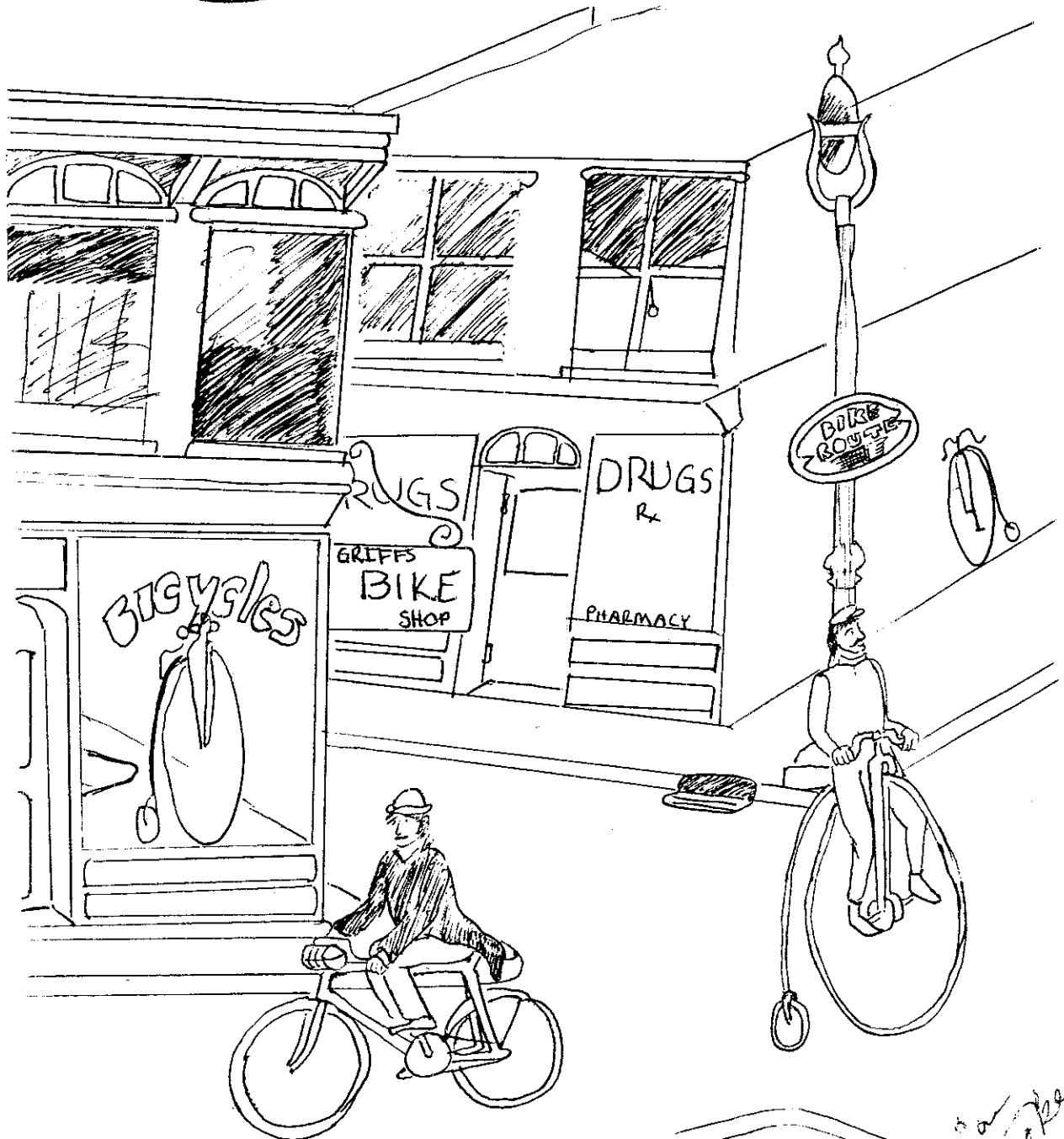




QUAD-CITIES BICYCLE CLUB

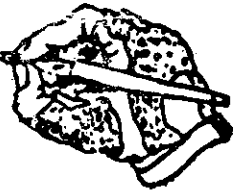
President, PAUL SCHEIBELHUT V. President, JERRY YEAST
Secretary, WARREN POWER Treasurer, BARBARA TUCKER
Recording Secretary, JEAN KELLY
Newsletter Editor, LORRAINE ROTH

"AT THE HUB OF TWO STATES"



FEBRUARY 1985

from the
president's
pen ...



Our first bike club meeting of 1985 is history. What a great way to kick off the year. Earl Stroup took us on a marvelous trip to Holland via his slides. All you "smell the flowers" tourists would love bicycling in Holland.

