, Joe Lopez, Warren Power, Betty Sears, Thiard Smith, Griff Tucker, and Rosemary Jamison

Programs

All speakers and Griff Tucker and Bill Langan

Effective Cycling

Charlie Sattler, Don Davis, and Bill Langan

Novice Rides

Dave Lefever, Charlie Sattler, Fred Blessin, Don Davis, Jeannie O'Melia, Jim Hanson, Steve Verstrate, Leon Van Camp, Barney Young, Gabe Verstraete, Ron Schmidt, Peggi Langan, Bill Langan, Russ Bloomer, Bruce Perry, Becky Perry, Jack Clark, Mary Ann Clark, Earl Strupp, and Mary Ellen Strupp

'Snowtime' is picnic time

By Griff Tucker

All good club members must show their true optimism and come to the 7th Annual Q.C.B.C. "SNOWTIME FOR A PICNIC, BUT WE'RE HAVING ONE ANYWAY!" picnic.

So, grab the old "brown bag" (or a red and white stripped KFC box) and come out to Whispering Pines Shelter, Scott County Park, Sunday, Jan. 10, at 1 p.m.

For all your trouble, we will do two things for you. First, we will supply you with coffee and hot chocolate. Second, we won't tell anybody how nuts you truly are. Really, no names in the newsletter or anything.

If there is too much snow for your bike, and it won't come out and play with you, tell it to stay put, you can bring your old barrel slats and push polls. We WILL find some way to enjoy ourselves. Might even start a fire.

Hope to see you there.

The day dawned cold, windy

By Jan Sears

Jerry and I decided it was time to once again join the Wednesday ride group. You see, we are spoiled out here in Geneseo with so many beautiful, low-traffic county roads on which to ride. Look for some ride starts in Geneseo in our new ride schedule next April. We promise you won't regret coming out to join us.

Back to our Wednesday ride. Would you believe the day dawned with a temperature of 25 degrees, 35 mph winds, and a wind chill of -6 degrees. I hid under the covers, but Jerry and I promised to go, so off we went to McDonalds in Davenport. Then on the way over he promised we could ride on the bike paths, and I wouldn't have to see any cornfields or former cornfields that offer no relief from 35 mph winds.

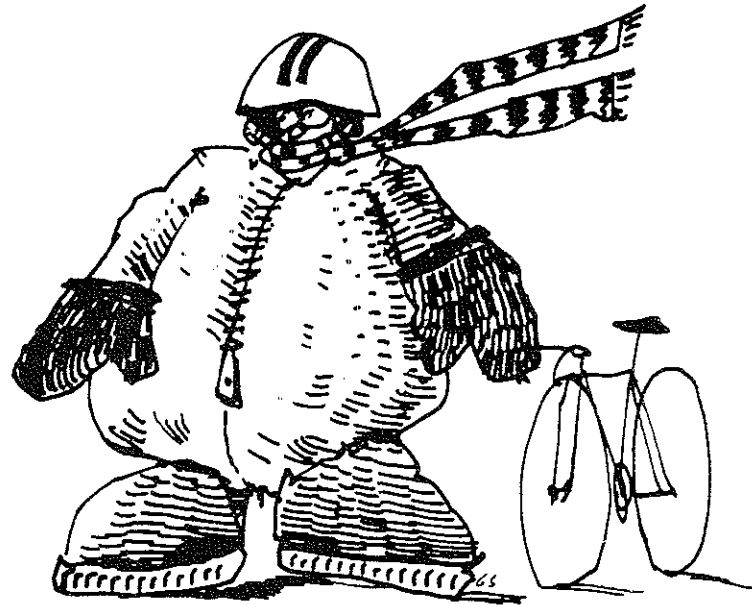
We met Leon Van Camp, Mary and Fred Blessin, Dean Arney, and Jim Hanson. No one was in a big hurry to face the elements, but by 8:20, we were on our way west on the bike path. I thought, OK, I can do this, not too cold. Leon, Mary, and Fred elected to stop at Spanos restaurant at the end of the bike path. The rest of us followed Dean on to Eldridge. We battled strong cross winds, and you know why — those bare cornfields — but no one listens to me.

Coffee in Eldridge was pure heaven, and Dean led us on to LeClaire. Hey, 28 mph with no peddling that I can han-

dle. I'm good at tail wind — you know five years of practice with WOW rides. Lunch was at Sneaky Pete's, and then a warmer ride back to McDonalds as the temperature was now near 40 degrees. Dean left us in Bettendorf, and we wish him well on his business trip to England. Jim left us

at McDonalds to continue his ride back to Moline. Jerry and I finished up a few miles on the bike path to get an even 50-mile ride.

We had a fun day and hope to see more of you out on club rides.



-BIKECENTENNIAL

QCBC gets a new newsletter editor

By Jim Deal

The newsletter has a new editor. It is I. Who the heck am I? Those faithful few who showed up for Saturday and Sunday morning rides this summer might recall a fat guy with a moustache and supports on both knees on a Trek 1200. Now, you remember. I was lightning on the downhills but a little slow going up hills. OK, I was real slow going up hills.

I teach at United Township High School in East Moline with Gabe Verstrate, our new president and the person responsible for getting me into this. I hadn't been on a bike in 25 years until Gabe convinced me it was fun.

I went to On Two Wheels to be properly accoutered for bicycling, and then Gabe took me on my first real ride, a 50-mile journey to Hillsdale during which he managed to direct us into the wind for the majority of the trip. I forgave him for that once I regained consciousness.

I became an active participant in the

Saturday and Sunday morning rides during the summer. I also rode the TOGIR Tiger Tour and the club century ride. I have since had to curtail my riding due to a few health problems and my reluctance to get out of bed while it's still dark.

I also work weekends at the Moline Daily Dispatch as a copy editor, so, once school started, I found getting up two hours after going to bed after my weekend shift was resulting in a serious case of sleep deprivation. I also found the few rides I went on in October to be rather lonely.

I've enjoyed the camaraderie of bicycling. Bicycle club members seem a particularly pleasant and friendly lot.

My career as a journalist began at Black Hawk College where I enrolled after a four-year enlistment in the Air Force. I was co-managing editor of *The Chieftain* with Betty Fuller, now Metro East editor for the Dispatch. I transferred to Western Illinois University and worked on the school newspaper, year-

book and television station.

In the summer of 1973, I joined the Rock Island Argus as an obituary-feature writer, working summers for three years. After graduation from Western I became a full-time reporter for the Argus covering the Rock Island County Courthouse and Rock Island City Hall. I quit the Argus to go into teaching and later was hired by the Dispatch as a weekend editor. While teaching and working at the Dispatch, I managed to earn a master's degree from the University of Iowa.

My wife — also a teacher — four-year-old daughter and I occupy a modest dwelling in the Cliff Heights area of Carbon Cliff. My mailing address is 313 Cherry Ct., Silvis, Ill., 61282. Please feel free to submit articles for the newsletter to me, and I shall do my best to ensure their publication.

Hopefully, my medical problems will be resolved, and I will find time to get some sleep, so I can return to the morning rides.