Our thanks to Denny Peterson for arranging our new meeting place. The auditorium at Palmer College is a real improvement over the Arsenal. It has lots of room and there's not a bad seat in the house. TV sets line the walls and can be used to show video tapes. If that conjures up an idea for a good program please pass it along

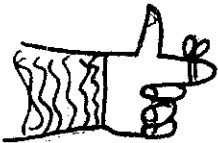
to Tom Duke.

"Sno-time for a picnin"--- and we didn't have one! Les Truelsen, who organizes this fine event, called once and we cut our guestimated attendance. Saturday he called again to report that the park ranger was closing the park Sunday because of drifting snow. With the temperature scheduled for -20° Saturday night it didn't break our hearts to give up. There are limits!

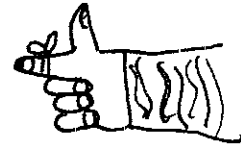
But the temperature will rise, the wind will die, and the roads will be bare again. See you out there.

---Jerry

FEBRUARY MEETING



The February QCBC meeting will be at Palmer College in the David D. Palmer Library on Feb. 19th, at 7PM. The Library is on Main Street in Davenport. Park in the North parking lot and enter the ground floor doors.



It may be -20° and snowing outside, but it is not too early to begin making plans for your summer rides. To help you with this pleasant task, Dean Arney, Jan Burt, Fred Blessin and Carter LeBeau are presenting a program on Open Invitational Rides. These four experienced riders are veterans of a number of the most popular invitational rides in the country. Dean Arney will talk about the Hilly Hundred Ride in Indiana, Jan Burt will discuss the Central Iowa Bicycle Ride, Fred Blessin will cover the Homestead in Florida, and Carter LeBeau will talk about the Tour of the Scioto River Valley in Ohio.

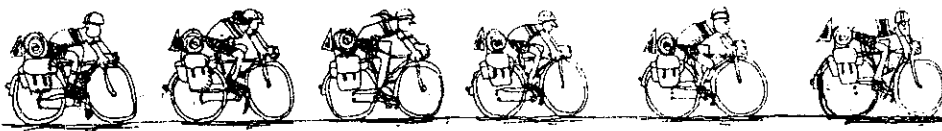
Don Mauk of Des Moines will give his unique slide show of the 1984 TIGER Ride, using three synchronized slide projectors to show the fun and excitement of riding with a larger group riders on an invitational tour. Bring your calendar!

While you have your calendar out, why not mark down the dates for the March and April meetings. The March meeting is on the 19th, and the April meeting is on the 16th.



Ken Hughes	Washington DC
Charles and Hathy Sellevold Family	Bettendorf
Beth Colbert	Davenport
Steve and Carolyn Thomton Family	Davenport
Norm and Alice Brown Family	Rock Island
Gary DuMont	Rock Island
Mark Dowdal	Colona
Ernie Bethards	Hillsdale
Steve and Anne Adler Family	Moline
Rosemary Irwin	Austin Texas

ON THE ROAD



WEDNESDAY, DECEMBER 26th, DENTIST'S RIDE

In answer to your question in your "The Back Rack" column, "I wonder where the Durables rode today. (Dec 26th)".

Three Non Durables (who have submitted applications); Carol-good to be back-DeVolder, Ralph-yes I am a dentist-Horton, Gabe-how do I keep this bike on two wheels-Verstraete, plus Jim-I'm a charter Durable-Hanson; set off from Bike America along the Moline River Front Bike Path and the Arsenal Path and back to BA for a 15 mile loop ride. Simple description, and ice, snow and rain ride. Gabe and I on mountain bikes, Carol and Ralph on regulars. The only two spills involved a mountain bike and it wasn't mine. Sorry Gabe.

----Jim O. Hanson

(ed. I'm impressed)

The Dec. 26th ride was so exciting we have a second ride report:

Eight people showed up for this ride but the weather changed from snow to rain so Bob Frey, Carter LeBeau, Jan Burt and Denny Buckley decided to cancel. The highlights of this 16 mile trip were Ralph Horton running over the tail of a live muskrat on Arsenal Island, Gabe Verstraete falling off his mountain bike 3 times ("Honest, I'm not hurt") and Jim Hanson almost getting hit by real lightning during the snowstorm. All in all, Carol DeVolder and myself were the only perfect riders on this trip.

---Les Truelsen

SATURDAY, DECEMBER 29, PUTTIN ON THE GRITS

Friday night 10 PM--62°. Saturday AM "Better dress light", outside to get bike--31°. Inside for long johns and sweater. Back outside, now its raining. Inside for rain gear, inside again for baggie to cover the cat-eye. Will I ever get going? A few miles from Mary's Restuarant I met Joe Jamison and Jim Hansen. At Mary's we found Jean Kelly and were joined shortly by Kent Kraft. It was nice to visit and catch up on Christmas goings-on. An hour and a pot of coffee later we found both bathrooms out of order! Fortunately it was downwind to Davenport and the Rockingham Road McDonald's. A stop at ailing Carter's produced another pot of coffee and cookies. More conversation, good company. 26 miles.

---Jerry

SATURDAY, JANUARY 5th, QCBC WELCOMES '85

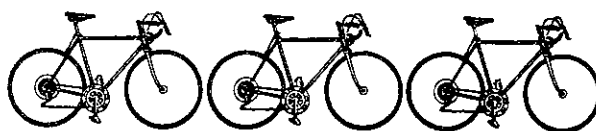
The weather cooperated and President Jerry Yeast declared winter was over as we embarked on the first official ride of 1985. Following our president were Eleanor Koenig, Jan Burt, Leon Van Camp, Dennis (Below Freezing) Buckley, Carter LeBeau, Jin Hansen and Kent Kraft. All met at McDonald's on Locust St. for socializing and to discuss the balance of the ride. Jerry, Eleanor and Carter bicycled over to the printer's to discuss the new ride schedule, which will be mailed March 15 to all current members. Be sure your dues are in.

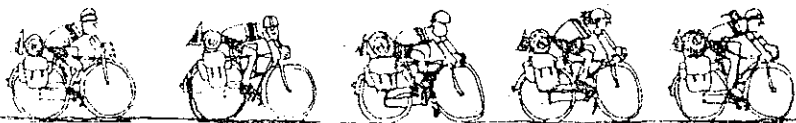
SATURDAY, JANUARY 5th, 1PM, NEW YEAR'S DAY PATCH RIDE

This was the first time we've had a patch ride for New Year's on a day other than Jan. 1. My compliments to the planner because the weather at 1PM was perfect for bicycling. New Year's Day, as you recall, was much better for skiing than bicycling. A fire and hot chocolate was prepared by Patch Chairman Griff Tucker and committee. The ride around the Arsenal was enjoyed by the following: Russell Bloomer, Jim Hansen, Sherman Rudnick, Dennis Buckley, Mike Smith, Brian Smith, Julie Smith, Jan Burt, Charlie Sattler, Dave LeFever, Don Davis, Adele LeFever, Leon Van Camp, Molly Tiegland, Carter LeBeau, Eleanor Koenig, Tom Gadiant, Porky Gadiant, Dan Tucker and Griff Tucker. After the ride more hot chocolate, fire and fellowship were enjoyed by the group. Lastly, the attractive LAW patch was earned by each and another patch ride was history.

SUNDAY, JANUARY 6th, HOLIDAY HANGOVER

Well-named as only Jim Jamison, Eleanor Koenig and Carter LeBeau were on hand at Stephen's Park for the scheduled ride. I feel the real reason for the lack of attendance was not the weather, because it was perfect, but the two excellent Pro Games between the Miami Dolphins and the Pittsburgh Steelers and between the San Francisco 49'ers and the Chicago Bears. This trio felt it was better to enjoy the outdoors so we bicycled over to John and Mary Keane's. Not home. Must





SUNDAY, JANUARY 6th(cont)

still be celebrating the Hawk's victory. Next stop was Les and Jan Truelsen's. Not home, but left our card that we had called. Next stop was the Village Pancake House for Toll House Pie, lemon creme pie, hash browns and coffee. Then on to Ralph and Mary Ellen Horton's. As I complete this report Jim and Eleanor are still looking for their home. We also tried to find Sylvia and Dick Blee's house in Moline, but were unsuccessful. They are QCBC members who we haven't seen on many rides. Well, with our poor luck in finding addresses, maybe the ride name was true. We got a lot of fresh air and a lot of miles and were back in time for the Bears-49ers game.

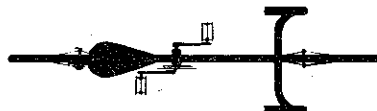
SATURDAY, JANUARY 12th, FERDINAND PETIOT MEMORIAL RIDE

Another memorable winter ride was led by QCBC President Jerry Yeast from the Arsenal Clock Tower at 9 AM on this cold but clear day. A call from Leon Van Camp was received indicating the Arsenal bridge was closed. Wrong Leon, it was open. The ride proceeded through the Arsenal and we answered the usual questions; Isn't it too cold to ride? No, we said and even took off our gloves for the Arsenal guard to prove our hands were warmer than his. Upon arriving at the Belgium Village we met QCBC member Beverly Prusa of RIB-RAC fame. She was surprised to see us riding and said she was going home and sign up for TOMRV immediately. The Belgium Village was jammed and I'm sorry to report the non-bicyclers outnumbered us. Due to our unusual garb, however, we certainly were evident and probably seemed as if we dominated this famous eatery. Had the breakfast special and toasted a cup of coffee to Ferdinand's memory and took off into what was now a perfect day for bicycling. Our leader took us to the Dock Restuarant area to watch the eagles, and we got extremely close. Lots of others there with field glasses and cameras. One camera had a lens that magnified to 1000 power. Jerry asked if he had to back up to photograph the whole bird. He said that sometimes he did. We rode on after that and all agreed; Too bad the whole club couldn't have been with us.

January 20, 1985

Winter Picnic Scott County Park

I skied
'Neath the trees
Where deer had trod
Just me and God.
And a chickadee.
Gee! I did not see
Anybody
From the bike club.
I was late.
Too cold for you to wait.
Time for listening
Time for thinking
And reading tracks.
I see
Where a squirrel
Scampered
Cross the snow
And up a tree.
A vole
Hurried to his hole
After meeting
Not a soul.
Here lay a deer
For the night.
Last night.
No snow has drifted in
Her sheltered oval nest.
Where will she rest
Tonight?
At 20 below?
While I
In my warm bed lie
Out of the wind,
It's roar
Reduced
By the store
Of rock wool
In the door
Walls and floor
As he snores
And keeps me toasty warm.



Barb, Jim, Sue and Verle were all there, too, I found out later. That'll teach me to be on time!

Jessie O'Melia

FOR SALE MIYATA 610, 15 speed bicycle, Chrome Moly frame, three years old.
Call 355-6045, evenings or weekends.

WE'RE GIVING YOU TWO DAYS TO GET OUT OF TOWN

TOMRV 8 is off and rolling!! John Keane, TOMRV Chairman, announced this year's theme at the January QCBC meeting at the Palmer College Library. TOMRV 8 will be on June 8-9, and the registration cost will be the same as last year. The cost for rooms has been raised \$1.00 due to an increase by Clarke College. T-shirts will be \$7.50 and must be ordered before May 1st. As usual, the number of riders is limited to the first 1000, so get your application in early. TOMRV applications have been mailed to all current QCBC members and TOMRV 7 riders. Current QCBC members also receive a \$5.00 discount on the registration.



SUNDAY, JANUARY 13, CUMBERLAND TRAIL TREK

Our compliments to the ride schedule chairman. The mileage and the route were perfect for the weather. The group leader, Steve Verstraete, parked his car at the Cumberland Square destination and rode over the bike path to the start. He reported the bike path to be in good shape. Our feet were just getting cold as we viewed Hardees' and E-Gadds restaurants. We decided on the Hardees' option for our stop because it seemed faster. The conversation and raisin-cinnamon rolls were just what the doctor ordered. Most of the group took the option ride to 53rd Street and on the way we stopped at Sheila and Russ Bloomer's. Carter was looking for a few more phone callers to increase the attendance at the QCBC monthly meetings. The highlight of the trip was seeing the enjoyment our Board member and newsletter circulation chairman Charlie Sattler was getting from his new High Sierra Mountain Bike. Just another big kid with a new toy. We all watched him ride off into the distance as the ride broke up, and I wondered if he just rode until dark that day. The weather was getting warmer, wasn't it?

WEDNESDAY, JANUARY 16, DENTIST RIDE

Most of our club members do not feel the middle of January is a good time for a bicycle ride. If you were at McDonald's at 8AM on this fine Wednesday you would know several QCBC members do not agree. The regular patrons at McDonald's always seem surprised to see us gathering and realize we are regular individuals, such as our President Jerry Yeast who always shows up whether he rides or not. Speaking of people, Ken Freeman of Huebotter's Furniture seems to run into more than most citizens. He enjoyed talking to us while we waited for 8AM. He recalled visiting with us one other time in Kewanee and is still always surprised to see us. My recollection was that he was checking on Mary of Good's Furniture, which he denied. Our ride was to Clark's Landing in Buffalo. We were having our usual good socializing and enjoying the food when Jim Hanson pronounced that Clark's currently has the best American Fries. This honor changes cafes frequently so keep reading your newsletter to know where the high rated food is. All of a sudden it started to snow so we moved out and headed back to Davenport. Made it back safely and got some good photographs of the snow fall.

---Dr. Molar Plaque DDS

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ALL-TERRAIN

CHRISTMAS' HAPPIEST BOY

Last Summer, Mrs. Michael Green's son watched the neighborhood kids wheel their bikes along the quiet streets and sidewalks of north Davenport.

"When I'm older, mom, I'll have a bike too, won't I?" Geoffrey would ask.

How could she explain to a 4-year-old that he would never ride a bike, or slide into first base.

Geoffrey is a bright, intelligent little guy, but he has a physical handicap. A big handicap. He has no knees or lower legs. At the Shrine Hospital for Crippled Children, little Geoffrey was fitted with artificial legs (he's now into his second set) and gets along quite well on them.

But running, or riding a bike, would be out of the question, the doctors told his parents. He couldn't handle the range of motion necessary.

Diana Green's brother, Don Davis of Rock Island, refused to believe that his nephew would never ride a bike. His reasoning was prejudiced, because Don is one of the best bikers in the Quad Cities Bicycle Club, and a skilled mechanic and engineer. With the help of Ray Torresdal, another QCBC member, and a few others, they converted a stock 16 inch Schwinn into an amazing bicycle that Geoffrey can pedal. There are cables and gears and other finely engineered things I don't understand, but it works. The pedals don't go around; they go up and down, which suits the range of motion of what he has of his real little legs and artificial limbs.

And so on Christmas Eve, after much hush-hush and secret preparations, the time had come for Geoffrey to climb on his bike.

"I was so afraid it wasn't going to work," confesses his mom. His dad nods.

"You should have seen the look in Geoffrey's eyes. I couldn't hold back the tears. After we got him situated on the bike, he tried the pedals, just a little. And it worked! Pretty soon, he was pedaling around the garage, trying to run over his relatives feet."

Bicyclists of the Quad-Cities are convinced that Geoffrey's custom bike is a one-of-its-kind in the world. Similar contraptions have been built, with varying success, but nothing quite like this-- and so easily operable.

Geoffrey's mom is a teacher at Wilton, Iowa, and his dad teaches at Bettendorf High. Their son has really moved his new wheels around the wide open spaces at Bettendorf High's gym, and the folks in charge have invited him back to practice.

Yesterday afternoon, I watched little Geoffrey buckle on his racing helmet and wheel around his garage. He was really tearing up the place, adapting perfectly. In the living room, he practices with the training wheels propped up on catalogs. Geoff whirrs away, and ding-a-lings the Mickey Mouse bell on the handle bars. Clanging away, he awakens his 2-year-old sister Beth from her nap.

She scampers across the room and tries to climb on the back of her brother's bike for an imaginary ride down Lillie Avenue.

(Reprinted from Bill Wundram's column in the Quad City Times)



The League Of American Wheelmen has announce plans for its 1985 National Rally. This year the rally will be held at the University of Wisconsin, in Madison, from July 3 to July 6th. Nearly 1000 cyclists from throughout the United States and Canada will attend the four days of rides, workshops and entertainment.

You need not be a member of the LAW to attend, but the reduced registration fee for members will pay for your annual dues.

For more information or a registration form, contact:

1985 National Rally
Box 1455
Madison, WI 53701

Each year a number of QCBCers attend the League's national rally, and with it being held only about 150 miles away, a few might bike to Madison. If you are interested, contact Paul Scheibelhut.

MAGAZINES AND MORE

How difficult it is to be an avid bicyclist. Not only are we overwhelmed by an almost unlimited choice of tires, tubes, and components, but also a selection of bicycle magazines that seems to be increasing monthly. Before you invest the price of a good frame in subscriptions, read on, because help is at hand. Your editor has tried to list the current major bicycle publications, along with a brief paragraph on each. It is impossible to judge writing and editorial quality of a magazine based on only one issue, so I have limited the discussion to the basics. But first, before the rundown, a little background information on the bicycle magazine industry.

Bicycling is on the upswing in popularity, helped in part by the emergence of the BMX and mountain bike segments, plus the growth of the triathlon. These three areas have introduced the element of sport and competition to American bicycling, which in turn attracts crowds of non-bikers. Throw in Olympic level competition on the national and international level with TV coverage and you have a market ready for big advertising dollars.

Success in the magazine publishing world is measured by the number of advertising pages a magazine runs. In the late '70s, BICYCLING was taken over by the Rodale Press, and along with improved content their number of ad pages rose. It wasn't long before others noticed, and since then the bicycle magazine industry has been expanding. Along the way a few have fallen, the victims of high start-up costs, the lack of good articles and editorial content or a limited market.

CYCLIST

Started in February of 1984, this magazine features articles which seem to lean toward the mountain bike, fitness, training and technical cyclist. The Feb. 85 issue has a good rundown on 1985 model bicycles and accessories, along with pictures. A two-page summary lists all of the pertinent data in one table. The articles all had color pictures, with QCBC president Jerry Yeast in the one on the Crested Butte Ride (Jerry will have to point out himself). I enjoyed the article and pictures of the Human Powered Vehicle Championships.

WINNING

This magazine premiered in the summer of 1983 and is devoted to providing coverage of national and international races, complete with good color photos. The magazine is printed in Belgium and the Feb. 85 issue had stories on races in Australia, California, England and Europe, plus the HPV Championships in Indianapolis. The racing articles were written in a manner the non-racer could enjoy.

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BICYCLING

The granddaddy of the biking glossies, this magazine is in its 26th year. Along the way it has absorbed BIKE WORLD and BICYCLE SPORT. Put out by the Rodale Press, which also publishes other health and fitness magazines, BICYCLING has increased in size to 150+ pages an issue. It is heavy on the technical aspects of the bike and frequently has road tests of various classes of bikes and components.

BICYCLE USA

Published by the League of American Wheelmen for its members, this monthly features articles about touring, legislative news, club activities, invitational ride schedule, and the national rallies it sponsors. A comprehensive almanac is published annually.

BIKE REPORT

This bimonthly magazine is put out by BikeCentennial for its members and is aimed at the serious touring cyclist. Its articles discuss equipment and accessories for tours, accounts of tours by members and one of the best listings of touring information and map sources. Tour and bike route development are heavily promoted.

VELO-NEWS

This newspaper format publication covers the national racing scene, both track and road, and lists complete results of almost every sanctioned race in the country. It is published 18 times a year, with twice a month issues during the racing season. No serious USCF racer would be without it.

BICYCLE RIDER

The first issue of this magazine is due out in Feb. 85, so I didn't have a copy to review. It plans to emphasize touring.

BICYCLE GUIDE

Another new, general interest magazine I was unable to locate.

BICYCLE FORUM

This magazine is aimed at the bike activist, who is responsible for developing bicycle programs and legislation, both in and out of government.

FLAT TIRE FLYER

A bi-monthly for mountain bikers, it is starting its fifth year of publication. So far it is the only magazine aimed solely at the all-terrain and mountain bike enthusiast. It's hard to find in stores, so you'll probably have to subscribe to this one.

Take your pick, and on one of those days when you just can't seem to get the motivation to go out into the cold, settle down into a comfortable chair and read through one of the new magazines. They are heavy on good action photos of biking, and will help bring springtime a little bit closer.



Bike AMERICA



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EFFECTIVE CYCLING

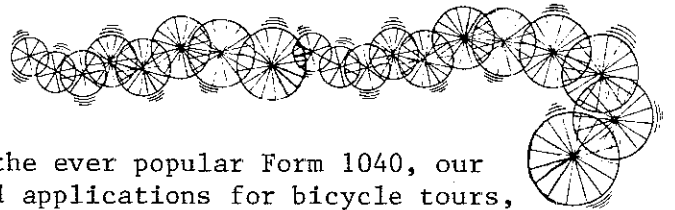
The EFFECTIVE CYCLING course, developed by John Forester, will be offered by Scott Community College, co-sponsored by the Quad Cities Bicycle Club. The class will be at the Bettendorf Middle School on Wednesdays from 6-9 PM, beginning on April 10 and ending May 29. Instructors will be Fred Blessin and Don Davis.

Each session consists of a ride of about 2 hours, plus a 1 hour class. The course covers 4 areas:

1. The Bicycle-- Learning the mechanical principles and performing maintenance to keep it operating well.
2. The Cyclist-- Learning proper posture and pedalling, bike handling skills, and physical conditioning for and endurance sport.
3. The Cycling Environment-- Developing good judgement in applying traffic rules for bicycles; learning proper emergency maneuvers for all conditions of traffic.
4. Cycling Enjoyment-- Learning enough about cycling clubs, cycle touring and commuting to be prepared to join a club or an organized tour.

This will be the 4th year we have offered the course; it has been a lot of fun to teach, and I believe most of the students enjoyed it and benefitted from it. I'd like to see more of our experienced members become certified instructors.

---Fred Blessin



The start of another new year, and along with the ever popular Form 1040, our mailbox is filling up with glossy brochures and applications for bicycle tours, all of which promise miles of wonderful cycling and fellowship through beautiful countryside and quaint small towns off the beaten path. The nice thing about reading of these rides is knowing that they usually deliver on their promises. The following is a brief summary of the tour information received to date, listed in no particular order;

Deep South Bicycle Tours

A choice of 5 day or weekend tours, fully serviced. Mileage varies from 20-60 miles per day. For more information on dates and costs write to: Deep South Bicycle Tours Inc., Dept. E, P.O. Box 59211, Birmingham, Alabama 35259

Vermont Bicycle Touring

Featured at a QCBC meeting two years ago, VBT offers fully serviced tours from 3-7 days long through Vermont, staying at small country Inns. For more information on costs and dates, write to: Vermont Bicycle Touring, Box 711-VP, Bristol, Vermont 05443

TOBRAW TOURS Inc.

Two 7 day tours offered this year, one through the Kickapoo River Valley in southern Wisconsin, from July 7-13, and Door County Peninsula, from July 28-Aug 3. Both tours are \$130 each and are fully serviced. For more information write: TOBRAW TOURS Inc., 3632 W. Maple St., Milwaukee Wisconsin 53215

TOGIR IV

Organized and led by the QCBC's own Carter LeBeau, this 7 day, fully serviced tour stays at college dorms in eastern and northeastern Iowa. Mileages range from 43 to 106 miles, on lightly traveled roads which link the many small, quiet towns of the area. Registration is limited to 300 riders for the June 21 to June 28th tour. Cost is \$45 for registration before Feb. 28, plus \$58 for meals. Cost for rooms varies. For more information: TOGIR, 2325 Fulton Ave., Davenport, Iowa 52803

ILLINOIS RACE SCHEDULE



The following tentative schedule has been issued for 1985 by the Illinois USCF representative, Al Herrewegers.

DATE	PLACE	PRIZE	DATE	PLACE	PRIZE
April 7	Carbondale	\$1000	June 30	Springfield	\$5000
May 5	Crystal Lake	\$5000	June 30	Aurora	\$1000
May 11-12	Springfield	\$2500	July 7	Kankakee	\$2500
May 27	Moline	\$5500	Aug 2	Rockford	\$1000
June 8-9	Illinois State road & time trials	-----	Sept 7	Champaign	\$2000
June 8	Galesburg	\$3500	Sept 8	Bloomington	\$10000
June 12-13	Illinois track	-----	Sept 21-22	Union	\$3000
June 15	Rockford	\$4000	Sept 29	Triton College	\$4500
June 29	Leroy	\$2000			

In addition to the above schedule, time trials with prize money will be held each Thursday evening at Northbrook, between June 6th and August 29th. The prize money will vary.

The QCBC racing group will have Tuesday evening training rides beginning on April 29th and continuing through August 28th.

1984 USCF license holders should have their 1985 applications by now. If you did not receive yours, or if you would like to be licensed for the first time, contact Terry Burke at 797-3790.

Don't forget the winter training rides at 1 PM on Saturday and Sunday afternoons, starting at the Eastern Avenue entrance to the Davenport Bike Path.

---Terry Burke

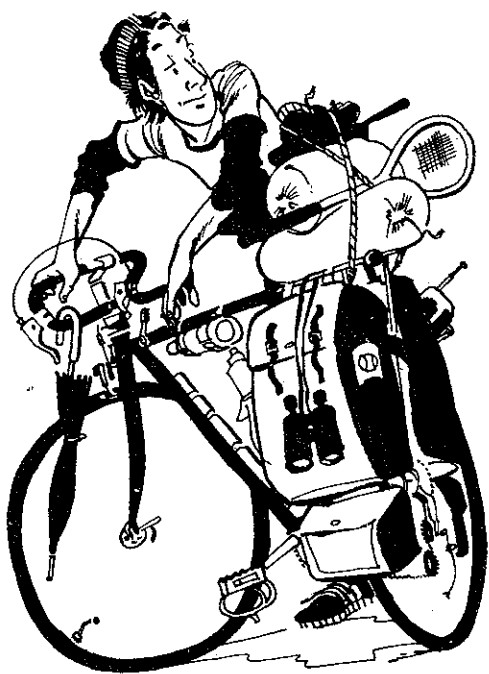
QUICK RELEASE

David Deem, owner of Summit Sport & Ski, has announced that his store will begin offering a full line of bicycles, clothing, accessories and service. Summit will carry Nishiki, Cannondale and Teesdale Custom Frames, plus a complete line of shoes, clothing and components for the racing, touring and mountain bike enthusiast. A grand opening will be held in March at the store, which is located at 3623 23rd Avenue, Moline. The store will continue to carry its complete line of ski and sports equipment. Summit Sport & Ski accepts Mastercard and Visa, and can hold items on layaway.





THE BACK RACK



The pace is beginning to quicken for the new year! John Keane has TOMRV on the way, Carter says the ride schedule will be out in mid-March and Terry Burke is working on the spring and summer race schedule. Spring can't be far behind. I've even got my money down on two weekend bike tours for the middle of the summer. I'm looking forward to the February meeting on invitational tours, they are by far the most popular type of organized bike event available. I'm sure the discussion won't be limited to only the four tours mentioned. Jan, Dean, Fred and Carter can probably answer a question about most any bike tour in the Midwest.

As a follow-up to this month's magazine feature, I'll print a short bibliography of recent bicycle-related books in the March newsletter, courtesy of Denny Peterson.

Thanks to Jeanne O'Melia for the poetic ride report, it softened the harshness of the coldest weekend of the year, and thanks to Danny Tucker for the front cover's artwork. Until next month---

Paul Scheibelhut

1984 MILEAGE STICKERS

The QCBC mileage stickers for 1984 are in!! These self-adhesive stickers for your helmet will show the world how many miles you pedalled last year. Denny Peterson has the stickers and will distribute them to several as yet unnamed riders to make sure that every one has an opportunity to get one. The stickers are available in at least two different mileages, and if you need several to get the right total for the year, I'm sure they can accomodate you. One such person is Jim Olson, his helmet will look like one of those college football player helmets with stars awarded for touchdowns and important plays.

Come rain or shine, Jim Olson doesn't stop pedalling. He set a new record for himself in 1984--13,200 miles! What will be in store for 1985? Keep Biking.

If anyone else has topped the 10,000 mile mark, let your editor know and we will recognize them.

15 REASONS I SHOULD GET INTO HEAVEN *****

1. I do not ask what bike you own, then proudly announce that I've heard that it's junk.
 2. I buy parts with the intention of using them. Sometimes I even use them.
 3. I am not building my own frame.
 4. I do not insult other people's favorite bike, except sometimes mountain bikes.
 5. After I have finished bragging about sew-ups, I do not necessarily recommend that you buy them.
 6. I do not wear my cleats to bed, nor use my Rivats as slippers.
 7. I do not draft tandems.
 8. I do not use 48 spokes when 28 will do.
 9. I ride in the rain, even when rollers will do.
 10. I mailed two letters and did not ask the club for reimbursement.
 11. I know how to fix flats.
 12. When I die, my triple crankset will be bequeathed to a retired racer with burned-out knees.
 13. I never tell people to "Spin faster and use a lower gear."
 14. When I have my cyclo-computer, I never announce speed or mileage when not asked, and if asked, I do not read anything past the decimal point.
 15. I write for the club newsletter.
- (From the Cascade Bicycle Club newsletter)



QUAD-CITIES BICYCLE CLUB

MEMBERSHIP APPLICATION

PLEASE PRINT

NAME _____	ADDRESS _____	CITY _____	STATE _____	ZIP _____
PHONE _____	DATE _____	ANNUAL DUES: <input type="checkbox"/> INDIVIDUAL \$8.00 <input type="checkbox"/> Family \$12.00		NEW MEMBER <input type="checkbox"/> RENEWAL <input type="checkbox"/>
FAMILY MEMBERS	AGE	RIDING INTREST	I WILL HELP WITH	HOW DID YOU LEARN OF QCBC?
		<input type="checkbox"/> COMMUTING	<input type="checkbox"/> NEWSLETTER FOLDING	<input type="checkbox"/> MEMBER (NAME _____)
		<input type="checkbox"/> TOURING	<input type="checkbox"/> TOMRV RIDE <input type="checkbox"/> COMMITTEES	<input type="checkbox"/> WORD OF MOUTH
		<input type="checkbox"/> RACING	<input type="checkbox"/> CRITERIUM <input type="checkbox"/> CENTURY RIDE	<input type="checkbox"/> MEDIA
		<input type="checkbox"/> OTHER	<input type="checkbox"/> PICNIC <input type="checkbox"/> OTHER _____	<input type="checkbox"/> OTHER _____
				L.A.W MEMBER? YES <input type="checkbox"/> NO <input type="checkbox"/>

The Quad Cities Bicycle Club assumes no responsibility for personal injury, damaged equipment, theft or loss taking place on any club ride or other activity. All cyclists ride at their own risk and anyone under age 16 must be accompanied by responsible adult. Parent or Guardian must sign for applicants under age 18. All applications must be signed and in signing the liability release, I agree to the above conditions.

LIABILITY RELEASE:

INDIVIDUAL MEMBERSHIP: _____ PARENT/GUARIAN _____

FAMILY MEMBERSHIP: HUSBAND _____ WIFE _____

MAKE CHECKS PAYABLE TO: QUAD CITIES BICYCLE CLUB. MAIL TO: P.O. BOX 3575 - DAVENPORT, IA 52808

Membership Includes: 1) Monthly newsletter. 2) Monthly meetings, held third Tuesday at 7 p.m. in auditorium above Browning Museum on Rock Island Arsenal. 3) Touring ride schedule every Wednesday, Saturday and Sunday, January thru December - 156 rides. 4) Racing schedule and training rides during season. 5) Roster book of members. 6) Opportunity to meet area bicycling enthusiasts involved in social riding, touring and racing for every age and riding intrest. 7) Discounts on TOMRV, RAGBRAI and certain other events. 8) Discounts offered by bicycle shops from time to time.

MEMBERS ARE URGED TO WEAR HELMETS WHEN BICYCLING

Quad Cities Bicycle Club
P.O. Box 3575
Davenport, Iowa 52808

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